



Together We Thrive 09/08/25



# TURE WARRIOR

Welcome to the ultimate Irish experience!!

# COMPETITOR IMPORTANT INFO

## Welcome to the Turf Warrior 2025

The information below covers everything you need to know about participating in this event.

For those whom we may lose with too much detail, the tables below will summarize the info. For those who delight in the detail keep reading!

Waves	Arrive at Killary Adventure Centre	Registration Time	Briefing at Start Line	Start Time
1 & 2	9:00am	9:20am	10:20am	10:30am
3 & 4	9:15am	9:35am	10:35am	10:45am
5 & 6	9:30am	9:50am	10:50am	11:00am
7 & 8	9:45am	10:05am	11:05am	11:15am

<b>Location</b> (Start & Finish Line)	Killary Adventure Centre, <a href="#">H91PY61</a>
<b>Parking</b>	Car pool where possible. Parking available at <a href="#">Killary Adventure Centre</a> . Please follow the parking marshals instructions. <b>Please do not park on the side of the road unless instructed to by an event marshal.</b>
<b>Transport</b>	Own transport is recommended but there is the 423 Bus Eireann that services the area. Please see timetable <a href="#">here</a> .
<b>Registration</b>	<ul style="list-style-type: none"> <li><b>Registration is on the day</b>, in the sunroom next to the Killary Adventure Centre reception, there you will get your wrist band with your race number on. <b>Please know your wave and race number BEFORE</b> coming to registration.</li> <li><b>Race Numbers</b> are available on our website &amp; sent by text to your phone on the day before the event.</li> <li><b>Registration desk will be open from 9am</b> on event day.</li> <li><b>On the day entry is available</b> for 100.00 Euro cash/card.</li> </ul>
<b>Cut off</b>	<b>3:00pm</b>
<b>Getting ready</b>	Please get ready at your car, changing areas have limited space. Please note <b>We DO NOT HAVE SHOWERING FACILITIES.</b>
<b>Bag drop</b>	In the male and female changing areas.
<b>Event Shirt</b>	Please collect this at registration when you collect your wrist band with your race number on.
<b>Spectators</b>	Check our obstacle course map <a href="#">here</a> and remember you must park at Killary Adventure Centre and walk to these locations, <b>cars are NOT allowed on the course.</b>
<b>Water</b>	At the half way point and the Killary Adventure Centre.

<b>Safety</b>	<b>Rough uneven, slippery route, suitable footwear must be worn</b> (runners or trail runners).
<b>Rules</b>	<ul style="list-style-type: none"> <li>No headphones</li> <li>Anyone found littering will be disqualified</li> <li>On entering competitor have agreed declaration to waive liability, confirm acceptance of rules and to share images on social media</li> <li>Race Directions decisions are final</li> </ul>



# TURF WARRIOR

#TOGETHERWETHRIVE



Getting **there**



## TRAVEL AND DIRECTIONS

To Killary Adventure Centre, [H91PY61](#)

Directions: [Google Maps](#)

Public Transport: Bus Eireann 423 timetable [here](#).

## PARKING

Car pool where possible. Parking available at [Killary Adventure Centre](#). Please follow the parking marshal's instructions.

**Please do not park on the side of the road unless instructed to do so by a marshal.**

**PLEASE ARRIVE ONE HOUR BEFORE YOUR START TIME.**

## REGISTRATION - 9TH AUGUST 2025

Registration is the morning of the event. Registration is in the [Killary Adventure Centre](#) past reception in the sun room. **Registration opens from 9:00am.**

**Please know your RACE NUMBER and wave BEFORE coming to registration.**

**EVENT SHIRT** - you can collect this at registration when you collect your race number.

## HIRED WETSUITS

Hired wetsuits to be collected in the Killary Adventure Centre. We will do our best to match your requested sizes but cannot guarantee an exact match.

A deposit of 20.00 Euro in cash only is required for the hired wetsuits. Please have this with you when collecting.

## START LINE AND START TIME

You chose your wave when you registered online.

Please note there are **four start times**.

**Wave 1 + 2 - 10:30am**

**Wave 3 + 4 - 10:45am**

**Wave 5 + 6 - 11:00am**

**Wave 7 + 8 - 11:15am**

**Be there 10 mins before your start time** for your safety briefing and warm-up outside the Killary Adventure Centre!

**Cut off Time: 3:00pm**

## WHAT TO WEAR

We strongly recommend you wear a wetsuit or at the very least full body cover. **Shorts and t-shirts are a complete no-no.** We also recommend gloves for the cold and the rope elements. Finally, it is a good idea to tape your shoes to you so as not to lose them in the mud.

**PLEASE NOTE** you will be climbing through, under and over trees, fallen trees, climbing ropes, jumping off obstacles and much more so you may receive cuts, bruises and grazes. This is the only path to becoming a Warrior.

## CHANGING FACILITIES:

**FEMALE - AT THE BACK OF THE CENTRE BESIDE SUN ROOM**

**MALE - IN THE GREEN DOME BEHIND THE CENTRE.**

There is limited space in the changing area, so if you can, please change at your car.

## WE DO NOT HAVE SHOWERING FACILITIES

available on site. All of our water is heated using a Biomass Boiler which doesn't have the capacity for so many showers.

**CHANGE OF CLOTHES:** Ensure you bring a change of clothes to put on after the event as you will be wet and cold.



## THE EVENT DETAILS

### THE COURSE

**Swimmer/Non Swimmer** | We have a number of obstacles that involve entering water. At each of these obstacles we will have a wading option of forfeit for those who cannot swim.

### MARSHALS

We will have marshals at obstacles along the way. These marshals are there for your safety, not to help you complete the challenges. Competitors will need help from other competitors to complete some obstacles. Remember Warriors, you are all in this together.

### VALUABLES

We advise you to leave valuables at home. Car keys can be dropped in the Killary Adventure Centre near registration. Please bring an envelope to put your car keys in. **Please write your name, your wrist band number and your car registration** on the envelope. You can pick up your key after the race at the entrance of the Sun Room (next to the main reception).

**Killary Adventure Co will not be responsible for valuables left in changing facilities.**

### SPECTATORS

Check our obstacle course map [here](#) and remember you must park at Killary Adventure Centre and walk to these locations, **cars are NOT allowed on the course.**

## FINISH LINE LOCATION

The finish line will be located at the front of the [Killary Adventure Centre](#)

## FACILITIES AT THE FINISH LINE

**Please change into your change of clothes at your car or in the changing facilities provided** at the back of the Centre. There is limited space in the changing area, please change at your car if you can.

## WARRIOR SUSTENANCE

After changing into warm clean clothes, please make your way upstairs into the Killary Adventure Centre. There is hot food, hot whiskey and refreshments.

## NOT TOO LATE TO ENTER!

Entry is still [open online](#) until 2pm on Thursday, the 7th of August. **Entry will also be possible on the day at registration from 9.00am - 11.00am and will cost 100.00 Euro.**

Please note that we might have no event T-Shirts available for those choosing to enter on the day.

## MEDICAL INFORMATION

If you have a medical condition that we need to be informed of please drop us an email on [info@gaelforceevents.com](mailto:info@gaelforceevents.com)

## HSE MUD RUN GUIDANCE

Have a read of the HSE Mud Run Guidance [here](#)

## LITTER

We are very lucky to have access to this stunning route. It is essential that no littering happens anywhere on the course including at transition areas. Anyone seen to be littering will be disqualified immediately, with no exceptions.



## STILL DON'T HAVE YOUR ACCOMMODATION YET?

Your turf warrior weekend base, right at the heart of the action

Our **Turf Warrior Weekend Accommodation Package** at **Killary Adventure Centre** gives you everything you need.



Perfectly located



Hot showers



Home cooked food



Free wifi

What's included:

- **2 nights B&B in a 4 or 6 bed ensuite shared dorm** (separate M/F dorms)
- **Continental breakfast** both mornings
- **Home-cooked dinner on Saturday night** after the event

ALL FOR 102€



+353 95 43411



[www.killaryadventure.com](http://www.killaryadventure.com)

# SAFETY, RESULTS AND THE RULES

## SAFETY

This trail run route **can be difficult and dangerous in places. Exercise care at all times.** There are marshals and signage in place along the route for your safety.

If you have a medical condition that we need to be aware of, please drop us an e-mail in advance of the event: [info@gaelforceevents.com](mailto:info@gaelforceevents.com).

**You are responsible for your own safety.** We advise that competitors organize their own personal insurance.

To report an accident or incident on race day CALL **+353 87 3144 647** or **notify the nearest marshal.**

Please do not attend this event if you have Covid-like symptoms.

GAELFORCE EVENTS  
Leenane, Co. Galway, Ireland, H91 PY61.  
[info@gaelforceevents.com](mailto:info@gaelforceevents.com)

[www.gaelforceevents.com](http://www.gaelforceevents.com)

## THE RULES

For reasons of fairness, safety and responsibility, all competitors are expected to abide by our Event Rules. We ask all competitors to:

**Follow all event rules, instructions & signage.**

**Do not wear headphones.** You will need to be able to hear what is happening around you.

**Respect the environment & local inhabitants.** We are very lucky to have access to these stunning routes.

**Do not litter anywhere on the route. You will be disqualified immediately with no exceptions.**

**Respect & help your fellow competitors.** You are all in this together.

**Listen to our marshals.** They are there for your safety.

**On entering, competitors agree** to a declaration to waive liability, confirm acceptance of the rules & agree to the release of personal images to the media and for event promotion purposes.

**International competitors** must have the appropriate travel documents, visas & comprehensive medical insurance in place for this event.

## The Race Director's decisions are final.

Rules may be modified to deal with unforeseen circumstances, at the discretion of the race organiser.

HAVE A GREAT RACE!

