








GAELFORCE MOUNTAIN RUN

IN CASE OF AN EMERGENCY
CALL 087 9892651 OR 087 9891613
FOR RACE DAY ONLY



-  SPECTATOR POINT
-  WATER STATION
-  FIRST AID
-  INTRODUCTORY 12KM
-  INTERMEDIATE 12KM
-  EXPERT 22KM
-  START/FINISH