

## THE GREAT FJORD SWIM 10/10/2015

### CHANGES:

“TOW-FLOATS: THE BEST THING TO HAPPEN TO OPEN-WATER SWIMMING SINCE GOGGLES”

### MANDATORY TOW-FLOAT FOR ALL COMPETITORS AT THE GREAT FJORD SWIM 2015

Dear Competitor,

Due to recent unfortunate events in the UK we have taken the decision, for safety reasons, to make Tow-Floats compulsory for ALL competitors taking part in the Great Fjord Swim.

As race organisers your safety is the most important issue to us and after discussion with race companies in the UK this is a decision we have come to.

Tow-Floats (see pictures below) are an inflatable float that you strap around your waist while swimming in the open water. They provide high visibility due to their orange colour making it easier for the water safety team to see competitors and provide assistance where required.

The team here have been testing them over the last few days and they create close to no drag and are barely noticeable after a couple of strokes. Our team also noted that they were much more comfortable training alone in open water with them.

For 2015 it is now mandatory for ALL competitors in ALL distances of the Great Fjord Swim to wear a Tow-Float.

As it is late notice we have 3 options on offer to make it easy for you:

1. **On the day rental.** We will be purchasing a large number of the Tow Floats so you can rent one from us for €3 for the day of the race plus a refundable €12 deposit (cash only). Tow-Floats must be returned to upstairs in Killary Adventure Centre where you will have registered.
2. **Purchase.** As we mentioned these are great for training alone so every open water swimmer should really have one. We have a really great offer up

until race day only to purchase €15 (RRP £19.99 + shipping). You can purchase one during online entry or at registration on the day. This is a onetime special discounted offer due to the late announcement of this mandatory kit requirement. We will also have waist extender belts for sale for €2 each for those who are a larger size.

3. **Supply your own.** If you own one already or wish to purchase one elsewhere you can bring this with you.

### EVENT RULE

IT IS IMPORTANT TO NOTE THAT IF YOU TURN UP TO THE START LINE WITHOUT A TOW-FLOAT YOU WILL NOT BE ALLOWED TO START THE EVENT.

If you have any queries in relation to this please don't hesitate to contact us. We hope the training is going well and look forward to seeing you at the event in October.

**KILLARY GAELFORCE,  
LEENANE, CO. GALWAY.**

**E: [INFO@GAELFORCEEVENTS.COM](mailto:INFO@GAELFORCEEVENTS.COM)  
T: 095 - 42006**

**[WWW.GAELFORCEEVENTS.COM](http://WWW.GAELFORCEEVENTS.COM)**

