

Place	Race #	Name	Surname	Cat	Run	Timeout	Kayak	Cycle	Total Time	
1	154	Fiona	O'Riordan	Senior	0:43:57		0:01:42	0:05:30	0:33:58	1:23:48
2	109	Aine	Mahony	Senior	0:45:18		0:00:47	0:05:33	0:35:57	1:26:48
3	110	Sophie	Mallon	Over40	0:46:36		0:01:13	0:06:04	0:39:39	1:32:25
4	58	Eimear	Foley	Over40	0:46:49		0:01:09	0:06:02	0:39:46	1:32:37
5	148	Lesley	O'Connor	Senior	0:49:08		0:00:47	0:05:40	0:41:47	1:36:35
6	20	Champayne	Chamberlayne	Over40	0:50:14			0:06:11	0:40:19	1:36:44
7	92	Sarah	Kelly	Senior	0:52:36	0:00:42		0:05:42	0:39:24	1:37:42
8	173	Hope	Staunton	Over40	0:50:00			0:06:24	0:41:44	1:38:08
9	29	louise	cullen	Over50	0:50:58			0:06:09	0:41:09	1:38:16
10	114	Amy	McArdle	Senior	0:51:00			0:06:05	0:41:27	1:38:32
11	169	Donna	Sargent	Senior	0:49:23	0:00:30		0:05:33	0:43:48	1:38:44
12	144	Claire	O Gorman	Senior	0:54:17	0:00:50		0:06:29	0:38:35	1:40:12
13	16	Ruth	Candon	Senior	0:51:03	0:00:46		0:05:56	0:44:17	1:42:07
14	39	Patricia	Duffy	Senior	0:53:26			0:07:20	0:41:26	1:42:12
15	31	Deirdre	Daly	Senior	0:53:59			0:07:40	0:40:37	1:42:16
16	119	Anita	McKenna	Over40	0:53:17			0:06:05	0:43:13	1:42:35
17	80	Alison	Hughes	Senior	0:53:11			0:06:14	0:43:15	1:42:40
18	4	Rachel	Barry	Senior	0:53:47			0:07:27	0:41:40	1:42:54
19	103	Maureen	Liddy	Senior	0:53:38	0:00:46		0:06:19	0:43:36	1:43:33
20	117	Niamh	McGrath	Over40	0:51:53			0:06:55	0:44:54	1:43:47
21	53	Mary	Fitzsimons	Over40	0:52:03			0:06:47	0:45:40	1:44:30
22	189	Aisling	Fitzgerald	Senior	0:52:18	0:00:15		0:05:32	0:46:02	1:44:41
23	132	Deirdre	Murphy	Senior	0:55:41			0:07:33	0:41:37	1:44:51
24	175	Karen	Stephenson	Senior	0:55:45			0:07:27	0:41:41	1:44:53
25	96	Sharon	Kenny	Senior	0:52:16			0:06:33	0:46:45	1:45:34
26	18	Aileen	Cartwright	Senior	0:55:35			0:07:40	0:43:00	1:46:15
27	180	Caroline	Walsh	Senior	0:55:16			0:07:38	0:43:26	1:46:20
28	40	Carol	Dunican	Senior	0:59:09			0:07:43	0:39:37	1:46:29
29	120	Laurna	McLoughlin	Senior	0:52:43			0:08:21	0:46:31	1:47:35
30	79	Sinead	Howlin	Over40	1:01:12			0:07:07	0:39:30	1:47:49
31	145	Aisling	O Malley	Senior				1:03:44	0:44:06	1:47:50
32	143	Sharon	O Connor	Over50	0:53:57			0:07:46	0:46:42	1:48:25
33	136	Nicola	Newsome	Senior	0:55:25			0:07:24	0:45:42	1:48:31
34	111	Ann	Marmion	Senior	0:54:07			0:07:16	0:47:14	1:48:37
35	3	Ciara	Bannon	Senior	0:59:23			0:07:35	0:42:05	1:49:03
36	177	Aine	Tivnan	Senior	0:56:44			0:06:57	0:45:30	1:49:11
37	138	Jade	Nolan	Senior	0:55:30			0:07:37	0:46:07	1:49:14
38	42	Patricia	Egan	Senior	1:01:49			0:07:26	0:40:06	1:49:21
39	162	Caroline	Rice	Over40	1:00:45			0:07:23	0:41:27	1:49:35
40	11	Susan	Brown	Senior	0:57:34			0:08:27	0:44:19	1:50:20
41	55	Eleanor	Flew	Senior	0:52:33			0:08:40	0:49:22	1:50:35
42	86	Geraldine	Jones	Over40	0:56:51				0:54:06	1:50:57
43	135	Iorna	murray	Senior	1:01:00			0:07:36	0:43:18	1:51:54
44	106	Olivia	Macmillan	Senior	1:00:58			0:07:41	0:43:16	1:51:55
45	94	Jeanne	Kelly	Senior	0:55:46	0:01:11		0:07:21	0:49:16	1:52:23
46	137	Fiona	Nic Charthaigh	Senior	0:59:39			0:07:44	0:45:17	1:52:40
47	153	Jo-Ann	O'Neill	Senior	0:55:07			0:07:15	0:50:18	1:52:40
48	12	Siobhan	Bulfin	Over40	0:55:34			0:07:36	0:49:40	1:52:50
49	28	Alison	Cullen	Senior					1:53:15	1:53:15
50	97	Gillian	Keogh	Senior	0:56:49			0:07:24	0:49:37	1:53:50
51	95	Sarah	Kelly	Senior					1:54:00	1:54:00
52	118	Rhona	McKeever	Senior	0:57:21			0:08:39	0:48:25	1:54:25
53	105	Aine	MacGuinness	Senior	0:56:14			0:07:56	0:50:17	1:54:27
54	115	Susan	McClafferty	Senior	0:55:57	0:01:04		0:07:17	0:51:16	1:54:30
55	166	Therese	Ruddle	Senior	0:58:36				0:56:36	1:55:12
56	182	Tracey	Ward	Over40	1:00:42			0:08:16	0:46:23	1:55:21
57	152	Eleanor	O'Neill	Senior	1:01:04			0:08:19	0:46:16	1:55:39
58	8	Samantha	Briody	Over40	1:00:58			0:08:03	0:46:45	1:55:46
59	65	Anne	Gaskin Roe	Over40	0:56:58			0:08:23	0:50:31	1:55:52
60	91	Christine	Kelly	Senior	1:04:28			0:07:08	0:44:36	1:56:12

Place	Race #	Name	Surname	Cat	Run	Timeout	Kayak	Cycle	Total Time
61	193	Amanda	Keegan	Over40	0:56:56		0:08:24	0:50:54	1:56:14
62	83	Bernagh	Hynes	Over40	1:03:43		0:07:12	0:45:24	1:56:19
63	77	Rachael	Haughey	Senior	1:04:34		0:07:32	0:44:23	1:56:29
64	102	Martina	Lawton	Senior	1:05:56	0:01:37	0:09:02	0:42:30	1:57:28
65	7	Caroline	Brennan	Senior	1:01:02		0:07:53	0:48:50	1:57:45
66	124	kate	mcnamara	Senior	1:09:14		0:08:02	0:41:45	1:59:01
67	129	Sonia	Moran	Senior	0:59:20			0:59:55	1:59:15
68	158	Collette	Quigley	Over40	1:05:53	0:00:20	0:08:05	0:45:02	2:00:09
69	163	Honor	Roddy	Senior	1:02:18		0:07:16	0:51:03	2:00:37
70	27	Fionnuala	Crennan	Over40	0:58:32			1:02:58	2:01:30
71	61	Tracey	Fraher	Senior	1:00:48		0:08:24	0:52:43	2:01:55
72	104	avril	lynch	Senior	0:55:11		0:07:54	0:59:21	2:02:26
73	192	Una	Stephens	Over40	1:04:15		0:08:20	0:50:00	2:02:35
74	125	Fiona	Melrose	Senior	1:09:13		0:09:08	0:44:22	2:02:43
75	146	Marie	O Mir	Over40	1:08:26		0:07:57	0:46:24	2:02:47
76	45	sharon	Fagan	Senior	1:03:54		0:08:22	0:50:18	2:02:57
77	44	christina	Fagan	Over40	1:03:56		0:08:23	0:50:23	2:02:59
78	22	Sarah-Jane	Cody	Senior	1:04:23		0:06:46	0:52:20	2:03:29
79	19	Allison	Cavanagh	Senior	1:04:26		0:07:18	0:51:49	2:03:33
80	187	Karen	Winters	Over40	1:06:22	0:01:17	0:07:42	0:49:30	2:03:34
81	179	Aisling	Trundle	Senior	1:00:01			1:03:33	2:03:34
82	23	Sarah	Coffey	Senior	1:00:06		0:08:07	0:55:22	2:03:35
83	168	Michelle	Ryan	Senior	1:04:30		0:06:51	0:52:17	2:03:38
84	191	Aisling	Breedy	Senior	1:04:10		0:08:42	0:51:07	2:03:59
85	165	Anke	Roth	Senior	1:10:29		0:07:12	0:46:58	2:04:39
86	194	Yvonne	Mullan	Over50	0:56:46		0:11:32	0:56:27	2:04:45
87	131	Susanna	Murdoch	Over50	1:10:25		0:07:23	0:47:00	2:04:48
88	64	Joanne	Frehill	Senior	0:57:38		0:10:56	0:56:22	2:04:56
89	183	Sorcha	Ward	Senior	1:00:51		0:10:50	0:53:17	2:04:58
90	184	Treasa	Ward	Over50	1:03:18		0:08:17	0:53:27	2:05:02
91	160	Audrey	Quigley	Over40	1:05:44		0:06:53	0:52:32	2:05:09
92	36	Deirdre	Doyle	Over40	1:02:13		0:09:56	0:53:04	2:05:13
93	15	helen	callanan	Over40	1:06:13	0:01:29	0:07:43	0:51:20	2:05:16
94	156	Cathrion	Price	Over40	1:05:44			0:59:43	2:05:27
95	1	Kerri	Adair	Senior	1:04:20		0:07:44	0:53:29	2:05:33
96	33	Nikki	Darling	Over50	1:08:34		0:07:57	0:49:02	2:05:33
97	10	Leontia	Brophy	Over40	1:09:09		0:08:11	0:48:22	2:05:42
98	41	Claire	Dunne	Senior	1:07:35		0:08:40	0:50:22	2:06:37
99	108	Lisa	Maguire	Senior	1:08:16		0:07:39	0:50:53	2:06:48
100	46	Julie	Faherty	Over40	1:08:15		0:07:43	0:50:53	2:06:51
101	113	Eibh�n	McLoughlin	Senior	1:00:28		0:09:32	0:56:58	2:06:58
102	60	Bridgette	Fraher	Senior	1:00:35		0:08:57	0:57:30	2:07:02
103	90	Yvonne	Kehoe	Over40	0:58:54		0:10:29	0:57:48	2:07:11
104	57	Catherine	Foley	Over40	0:59:01		0:10:19	0:57:52	2:07:12
105	49	Liz	Fitzgerald	Senior	1:06:02	0:01:02	0:07:54	0:53:36	2:07:52
106	13	fiona	byrne	Over40	1:02:42		0:09:31	0:56:13	2:08:26
107	82	Eimear	Hurley	Over50	1:06:06		0:07:15	0:55:12	2:08:33
108	81	Priscilla	Hurley	Senior	1:06:03		0:07:22	0:55:30	2:08:55
109	93	Karen	Kelly	Senior	1:04:23			1:05:38	2:10:01
110	99	Aimee	Kirwan	Senior	1:04:34			1:06:21	2:10:55
111	87	Victoria	Kavanagh	Senior	1:04:26			1:06:36	2:11:02
112	126	Aoife	Merriman	Over40	1:08:22		0:09:38	0:53:14	2:11:14
113	59	Aoife	Foy	Senior	1:10:35			1:02:08	2:12:43
114	190	Abigail	England	Senior	1:10:07		0:08:23	0:54:36	2:13:29
115	167	Laura	Ryan	Over40	1:10:34			1:03:35	2:14:09
116	85	Annie	Ivers	Senior	1:04:04		0:06:49	1:03:27	2:14:20
117	73	Sile	grace	Over40	1:12:21		0:09:26	0:52:50	2:14:37
118	67	sandra	gibney	Over40	1:09:18		0:09:15	0:56:21	2:14:54
119	72	Anne	Gough	Over40	1:08:29		0:09:28	0:57:06	2:15:03
120	2	paula	bagnall	Senior	1:14:58		0:08:40	0:51:52	2:15:30

Place	Race #	Name	Surname	Cat	Run	Timeout	Kayak	Cycle	Total Time
121	32	mary	darcy	Over40	1:17:54		0:08:07	0:49:38	2:15:39
122	142	Jackie	O Callaghan	Senior	1:15:31	0:01:10	0:07:43	0:50:38	2:15:55
123	151	Siobhain	O'Neill	Senior			1:21:51	0:54:36	2:16:27
124	178	Barbara	Toher	Senior	1:11:22		0:11:46	0:53:51	2:16:59
125	157	Maeve	Purcell	Over40	1:09:38		0:09:25	0:59:06	2:18:09
126	171	Margaret	Skelly	Over50	1:12:36		0:07:57	0:58:29	2:19:02
127	43	Helen	Ely	Over40	1:12:30		0:08:10	0:58:35	2:19:15
128	47	Maria	Giovanna Fenu	Senior	1:10:44		0:10:21	1:01:03	2:22:08
129	26	Stacy	Coyle	Senior	1:10:41		0:10:21	1:01:07	2:22:09
130	34	Milena	Delussu	Over40	1:14:54		0:13:03	0:55:53	2:23:50
131	122	Sara	mcmanus	Senior	1:17:50		0:08:40	0:57:33	2:24:03
132	121	Emer	Mcmanus	Senior	1:17:00		0:08:35	0:58:29	2:24:04
133	123	Alva	McManus	Senior	1:17:04		0:08:28	0:58:35	2:24:07
134	54	Anita	Flanagan	Over40	1:11:01		0:10:35	1:04:06	2:25:42
135	116	Gill	McDonald	Over40	1:12:17		0:09:35	1:03:51	2:25:43
136	48	LINDA	FINNEGAN	Over40	1:11:20		0:11:49	1:02:47	2:25:56
137	38	Hilary	Duffy	Senior	1:17:56	0:00:37	0:07:33	1:01:28	2:26:57
138	188	Claire	Young	Senior	1:23:34		0:08:44	0:55:43	2:28:01
139	107	Kath	Maguire	Over40	1:31:00		0:07:47	0:49:59	2:28:46
140	62	Sabine	Frehen	Senior	1:18:36		0:08:34	1:02:13	2:29:23
141	63	Chris	Frehen	Senior	1:18:34		0:08:39	1:02:10	2:29:23
142	159	Clare	Quigley	Senior	1:15:10		0:08:24	1:08:41	2:32:15
143	9	Tracey	Brophy	Senior	1:23:37		0:08:38	1:00:10	2:32:25
144	127	brenda	Milligan	Over40	1:14:50		0:13:02	1:04:58	2:32:50
145	24	mary	condon	Senior	1:20:35	0:01:25	0:08:10	1:04:14	2:34:20
146	101	Caroline	Lawlor	Senior	1:19:24			1:20:07	2:39:31
147	186	Isobel	Wilson	Senior	1:22:21			1:24:43	2:47:04
148	149	Gina	O'Grady	Over40	1:31:05		0:07:39	1:08:39	2:47:23
149	181	Nancy	Ward	Over40	1:40:06		0:09:36	1:03:28	2:53:10
150	74	Michelle	Green	Over40	1:40:10		0:08:47	1:04:13	2:53:10
151	76	Noreen	Griffin	Over40	1:40:16		0:09:33	1:04:03	2:53:52
152	164	Elaine	Roe	Over40	1:18:30		0:11:28	1:24:17	2:54:15
153	141	Laoise	Nugent-Burke	Over40			1:30:00	1:24:18	2:54:18
154	68	Sinead	Gill	Senior	1:29:08		0:10:24	1:15:30	2:55:02
155	112	Karen	Massey	Over40	1:29:06		0:10:16	1:15:43	2:55:05
156	6	Catherine	Branigan	Over40	1:29:02		0:09:48	1:16:18	2:55:08
157	14	Nicky	Byrne	Over40	1:29:01		0:09:53	1:19:48	2:58:42
158	134	pamela	Murphy	Over40	1:29:12		0:09:39	1:19:58	2:58:49
159	174	Emilie	Steinhoff	Senior	1:53:34		0:09:36	1:22:33	3:25:43
	155	Aoife	Pearson	Senior	1:18:01	0:00:49	0:09:34	1:03:33	DNF Cycle
	147	Fiona	O'Brien	Senior	1:00:55		0:08:43		No Time
	172	Jillian	Srigley	Senior	1:01:46		0:07:08		No Time