

Overall

| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
|-----|--------|------|----------|-------------|--------|-----|---------|---------|---------|---------|---------|----------|---------|----------|---------|---------|---------|
| 1 | 140 | 1 | Keiron | Kelly | Vet | M | 0:56:07 | | 0:08:14 | 0:15:29 | 1:10:50 | 0:13:19 | 0:12:15 | 0:05:47 | 0:05:18 | 0:30:32 | 3:37:51 |
| 2 | 82 | 1 | Dessie | Duffy | Senior | M | 0:57:03 | | 0:07:56 | 0:14:37 | 1:11:35 | 0:14:17 | 0:13:16 | 0:06:15 | 0:05:28 | 0:32:09 | 3:42:36 |
| 3 | 176 | 1 | Sean | Mc Laughlin | Senior | M | 0:56:59 | | 0:08:10 | 0:14:11 | 1:11:19 | 0:15:08 | 0:14:32 | 0:06:38 | 0:05:57 | 0:30:08 | 3:43:02 |
| 4 | 10 | 1 | Garret | Bracken | Vet | M | 0:58:08 | | 0:08:10 | 0:15:06 | 1:12:52 | 0:14:05 | 0:13:06 | 0:05:26 | 0:05:45 | 0:30:36 | 3:43:14 |
| 5 | 120 | 1 | Killian | Heery | Senior | M | 0:57:15 | | 0:07:48 | 0:14:47 | 1:10:50 | 0:14:33 | 0:14:32 | 0:07:15 | 0:06:13 | 0:30:58 | 3:44:11 |
| 6 | 217 | 1 | Lonan | O Farrell | Senior | M | 0:56:33 | | 0:07:59 | 0:14:04 | 1:13:48 | 0:14:18 | 0:14:45 | 0:05:28 | 0:05:09 | 0:33:18 | 3:45:22 |
| 7 | 61 | 1 | Barry | Cronin | Senior | M | 0:56:59 | | 0:07:44 | 0:14:57 | 1:15:48 | 0:15:16 | 0:14:02 | 0:05:52 | 0:06:01 | 0:31:57 | 3:48:36 |
| 8 | 229 | 1 | Peter | O'Farrell | Vet | M | 0:58:53 | | 0:08:02 | 0:15:15 | 1:16:16 | 0:14:54 | 0:13:04 | 0:06:38 | 0:06:29 | 0:30:23 | 3:49:54 |
| 9 | 1400 | 1 | Nigel | Keane | Senior | M | 0:58:52 | | 0:08:22 | | 1:28:36 | 0:14:16 | 0:13:45 | 0:08:13 | 0:07:30 | 0:35:47 | 3:55:21 |
| 10 | 294 | 1 | Peter | Walsh | Vet | M | 1:03:04 | | 0:08:04 | 0:16:38 | 1:14:53 | 0:16:10 | 0:15:11 | 0:06:30 | 0:06:05 | 0:32:08 | 3:58:43 |
| 11 | 36 | 1 | Jonathan | Caulfield | Senior | M | 1:00:47 | | 0:09:53 | 0:15:11 | 1:14:28 | 0:15:40 | 0:16:45 | 0:08:16 | 0:06:44 | 0:33:31 | 4:01:15 |
| 12 | 1370 | 1 | Kevin | McGuinness | Senior | M | 1:00:13 | | 0:08:10 | 0:15:58 | 1:20:38 | 0:15:22 | 0:14:58 | 0:06:35 | 0:06:17 | 0:33:54 | 4:02:05 |
| 13 | 1365 | 1 | Colin | Moses | Vet | M | 1:06:15 | | 0:07:50 | 0:17:02 | 1:17:14 | 0:17:14 | 0:14:17 | 0:06:06 | 0:06:23 | 0:30:57 | 4:03:18 |
| 14 | 55 | 1 | David | Conway | Senior | M | 1:04:24 | | 0:08:32 | 0:15:51 | 1:16:32 | 0:15:20 | 0:14:27 | 0:07:36 | 0:06:27 | 0:34:29 | 4:03:38 |
| 15 | 271 | 1 | Padraig | Smith | Vet | M | 1:01:46 | | 0:09:57 | 0:16:29 | 1:16:53 | 0:15:16 | 0:15:14 | 0:07:23 | 0:06:55 | 0:34:07 | 4:04:00 |
| 16 | 282 | 1 | Paul | Tierney | Senior | M | 0:59:30 | | 0:08:28 | 0:16:04 | 1:19:04 | 0:18:12 | 0:16:27 | 0:06:24 | 0:06:53 | 0:33:29 | 4:04:31 |
| 17 | 267 | 1 | James | Skehan | Senior | M | 1:00:42 | | 0:09:38 | 0:15:59 | 1:18:27 | 0:15:45 | 0:14:54 | 0:06:32 | 0:06:18 | 0:37:09 | 4:05:14 |
| 18 | 37 | 1 | Adrian | Chaplin | Senior | M | 1:00:44 | | 0:08:52 | 0:15:39 | 1:24:11 | 0:16:28 | 0:14:03 | 0:07:01 | 0:05:27 | 0:33:23 | 4:05:48 |
| 19 | 50 | 1 | Brendan | Colreavy | Senior | M | 1:00:30 | | 0:08:10 | 0:15:28 | 1:20:35 | 0:16:31 | 0:15:07 | 0:08:06 | 0:06:56 | 0:34:41 | 4:06:04 |
| 20 | 1364 | 1 | Killian | Mooney | Senior | M | 0:57:37 | | 0:08:36 | 0:14:16 | 1:22:16 | 0:12:07 | 0:11:11 | 0:05:13 | 0:05:17 | 0:51:18 | 4:07:51 |
| 21 | 1211 | 5 | Ciaran | Brady | Senior | M | 1:11:37 | 0:03:35 | 0:09:40 | 0:19:34 | | | | | | 2:28:37 | 4:09:28 |
| 22 | 212 | 1 | Declan | Murphy | Senior | M | 1:01:06 | | 0:11:45 | 0:15:33 | 1:22:33 | 0:16:14 | 0:14:27 | 0:07:51 | 0:06:22 | 0:33:38 | 4:09:29 |
| 23 | 784 | 3 | Brian | Lawlor | Senior | M | 1:02:48 | 0:09:02 | 0:08:11 | 0:16:23 | 1:21:09 | 0:19:41 | 0:18:32 | | 0:13:31 | 0:35:10 | 4:15:25 |
| 24 | 123 | 1 | Alastair | Higgins | Vet | M | | | 1:09:13 | 0:16:43 | 1:23:52 | 0:17:55 | 0:17:33 | 0:07:56 | 0:07:37 | 0:35:26 | 4:16:15 |
| 25 | 246 | 1 | Tony | Pryce | Senior | M | 1:02:42 | | 0:09:04 | 0:16:08 | 1:17:28 | 0:17:15 | 0:16:26 | 0:10:14 | 0:09:06 | 0:38:32 | 4:16:55 |
| 26 | 546 | 2 | Colin | O'Hagan | Senior | M | 1:01:48 | 0:02:43 | 0:09:19 | 0:16:43 | 1:23:54 | 0:18:22 | 0:17:50 | 0:07:45 | 0:07:14 | 0:34:28 | 4:17:23 |
| 27 | 102 | 1 | Stephen | Geraghty | Senior | M | 1:00:33 | | 0:10:23 | 0:17:28 | 1:21:32 | 0:20:15 | 0:19:15 | 0:08:39 | 0:05:49 | 0:35:05 | 4:18:59 |
| 28 | 520 | 2 | Niall | Morris | Vet | M | 1:04:55 | 0:02:54 | 0:09:28 | 0:16:56 | 1:23:49 | 0:17:21 | 0:15:59 | 0:09:02 | 0:07:03 | 0:34:57 | 4:19:30 |
| 29 | 33 | 1 | Matt | Casey | Vet | M | 1:06:43 | | 0:08:02 | 0:17:32 | 1:21:07 | 0:17:42 | 0:15:47 | 0:08:46 | 0:08:55 | 0:36:07 | 4:20:41 |
| 30 | 57 | 1 | Brendan | Costello | Senior | M | 1:04:55 | 0:00:20 | 0:08:58 | 0:16:55 | 1:23:11 | 0:18:41 | 0:16:13 | 0:08:40 | 0:07:01 | 0:36:13 | 4:20:47 |
| 31 | 265 | 1 | David | Sheehy | Senior | M | 1:01:21 | | 0:08:07 | 0:17:45 | 1:24:01 | 0:17:10 | 0:16:05 | 0:10:53 | 0:10:55 | 0:35:28 | 4:21:45 |
| 32 | 179 | 1 | Brendan | Mc Nerney | Senior | M | 1:05:24 | 0:00:56 | 0:07:49 | 0:17:45 | 1:25:11 | 0:18:48 | 0:16:16 | 0:07:59 | 0:07:21 | 0:35:41 | 4:22:14 |
| 33 | 25 | 1 | Aiden | Campbell | Vet | M | 1:06:45 | 0:01:04 | 0:08:03 | 0:18:16 | 1:22:43 | 0:17:57 | 0:16:09 | 0:08:50 | 0:07:46 | 0:35:51 | 4:22:20 |
| 34 | 101 | 1 | Thomas | Geoghegan | Senior | M | 1:08:50 | | 0:08:45 | 0:17:36 | 1:23:05 | 0:17:50 | 0:16:21 | 0:07:39 | 0:06:14 | 0:36:43 | 4:23:03 |
| 35 | 386 | 2 | Andrew | Duignan | Senior | M | 1:05:41 | 0:02:31 | 0:09:28 | 0:17:14 | 1:22:29 | 0:19:35 | 0:17:16 | 0:07:43 | 0:07:39 | 0:36:05 | 4:23:10 |
| 36 | 26 | 1 | Alan | Capper | Senior | M | 1:01:48 | | 0:09:43 | 0:16:17 | 1:26:14 | 0:18:51 | 0:16:53 | 0:08:46 | 0:08:36 | 0:37:27 | 4:24:35 |
| 37 | 491 | 2 | Peter | McGoey | Senior | M | 1:06:19 | 0:01:31 | 0:09:29 | 0:17:32 | 1:23:43 | 0:17:12 | 0:15:20 | 0:09:02 | 0:07:35 | 0:39:16 | 4:25:28 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |

Overall

| | | | | | | | | | | | | | | | | | |
|-----|--------|------|-----------|------------|----------|-----|---------|---------|---------|---------|---------|----------|---------|----------|---------|---------|---------|
| 38 | 52 | 1 | Paul | Conlon | Senior | M | 0:59:52 | | 0:09:03 | 0:16:01 | 1:26:22 | 0:19:14 | 0:19:07 | 0:10:26 | 0:08:28 | 0:37:56 | 4:26:29 |
| 39 | 254 | 1 | John | Regan | Vet | M | 1:00:37 | | 0:09:56 | 0:15:32 | 1:27:17 | 0:17:50 | 0:17:11 | 0:09:01 | 0:07:42 | 0:43:14 | 4:28:20 |
| 40 | 118 | 1 | Gordon | Healy | Vet | M | 1:09:18 | 0:00:14 | 0:10:03 | 0:18:06 | 1:25:12 | 0:19:06 | 0:16:15 | 0:08:02 | 0:07:19 | 0:35:39 | 4:29:00 |
| 41 | 207 | 1 | Ger | Moore | Vet | M | 1:06:40 | | 0:09:07 | 0:18:08 | 1:19:32 | 0:19:28 | 0:17:13 | 0:09:55 | 0:11:31 | 0:37:46 | 4:29:20 |
| 42 | 532 | 2 | Stephen | Norton | Senior | M | 1:03:03 | 0:11:52 | 0:09:39 | 0:16:54 | 1:25:58 | 0:21:30 | 0:19:01 | 0:10:28 | 0:08:16 | 0:36:04 | 4:30:53 |
| 43 | 219 | 1 | John | O'Neill | Senior | M | 1:04:19 | | 0:08:57 | 0:17:23 | 1:26:59 | 0:18:57 | 0:16:32 | 0:09:36 | 0:09:14 | 0:39:04 | 4:31:01 |
| 44 | 244 | 1 | Peter | Power | Senior | M | 1:02:45 | | 0:09:07 | 0:16:35 | 1:31:26 | 0:19:13 | 0:17:38 | 0:07:31 | 0:06:37 | 0:41:47 | 4:32:39 |
| 45 | 863 | 2 | Conor | Kelly | Senior | M | 1:05:17 | 0:02:14 | 0:09:17 | 0:17:44 | 1:29:32 | 0:17:27 | 0:16:49 | 0:08:23 | 0:07:26 | 0:40:50 | 4:32:45 |
| 46 | 293 | 1 | Donncha | Walsh | Senior | M | 1:10:14 | | 0:11:45 | 0:18:18 | 1:26:43 | 0:17:10 | 0:15:09 | 0:08:04 | 0:07:25 | 0:38:01 | 4:32:49 |
| 47 | 1081 | 4 | Joseph | Mahon | Senior | M | 1:03:52 | 0:02:29 | 0:08:31 | 0:17:29 | 1:28:58 | 0:15:51 | 0:15:12 | 0:11:16 | 0:10:15 | 0:41:29 | 4:32:53 |
| 48 | 283 | 1 | Des | Tivnan | Vet | M | 1:09:24 | 0:02:12 | 0:08:10 | 0:17:34 | 1:27:28 | 0:16:58 | 0:16:57 | 0:09:29 | 0:08:01 | 0:39:40 | 4:33:41 |
| 49 | 62 | 1 | Philip | Culbert | Vet | M | 1:07:22 | | 0:08:36 | 0:17:19 | 1:25:18 | 0:19:32 | 0:17:58 | 0:10:06 | 0:07:29 | 0:40:06 | 4:33:46 |
| 50 | 139 | 1 | Michael J | Kelly | SuperVet | M | 1:04:21 | | 0:08:19 | 0:18:06 | 1:30:18 | 0:17:59 | 0:17:27 | 0:10:11 | 0:09:10 | 0:39:05 | 4:34:56 |
| 51 | 49 | 1 | Brian J | Collins | Vet | M | 1:04:16 | | 0:09:04 | 0:17:40 | 1:22:55 | 0:21:51 | 0:20:28 | 0:11:57 | 0:09:28 | 0:37:48 | 4:35:27 |
| 52 | 1035 | 4 | Odhran | Hendley | Senior | M | 1:09:17 | 0:11:11 | 0:08:04 | 0:18:52 | 1:27:24 | 0:20:33 | 0:17:22 | 0:08:18 | 0:08:04 | 0:38:08 | 4:36:02 |
| 53 | 817 | 3 | Tony | McMahon | Vet | M | 1:07:24 | 0:03:16 | 0:09:05 | 0:18:30 | 1:29:33 | | 0:37:11 | | 0:18:52 | 0:36:18 | 4:36:53 |
| 54 | 1372 | 4 | Denis | McGlynn | Senior | M | 1:03:59 | 0:02:24 | 0:09:04 | 0:17:14 | 1:36:29 | 0:20:23 | 0:17:40 | 0:05:41 | 0:05:26 | 0:41:39 | 4:37:35 |
| 55 | 210 | 1 | Trust | Mtinsi | Senior | M | 1:00:28 | | 0:09:20 | 0:16:23 | 1:38:20 | 0:19:05 | 0:17:50 | 0:08:57 | 0:07:54 | 0:39:29 | 4:37:46 |
| 56 | 4 | 1 | Donough | Barrow | Vet | M | 1:05:10 | | 0:09:22 | 0:17:39 | 1:28:46 | 0:18:52 | 0:18:02 | 0:10:49 | 0:08:22 | 0:41:57 | 4:38:59 |
| 57 | 931 | 4 | David | Brennan | Vet | M | 1:11:23 | 0:04:18 | 0:09:52 | 0:17:58 | 1:23:50 | 0:20:23 | 0:18:33 | 0:09:59 | 0:10:36 | 0:36:37 | 4:39:11 |
| 58 | 276 | 1 | Tony | Sullivan | Senior | M | 1:03:06 | | 0:08:04 | 0:15:57 | 1:47:01 | 0:15:51 | 0:14:09 | 0:07:00 | 0:06:56 | 0:41:11 | 4:39:15 |
| 59 | 116 | 1 | Emma | Hand | Vet | F | 1:05:58 | | 0:11:28 | 0:17:26 | 1:30:01 | 0:19:55 | 0:17:23 | 0:09:20 | 0:08:55 | 0:39:08 | 4:39:34 |
| 60 | 513 | 2 | Eoin | Mockler | Senior | M | 1:01:45 | 0:02:26 | 0:08:14 | 0:16:12 | 1:32:01 | 0:22:52 | 0:20:42 | 0:10:08 | 0:07:48 | 0:39:59 | 4:39:41 |
| 61 | 667 | 3 | Ben | Cullen | Senior | M | 1:10:27 | 0:06:29 | 0:08:46 | 0:18:05 | 1:33:43 | 0:18:14 | 0:16:08 | 0:08:57 | 0:06:08 | 0:39:18 | 4:39:46 |
| 62 | 94 | 1 | Gerard | Fitzsimons | Vet | M | 1:11:04 | | 0:10:07 | 0:17:29 | 1:28:15 | 0:19:35 | 0:17:32 | 0:11:00 | 0:07:41 | 0:37:04 | 4:39:47 |
| 63 | 869 | 3 | Ben | Reid | Vet | M | 1:10:29 | 0:06:29 | 0:08:41 | 0:18:07 | 1:33:41 | 0:18:15 | 0:16:07 | 0:08:26 | 0:06:39 | 0:39:23 | 4:39:48 |
| 64 | 1144 | 2 | Jj | O'Hara | Vet | M | 1:05:11 | 0:04:02 | 0:09:12 | 0:18:03 | 1:28:32 | 0:20:24 | 0:18:27 | 0:12:04 | 0:09:23 | 0:38:50 | 4:40:06 |
| 65 | 384 | 2 | Sean | Duffy | Senior | M | 1:01:56 | 0:23:16 | 0:09:36 | 0:16:35 | 1:36:52 | 0:20:32 | 0:17:57 | 0:10:38 | 0:08:06 | 0:39:11 | 4:41:23 |
| 66 | 1 | 1 | Ian | Alcock | Senior | M | 1:07:13 | | 0:12:24 | 0:18:18 | 1:28:33 | 0:20:03 | 0:18:56 | 0:10:02 | 0:08:16 | 0:38:11 | 4:41:56 |
| 67 | 910 | 3 | Ray | Walsh | Vet | M | 1:09:37 | 0:07:08 | 0:09:11 | 0:17:54 | 1:32:38 | 0:18:22 | 0:16:09 | 0:08:44 | 0:07:08 | 0:42:42 | 4:42:25 |
| 68 | 766 | 3 | Bill | Kelly | SuperVet | M | 1:09:37 | 0:15:48 | 0:09:22 | 0:17:56 | 1:29:38 | 0:17:19 | 0:16:42 | 0:10:59 | 0:09:14 | 0:41:46 | 4:42:33 |
| 69 | 1110 | 4 | Brian | Mulhall | Vet | M | 1:08:03 | 0:05:34 | 0:08:22 | 0:18:31 | 1:35:29 | 0:18:11 | 0:16:44 | 0:08:59 | 0:07:03 | 0:41:18 | 4:42:40 |
| 70 | 69 | 1 | Kevin | Derrig | Senior | M | 1:12:42 | 0:04:15 | 0:09:32 | 0:18:23 | 1:23:25 | 0:20:07 | 0:18:53 | 0:11:25 | 0:10:37 | 0:37:42 | 4:42:46 |
| 71 | 1333 | 5 | Donal | Phillips | Vet | M | 1:04:09 | 0:11:16 | 0:09:04 | 0:16:52 | 1:40:10 | 0:20:44 | 0:16:47 | 0:09:01 | 0:08:05 | 0:38:06 | 4:42:58 |
| 72 | 361 | 2 | Martin | Curran | Vet | M | 1:03:53 | 0:12:04 | 0:09:14 | 0:18:24 | 1:35:03 | 0:19:29 | 0:17:16 | 0:11:58 | 0:09:43 | 0:38:10 | 4:43:10 |
| 73 | 539 | 2 | Ronan | O'Brien | Senior | M | 1:08:04 | 0:17:07 | 0:09:34 | 0:18:11 | 1:29:33 | 0:19:52 | 0:18:24 | 0:11:48 | 0:08:44 | 0:39:26 | 4:43:36 |
| 74 | 668 | 3 | Padraig | Cullen | Senior | M | 1:07:06 | 0:08:59 | 0:09:04 | 0:18:32 | 1:25:46 | 0:22:01 | 0:20:05 | 0:11:30 | 0:12:04 | 0:38:04 | 4:44:12 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 75 | 1021 | 4 | James | Gibbons | Senior | M | 1:04:26 | 0:08:57 | 0:09:33 | 0:17:36 | 1:29:40 | 0:21:05 | 0:20:17 | 0:13:46 | 0:10:03 | 0:38:12 | 4:44:38 |

Overall

| | | | | | | | | | | | | | | | | | |
|-----|--------|------|------------|-------------|----------|-----|---------|---------|---------|---------|---------|----------|---------|----------|---------|---------|---------|
| 76 | 1124 | 4 | Vincent | Naughton | Senior | M | 1:01:46 | 0:11:37 | 0:09:35 | 0:17:34 | 1:33:37 | 0:23:41 | 0:20:05 | 0:12:42 | 0:07:49 | 0:38:06 | 4:44:55 |
| 77 | 230 | 1 | Niall | O'Grady | Senior | M | 1:13:36 | 0:00:34 | 0:09:09 | 0:18:57 | 1:25:22 | 0:20:59 | 0:19:28 | 0:11:17 | 0:08:19 | 0:37:54 | 4:45:01 |
| 78 | 1162 | 4 | Veli-Pekka | Ronkainen | Vet | M | 1:07:37 | 0:07:54 | 0:09:48 | 0:16:06 | 1:39:20 | 0:17:56 | 0:17:06 | 0:09:12 | 0:09:59 | 0:38:30 | 4:45:34 |
| 79 | 251 | 1 | Aidan | Raftery | Senior | M | 1:10:10 | 0:02:06 | 0:09:49 | 0:18:14 | 1:33:15 | 0:18:35 | 0:17:16 | 0:09:34 | 0:07:57 | 0:40:52 | 4:45:42 |
| 80 | 459 | 2 | Ronan | Lowry | Senior | M | 1:04:00 | 0:00:46 | 0:09:07 | 0:17:15 | 1:34:05 | 0:21:15 | 0:20:37 | 0:09:52 | 0:07:17 | 0:42:17 | 4:45:45 |
| 81 | 1037 | 4 | Dean | Hickey | Senior | M | 1:04:34 | 0:16:43 | 0:08:15 | 0:18:34 | 1:35:24 | 0:21:41 | 0:18:56 | 0:10:04 | 0:08:04 | 0:40:14 | 4:45:46 |
| 82 | 511 | 2 | Kevin | Meskell | Senior | M | 1:04:42 | 0:08:49 | 0:10:04 | 0:16:53 | 1:35:45 | 0:21:35 | 0:19:00 | 0:06:42 | 0:06:43 | 0:44:38 | 4:46:02 |
| 83 | 1247 | 4 | John | Gordon | Vet | M | 1:05:59 | 0:09:09 | 0:08:35 | 0:18:01 | 1:37:23 | 0:18:37 | 0:16:58 | 0:12:23 | 0:09:04 | 0:39:22 | 4:46:22 |
| 84 | 42 | 2 | Blair | Clinton | Senior | M | 1:12:27 | 0:02:57 | 0:09:16 | 0:18:59 | 1:29:13 | 0:19:28 | 0:18:59 | 0:10:44 | 0:08:28 | 0:39:02 | 4:46:36 |
| 85 | 305 | 2 | Kieran | Arkins | Senior | M | 1:08:56 | 0:06:54 | 0:08:30 | 0:18:36 | 1:29:47 | 0:19:17 | 0:17:50 | 0:12:06 | 0:10:49 | 0:40:47 | 4:46:38 |
| 86 | 486 | 2 | Joe | McCrisken | Senior | M | 1:08:59 | 0:06:53 | 0:08:23 | 0:18:39 | 1:29:46 | 0:18:58 | 0:16:14 | 0:14:08 | 0:10:50 | 0:40:43 | 4:46:40 |
| 87 | 850 | 3 | Eamon | O'Keefe | Senior | M | 1:10:24 | 0:01:41 | 0:09:51 | 0:19:06 | 1:28:18 | 0:19:06 | 0:16:42 | 0:12:22 | 0:09:43 | 0:41:26 | 4:46:58 |
| 88 | 197 | 1 | Tom | McNicholas | Vet | M | 1:04:50 | | 0:09:37 | 0:17:20 | 1:37:01 | 0:21:13 | 0:16:50 | 0:06:39 | 0:06:12 | 0:47:23 | 4:47:05 |
| 89 | 385 | 2 | Philip | Duggan | Senior | M | 1:08:45 | 0:03:03 | 0:09:17 | 0:18:27 | 1:31:30 | 0:19:55 | 0:18:04 | 0:11:30 | 0:10:42 | 0:39:11 | 4:47:21 |
| 90 | 573 | 2 | Domhnall | Roche | Senior | M | 1:09:02 | 0:07:25 | 0:09:25 | 0:18:53 | 1:38:41 | 0:18:21 | 0:16:31 | 0:11:56 | 0:08:06 | 0:36:42 | 4:47:37 |
| 91 | 274 | 1 | Kevin | Stritch | Senior | M | 1:11:37 | | 0:10:19 | 0:18:24 | 1:35:57 | 0:19:43 | 0:18:13 | 0:06:20 | 0:07:12 | 0:40:21 | 4:48:06 |
| 92 | 245 | 1 | Paula | Prendergast | Senior | F | 1:10:45 | 0:00:21 | 0:09:30 | 0:18:37 | 1:34:52 | 0:17:29 | 0:16:19 | 0:11:49 | 0:09:08 | 0:39:47 | 4:48:16 |
| 93 | 275 | 1 | Brian | Sugrue | Senior | M | 1:14:17 | 0:00:25 | 0:09:09 | 0:18:30 | 1:25:58 | 0:19:55 | 0:20:29 | 0:10:11 | 0:08:29 | 0:41:30 | 4:48:28 |
| 94 | 997 | 4 | Tony | Farquhar | Vet | M | 1:07:15 | 0:00:54 | 0:11:12 | 0:17:02 | 1:38:57 | 0:16:27 | 0:15:06 | 0:12:56 | 0:10:00 | 0:39:34 | 4:48:29 |
| 95 | 70 | 1 | Brian | Di Palma | Senior | M | 1:08:47 | | 0:08:46 | 0:17:50 | 1:36:50 | 0:19:26 | 0:16:29 | 0:07:34 | 0:06:56 | 0:46:12 | 4:48:50 |
| 96 | 1166 | 4 | David | Ryan | Senior | M | 1:12:34 | 0:01:28 | 0:09:25 | 0:19:53 | 1:29:11 | 0:20:11 | 0:19:06 | 0:10:25 | 0:09:43 | 0:38:22 | 4:48:50 |
| 97 | 1046 | 4 | Kevin | Howard | Vet | M | 1:09:56 | 0:05:33 | 0:09:53 | 0:18:14 | 1:32:42 | 0:20:36 | 0:19:44 | 0:10:38 | 0:08:37 | 0:38:33 | 4:48:53 |
| 98 | 1367 | 1 | Rachel | Nolan | Vet | F | 1:18:58 | | 0:08:53 | 0:19:35 | 1:30:32 | 0:19:20 | 0:16:38 | 0:08:06 | 0:07:58 | 0:39:18 | 4:49:18 |
| 99 | 150 | 1 | Nick | Lawlor | Senior | M | 1:08:00 | | 0:09:03 | 0:17:17 | 1:35:11 | 0:20:07 | 0:17:30 | 0:11:05 | 0:08:04 | 0:40:29 | 4:49:23 |
| 100 | 170 | 1 | Eddie | Mc Daid | Senior | M | 1:09:34 | 0:00:20 | 0:07:52 | 0:17:40 | 1:37:51 | 0:19:31 | 0:19:13 | 0:09:03 | 0:07:53 | 0:41:38 | 4:50:15 |
| 101 | 248 | 1 | Darren | Quinn | Senior | M | 1:13:02 | 0:01:24 | 0:09:17 | 0:18:33 | 1:34:39 | 0:19:41 | 0:19:04 | 0:09:11 | 0:08:10 | 0:39:07 | 4:50:44 |
| 102 | 74 | 1 | Gareth | Donnelly | Vet | M | 1:09:57 | | 0:07:58 | 0:18:25 | 1:35:53 | 0:21:43 | 0:20:13 | 0:08:37 | 0:07:34 | 0:40:58 | 4:51:18 |
| 103 | 1205 | 4 | Kieran | Wynne | Vet | M | 1:08:01 | 0:05:37 | 0:08:26 | 0:18:06 | 1:40:19 | 0:18:23 | 0:18:24 | 0:10:21 | 0:09:38 | 0:39:40 | 4:51:18 |
| 104 | 117 | 1 | Loren | Harnett | Vet | M | 1:12:53 | 0:00:23 | 0:09:28 | 0:18:57 | 1:30:55 | 0:21:32 | 0:19:39 | 0:09:13 | 0:08:34 | 0:40:31 | 4:51:42 |
| 105 | 151 | 1 | Michael | Lennon | Senior | M | 1:09:35 | 0:11:17 | 0:08:15 | 0:19:34 | 1:31:53 | 0:21:48 | 0:18:46 | 0:11:12 | 0:10:21 | 0:40:42 | 4:52:06 |
| 106 | 226 | 1 | Ger | O'Connor | SuperVet | M | 1:16:32 | 0:10:32 | 0:08:59 | 0:20:48 | 1:32:24 | 0:18:59 | 0:16:14 | 0:08:58 | 0:09:07 | 0:40:11 | 4:52:12 |
| 107 | 107 | 1 | Patrick | Gleeson | Senior | M | 1:07:55 | 0:02:44 | 0:09:04 | 0:17:13 | 1:30:33 | 0:18:06 | 0:17:57 | 0:10:36 | 0:10:19 | 0:50:37 | 4:52:20 |
| 108 | 1107 | 4 | Tom | Moran | Senior | M | 1:09:57 | 0:09:01 | 0:09:21 | 0:17:55 | 1:31:33 | 0:24:12 | 0:21:55 | 0:10:29 | 0:07:24 | 0:39:38 | 4:52:24 |
| 109 | 908 | 3 | Marco | Waddock | Senior | M | 1:12:29 | 0:01:24 | 0:08:44 | 0:19:56 | 1:38:17 | 0:18:57 | 0:16:38 | 0:08:48 | 0:08:48 | 0:40:15 | 4:52:52 |
| 110 | 640 | 3 | Damien | Carley | Senior | M | 1:11:42 | 0:18:50 | 0:09:38 | 0:20:03 | 1:30:06 | 0:20:47 | 0:17:39 | 0:09:05 | 0:10:53 | 0:43:08 | 4:53:01 |
| 111 | 331 | 2 | Anthony | Canavan | Vet | M | 1:14:36 | 0:35:22 | 0:08:21 | 0:18:52 | 1:29:05 | 0:20:35 | 0:18:05 | | 0:23:48 | 0:39:42 | 4:53:04 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 112 | 911 | 3 | Noel | Walsh | Senior | M | 1:07:07 | 0:08:58 | 0:09:07 | 0:17:54 | 1:39:36 | 0:22:36 | 0:20:54 | 0:09:16 | 0:09:25 | 0:37:40 | 4:53:35 |
| 113 | 658 | 3 | Michael | Corbett | Senior | M | 1:12:21 | 0:04:20 | 0:10:34 | 0:19:08 | 1:30:44 | 0:21:43 | 0:20:19 | 0:09:31 | 0:08:18 | 0:41:23 | 4:54:01 |

Overall

| | | | | | | | | | | | | | | | | | |
|-----|--------|------|---------------|------------|--------|-----|---------|---------|---------|---------|---------|----------|---------|----------|---------|---------|---------|
| 114 | 556 | 3 | Eoghan | O'Neill | Vet | M | 1:07:36 | 0:09:42 | 0:09:37 | 0:17:47 | 1:38:16 | 0:18:59 | 0:18:58 | 0:10:53 | 0:09:53 | 0:42:13 | 4:54:12 |
| 115 | 421 | 2 | Gareth | Grew | Vet | M | 1:03:56 | 0:00:53 | 0:09:15 | 0:16:48 | 1:38:01 | 0:21:20 | 0:17:36 | 0:14:38 | 0:10:54 | 0:41:50 | 4:54:18 |
| 116 | 1342 | 5 | Aidan | Ryan | Vet | M | 1:08:28 | 0:06:59 | 0:09:07 | 0:18:53 | 1:38:21 | 0:20:31 | 0:16:53 | 0:09:32 | 0:09:33 | 0:43:05 | 4:54:23 |
| 117 | 996 | 4 | Michael | Fallon | Vet | M | 1:11:17 | 0:08:14 | 0:08:59 | 0:19:39 | 1:35:56 | 0:21:18 | 0:18:22 | 0:12:13 | 0:08:00 | 0:38:39 | 4:54:23 |
| 118 | 224 | 1 | John | O'Connell | Senior | M | 1:12:45 | 0:00:38 | 0:09:24 | 0:19:31 | 1:31:41 | 0:22:12 | 0:19:18 | 0:11:54 | 0:08:53 | 0:38:51 | 4:54:29 |
| 119 | 394 | 2 | Matt | Everett | Senior | M | 1:06:16 | 0:02:04 | 0:09:18 | 0:18:57 | 1:31:09 | 0:23:48 | 0:22:28 | 0:13:49 | 0:10:04 | 0:38:45 | 4:54:34 |
| 120 | 664 | 3 | Eoin | Cregg | Senior | M | 1:13:48 | 0:05:19 | 0:09:28 | 0:21:17 | 1:31:59 | 0:20:19 | 0:19:00 | 0:09:30 | 0:11:13 | 0:38:02 | 4:54:36 |
| 121 | 205 | 1 | Paula | Montwill | Vet | F | 1:12:21 | 0:00:52 | 0:09:10 | 0:19:21 | 1:34:52 | 0:20:13 | 0:17:58 | 0:10:01 | 0:07:56 | 0:43:46 | 4:55:38 |
| 122 | 885 | 4 | James | Sharkey | Senior | M | 1:10:43 | 0:06:11 | 0:09:18 | 0:18:33 | 1:32:47 | 0:20:42 | 0:21:42 | 0:15:04 | 0:08:36 | 0:38:14 | 4:55:39 |
| 123 | 196 | 1 | Peter | McLaughlin | Senior | M | 1:16:29 | 0:01:12 | 0:08:22 | 0:18:29 | 1:31:41 | 0:23:30 | 0:19:19 | 0:09:26 | 0:07:50 | 0:40:39 | 4:55:45 |
| 124 | 180 | 1 | Willie | Mc Sweeney | Vet | M | 1:19:13 | 0:01:20 | 0:08:57 | 0:20:19 | 1:32:31 | 0:20:24 | 0:17:26 | 0:10:09 | 0:08:39 | 0:38:31 | 4:56:09 |
| 125 | 31 | 1 | Michael | Carroll | Senior | M | 1:09:39 | | 0:10:22 | 0:18:02 | 1:40:20 | 0:21:49 | 0:20:42 | 0:09:43 | 0:06:44 | 0:39:01 | 4:56:22 |
| 126 | 1238 | 3 | Con | Farren | Vet | M | 1:12:21 | 0:04:24 | 0:09:06 | 0:18:47 | 1:32:15 | 0:18:56 | 0:20:28 | | 0:21:56 | 0:42:50 | 4:56:39 |
| 127 | 192 | 1 | Padraig | McHugh | Senior | M | 1:02:31 | | 0:10:37 | 0:16:50 | 1:36:04 | 0:21:10 | 0:33:21 | 0:11:01 | 0:08:17 | 0:37:39 | 4:57:30 |
| 128 | 596 | 2 | Ross | Thompson | Vet | M | 1:10:26 | 0:01:32 | 0:07:53 | 0:18:18 | 1:36:39 | 0:21:51 | 0:20:06 | 0:11:06 | 0:10:26 | 0:40:48 | 4:57:33 |
| 129 | 1061 | 4 | Derek | Kelly | Senior | M | 1:14:33 | 0:01:50 | 0:11:28 | 0:19:52 | 1:32:06 | 0:21:20 | 0:18:04 | 0:10:48 | 0:08:46 | 0:41:14 | 4:58:11 |
| 130 | 572 | 2 | John | Robinson | Vet | M | 1:10:34 | 0:11:05 | 0:09:09 | 0:18:15 | 1:36:20 | 0:20:48 | 0:19:42 | 0:10:46 | 0:08:32 | 0:44:08 | 4:58:14 |
| 131 | 1272 | 5 | Padraig | Lynch | Senior | M | 1:04:03 | 0:05:37 | 0:09:16 | 0:17:53 | 1:47:53 | 0:19:00 | 0:17:43 | 0:09:54 | 0:09:22 | 0:43:25 | 4:58:29 |
| 132 | 403 | 2 | Ciaran | Fitzgerald | Senior | M | 1:07:59 | 0:09:07 | 0:08:51 | 0:19:35 | 1:35:25 | 0:23:29 | 0:20:54 | 0:10:45 | 0:09:30 | 0:42:04 | 4:58:32 |
| 133 | 264 | 1 | Anna Katharin | Schwaiger | Senior | F | 1:05:37 | | 0:11:09 | 0:17:18 | 1:44:02 | 0:19:14 | 0:17:50 | 0:12:10 | 0:08:36 | 0:42:37 | 4:58:33 |
| 134 | 693 | 3 | Marc | Duggan | Senior | M | 1:07:17 | 0:04:33 | 0:08:20 | 0:19:05 | 1:35:16 | 0:23:48 | 0:20:13 | 0:12:20 | 0:11:06 | 0:41:17 | 4:58:42 |
| 135 | 90 | 1 | Joe | Fagan | Vet | M | 1:16:59 | 0:01:09 | 0:08:51 | 0:20:02 | 1:30:25 | 0:22:33 | 0:20:34 | 0:09:15 | 0:08:07 | 0:42:11 | 4:58:57 |
| 136 | 1026 | 4 | Ronan | Graham | Senior | M | 1:11:10 | 0:03:53 | 0:09:44 | 0:19:31 | 1:35:29 | 0:21:29 | 0:18:44 | 0:13:04 | 0:09:54 | 0:40:10 | 4:59:15 |
| 137 | 1151 | 4 | Keith | O'Neill | Senior | M | 1:09:39 | 0:04:17 | 0:09:56 | 0:17:59 | 1:42:04 | 0:21:08 | 0:18:29 | 0:11:47 | 0:08:36 | 0:39:59 | 4:59:37 |
| 138 | 314 | 2 | Niall | Black | Senior | M | 1:09:53 | 0:08:32 | 0:08:26 | 0:19:59 | 1:39:06 | 0:21:01 | 0:19:01 | 0:12:36 | 0:09:30 | 0:40:14 | 4:59:46 |
| 139 | 308 | 2 | Declan | Bagnall | Senior | M | 1:01:21 | 0:02:53 | 0:08:13 | 0:15:26 | 1:51:31 | 0:19:20 | 0:19:30 | 0:12:40 | 0:09:16 | 0:42:55 | 5:00:12 |
| 140 | 1212 | 3 | Mark | Breslin | Senior | M | 1:09:40 | 0:02:27 | 0:09:46 | 0:18:54 | 1:31:15 | 0:21:18 | 0:19:38 | 0:17:23 | 0:12:42 | 0:40:08 | 5:00:44 |
| 141 | 169 | 1 | Joe | Masterson | Senior | M | 1:06:25 | 0:02:03 | 0:08:30 | 0:16:54 | 1:33:32 | 0:21:14 | 0:21:02 | 0:13:45 | 0:10:38 | 0:49:10 | 5:01:10 |
| 142 | 398 | 2 | Caitriona | Farrell | Senior | F | 1:07:56 | 0:09:10 | 0:09:11 | 0:18:23 | 1:41:45 | 0:20:28 | 0:17:42 | 0:12:15 | 0:08:57 | 0:44:34 | 5:01:11 |
| 143 | 530 | 2 | Michael | Nolan | Vet | M | 1:08:29 | 0:06:24 | 0:09:53 | 0:18:27 | 1:39:32 | 0:20:11 | 0:18:50 | 0:13:35 | 0:09:48 | 0:43:00 | 5:01:45 |
| 144 | 451 | 2 | Damian | Landy | Senior | M | 1:12:10 | 0:06:04 | 0:09:04 | 0:20:08 | 1:39:56 | 0:21:01 | 0:17:42 | 0:11:03 | 0:09:34 | 0:41:09 | 5:01:47 |
| 145 | 857 | 3 | Eamonn | O'Sullivan | Vet | M | 1:07:30 | 0:06:22 | 0:08:30 | 0:19:36 | 1:37:12 | 0:22:27 | 0:20:15 | 0:15:06 | 0:10:03 | 0:41:09 | 5:01:48 |
| 146 | 474 | 2 | Noel | Mc Gourty | Vet | M | 1:18:53 | 0:08:21 | 0:09:15 | 0:21:03 | 1:38:37 | 0:20:03 | 0:16:49 | 0:08:09 | 0:09:17 | 0:39:48 | 5:01:54 |
| 147 | 313 | 2 | Martin | Baten | Vet | M | 1:10:02 | 0:12:52 | 0:08:53 | 0:18:18 | 1:40:37 | 0:22:36 | 0:21:07 | 0:11:18 | 0:10:16 | 0:38:58 | 5:02:05 |
| 148 | 1137 | 4 | Neville | O'Boyle | Senior | M | 1:07:17 | 0:00:57 | 0:11:12 | 0:17:12 | 1:38:35 | 0:22:43 | 0:20:09 | 0:13:22 | 0:10:45 | 0:40:53 | 5:02:08 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 149 | 401 | 3 | Eric | Field | Senior | M | 1:11:02 | 0:03:15 | 0:10:45 | 0:19:37 | 1:35:06 | 0:22:14 | 0:20:08 | 0:13:25 | 0:10:53 | 0:39:01 | 5:02:11 |
| 150 | 439 | 2 | Adrian | Kearns | Vet | M | 1:11:05 | 0:00:51 | 0:07:50 | 0:18:55 | 1:34:26 | 0:20:42 | 0:18:09 | 0:16:30 | 0:11:46 | 0:43:11 | 5:02:34 |
| 151 | 1149 | 4 | Padraic | O'Malley | Senior | M | 1:12:37 | 0:04:04 | 0:08:47 | 0:20:04 | 1:35:37 | 0:22:16 | 0:21:05 | 0:09:23 | 0:09:32 | 0:43:25 | 5:02:46 |

Overall

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|-----|--------|------|-------------|-------------|----------|-----|---------|---------|---------|---------|---------|----------|---------|----------|---------|---------|---------|
| 152 | 168 | 1 | Dean | Masterson | Senior | M | 1:07:33 | 0:00:22 | 0:09:06 | 0:17:02 | 1:33:23 | 0:21:21 | 0:21:00 | 0:13:47 | 0:10:31 | 0:49:08 | 5:02:51 |
| 153 | 689 | 3 | Conor | Dowling | Vet | M | 1:13:20 | 0:07:56 | 0:09:20 | 0:19:50 | 1:31:46 | 0:20:49 | 0:20:29 | 0:14:59 | 0:11:39 | 0:41:25 | 5:03:37 |
| 154 | 995 | 2 | Frank | Eivers | Vet | M | 1:13:50 | 0:04:34 | 0:08:18 | 0:18:57 | 1:36:32 | 0:21:44 | 0:19:47 | 0:12:52 | 0:09:22 | 0:42:55 | 5:04:17 |
| 155 | 23 | 1 | Andrew | Caldwell | Vet | M | 1:16:44 | 0:05:30 | 0:09:10 | 0:20:55 | 1:29:58 | 0:20:43 | 0:17:41 | 0:15:31 | 0:12:45 | 0:40:54 | 5:04:21 |
| 156 | 655 | 3 | James | Connolly | Senior | M | 1:13:47 | 0:01:14 | 0:09:36 | | 2:00:40 | 0:19:15 | 0:17:22 | 0:11:58 | 0:12:11 | 0:40:08 | 5:04:57 |
| 157 | 604 | 2 | Martin | Walmsley | Vet | M | 1:15:01 | 0:12:13 | 0:09:18 | 0:21:03 | 1:38:16 | 0:20:25 | 0:16:48 | 0:15:39 | 0:09:47 | 0:38:49 | 5:05:06 |
| 158 | 153 | 1 | Darren | Levins | Vet | M | 1:14:53 | 0:06:58 | 0:09:09 | 0:19:34 | 1:39:01 | 0:20:04 | 0:18:10 | 0:13:56 | 0:10:27 | 0:40:00 | 5:05:14 |
| 159 | 125 | 1 | Martin | Hughes | Senior | M | 1:14:49 | 0:06:57 | 0:09:24 | 0:19:24 | 1:38:59 | 0:20:19 | 0:18:12 | 0:14:25 | 0:10:15 | 0:39:29 | 5:05:16 |
| 160 | 72 | 1 | Ian | Donnagh | Vet | M | 1:14:54 | 0:06:51 | 0:09:19 | 0:19:32 | 1:39:02 | 0:20:02 | 0:18:15 | 0:14:37 | 0:10:16 | 0:39:27 | 5:05:24 |
| 161 | 27 | 1 | Martin | Carey | Senior | M | 1:10:49 | 0:03:24 | 0:09:13 | 0:18:47 | 1:30:19 | 0:20:39 | 0:19:30 | 0:18:42 | 0:11:45 | 0:45:44 | 5:05:28 |
| 162 | 1361 | 5 | Fergal | Walsh | Senior | M | 1:00:29 | 0:12:34 | 0:10:06 | 0:16:57 | 1:48:23 | 0:19:37 | 0:18:49 | 0:12:11 | 0:09:38 | 0:49:19 | 5:05:29 |
| 163 | 1248 | 4 | David | Gordon | Senior | M | 1:05:50 | 0:09:20 | 0:08:39 | 0:17:54 | 1:41:59 | 0:22:05 | 0:21:23 | 0:13:13 | 0:10:16 | 0:44:15 | 5:05:34 |
| 164 | 255 | 1 | Sheila | Regan | Vet | F | 1:11:34 | | 0:10:28 | 0:18:27 | 1:39:06 | 0:22:10 | 0:17:29 | 0:12:54 | 0:10:51 | 0:42:44 | 5:05:43 |
| 165 | 868 | 3 | Karl | Reid | Senior | M | 1:11:39 | 0:05:10 | 0:08:40 | 0:19:34 | 1:36:44 | 0:25:01 | 0:22:43 | 0:12:16 | 0:09:02 | 0:40:25 | 5:06:04 |
| 166 | 641 | 3 | Damian | Carroll | Senior | M | 1:24:09 | 0:05:12 | 0:10:23 | 0:21:41 | 1:31:09 | 0:19:22 | 0:17:08 | 0:12:31 | 0:09:56 | 0:40:13 | 5:06:32 |
| 167 | 360 | 2 | Raymond | Curran | Vet | M | 1:15:12 | 0:11:48 | 0:09:38 | 0:19:13 | 1:29:08 | 0:18:50 | 0:16:18 | 0:14:11 | 0:11:24 | 0:52:44 | 5:06:38 |
| 168 | 257 | 1 | Andrew | Reilly | Senior | M | 1:17:16 | 0:01:42 | 0:08:47 | 0:19:42 | 1:36:48 | 0:21:35 | 0:19:46 | 0:11:29 | 0:09:31 | 0:42:27 | 5:07:21 |
| 169 | 317 | 2 | Paraic | Boland | Vet | M | 1:14:41 | 0:05:35 | 0:09:51 | 0:19:00 | 1:36:31 | 0:21:33 | 0:19:46 | 0:11:41 | 0:09:09 | 0:45:10 | 5:07:22 |
| 170 | 1285 | 5 | Charles J | Mc Cauley | Vet | M | 1:19:17 | 0:01:03 | 0:10:37 | 0:19:48 | 1:33:54 | 0:21:50 | 0:17:39 | 0:14:11 | | 0:50:07 | 5:07:23 |
| 171 | 1156 | 4 | James | Picking | Senior | M | 1:16:38 | 0:03:26 | 0:09:16 | 0:20:26 | 1:33:07 | 0:21:07 | 0:18:35 | 0:13:58 | 0:10:07 | 0:44:22 | 5:07:36 |
| 172 | 1279 | 5 | Darra | MacNamara | Vet | M | 1:13:06 | 0:14:38 | 0:10:05 | 0:19:44 | 1:39:15 | 0:19:38 | 0:18:50 | 0:13:15 | 0:09:53 | 0:44:05 | 5:07:51 |
| 173 | 514 | 2 | Ivor | Monaghan | Vet | M | 1:16:52 | 0:02:22 | 0:09:43 | 0:19:39 | 1:36:41 | 0:21:21 | 0:19:19 | 0:12:02 | 0:10:06 | 0:42:10 | 5:07:53 |
| 174 | 965 | 4 | Alan | Conroy | Vet | M | 1:14:27 | 0:03:18 | 0:08:56 | 0:20:59 | 1:38:50 | 0:24:16 | 0:22:49 | 0:10:02 | 0:07:43 | 0:40:13 | 5:08:15 |
| 175 | 1321 | 5 | Andy | O' Sullivan | Senior | M | 1:14:59 | 0:02:05 | 0:09:16 | 0:20:42 | 1:40:58 | 0:18:46 | 0:19:37 | 0:13:06 | 0:10:23 | 0:40:31 | 5:08:18 |
| 176 | 526 | 2 | Graham | Nairn | Vet | M | 1:14:25 | 0:07:45 | 0:09:08 | 0:19:27 | 1:37:40 | 0:22:03 | 0:20:25 | 0:09:59 | 0:08:49 | 0:46:34 | 5:08:30 |
| 177 | 115 | 1 | P.J | Hall | SuperVet | M | 1:15:45 | | 0:09:43 | 0:20:32 | 1:39:20 | 0:20:21 | 0:19:13 | 0:10:07 | 0:09:49 | 0:44:27 | 5:09:17 |
| 178 | 306 | 2 | Christopher | Avison | Senior | M | 1:13:25 | 0:02:48 | 0:08:55 | 0:21:45 | 1:35:39 | 0:20:04 | 0:18:13 | 0:13:16 | 0:12:17 | 0:45:44 | 5:09:18 |
| 179 | 1305 | 5 | Oisin Moran | Moran | Senior | M | 1:19:12 | 0:00:38 | 0:10:31 | 0:20:22 | 1:31:23 | 0:22:08 | 0:20:26 | 0:13:33 | 0:09:45 | 0:41:58 | 5:09:18 |
| 180 | 83 | 1 | Cormac | Dunne | Senior | M | 1:10:06 | 0:01:07 | 0:09:42 | 0:18:49 | 1:44:53 | 0:20:36 | 0:20:00 | 0:11:31 | 0:10:15 | 0:43:37 | 5:09:29 |
| 181 | 632 | 3 | Declan | Broderick | Senior | M | 1:19:27 | 0:01:48 | 0:08:46 | 0:21:20 | 1:33:26 | 0:22:19 | 0:22:59 | 0:12:02 | 0:09:32 | 0:40:04 | 5:09:55 |
| 182 | 1346 | 5 | Roy | Sheridan | Senior | M | 1:19:09 | 0:01:39 | 0:09:03 | 0:19:50 | 1:36:44 | 0:20:40 | 0:19:17 | 0:11:39 | 0:09:23 | 0:44:23 | 5:10:08 |
| 183 | 1030 | 4 | Kevin | Hanley | Vet | M | 1:17:29 | 0:08:01 | 0:10:50 | 0:21:54 | 1:29:07 | 0:23:41 | 0:19:31 | 0:16:54 | 0:12:51 | 0:37:59 | 5:10:16 |
| 184 | 616 | 3 | Ed | Andrews | Senior | M | 1:15:55 | 0:00:56 | 0:08:53 | 0:20:06 | 1:39:32 | 0:20:09 | 0:20:27 | 0:12:50 | 0:11:16 | 0:41:13 | 5:10:21 |
| 185 | 347 | 2 | Gearoid | Cleary | Senior | M | 1:11:53 | 0:06:22 | 0:09:06 | 0:20:05 | 1:40:14 | 0:20:46 | 0:17:43 | 0:11:23 | 0:13:58 | 0:45:41 | 5:10:49 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 186 | 73 | 1 | Shane | Donnellan | Senior | M | 1:22:41 | 0:01:23 | 0:09:25 | 0:19:44 | 1:34:54 | 0:20:41 | 0:19:53 | 0:13:03 | 0:09:16 | 0:41:16 | 5:10:53 |
| 187 | 518 | 2 | Michael | Moroney | Vet | M | 1:14:34 | 0:06:44 | 0:09:50 | 0:18:50 | 1:37:08 | 0:24:47 | 0:22:15 | 0:12:09 | 0:10:02 | 0:41:47 | 5:11:22 |
| 188 | 1160 | 4 | Thomas | Roche | Senior | M | 1:08:09 | 0:02:45 | 0:08:35 | 0:18:06 | 1:46:41 | 0:22:34 | 0:22:52 | 0:09:36 | 0:10:20 | 0:44:35 | 5:11:28 |
| 189 | 288 | 1 | Derek | Tuite | SuperVet | M | 1:12:37 | 0:00:39 | 0:09:59 | 0:18:55 | 1:34:58 | 0:23:15 | 0:20:49 | 0:14:57 | 0:10:37 | 0:45:37 | 5:11:44 |

Overall

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|-----|--------|------|-----------|-------------|----------|-----|---------|---------|---------|---------|---------|----------|---------|----------|---------|---------|---------|
| 190 | 393 | 2 | Stephen | Enright | Senior | M | 1:10:31 | 0:02:55 | 0:10:06 | 0:19:29 | 1:36:53 | 0:23:09 | 0:22:09 | 0:25:10 | 0:44:21 | 5:11:48 | |
| 191 | 783 | 3 | Eoin | Lambe | Senior | M | 1:17:24 | 0:03:12 | 0:10:03 | 0:18:47 | 1:34:34 | 0:22:23 | 0:21:29 | 0:14:58 | 0:10:08 | 0:42:05 | 5:11:51 |
| 192 | 182 | 1 | Stephen | McCabe | Senior | M | 1:13:10 | 0:04:11 | 0:09:53 | 0:18:48 | 1:33:36 | 0:24:47 | 0:21:20 | 0:16:25 | 0:10:26 | 0:43:49 | 5:12:14 |
| 193 | 280 | 1 | Jake | Thomas | Senior | M | 1:17:31 | 0:03:05 | 0:08:46 | 0:20:21 | 1:32:10 | 0:24:47 | 0:24:51 | 0:13:18 | 0:10:30 | 0:40:14 | 5:12:28 |
| 194 | 1038 | 3 | Seán | Higgins | Vet | M | 1:12:14 | 0:02:13 | 0:10:27 | 0:19:29 | 1:42:40 | 0:21:51 | 0:20:21 | 0:11:41 | 0:10:05 | 0:43:43 | 5:12:31 |
| 195 | 1202 | 4 | Richard | Wilton | Vet | M | 1:13:55 | 0:01:47 | 0:09:59 | 0:19:35 | 1:37:01 | 0:22:51 | 0:22:20 | 0:17:00 | 0:10:53 | 0:39:02 | 5:12:36 |
| 196 | 87 | 1 | Bob | Fagan | Vet | M | 1:18:21 | 0:03:03 | 0:08:37 | 0:19:45 | 1:45:15 | 0:19:10 | 0:17:26 | 0:10:36 | 0:09:50 | 0:44:24 | 5:13:24 |
| 197 | 109 | 1 | John | Graham | Senior | M | 1:13:46 | 0:06:09 | 0:09:45 | 0:18:49 | 1:40:25 | 0:18:46 | 0:17:20 | 0:17:56 | 0:10:24 | 0:46:18 | 5:13:29 |
| 198 | 84 | 1 | Mairead | Durkan | Vet | F | 1:13:06 | 0:04:24 | 0:08:51 | 0:20:55 | 1:44:22 | 0:21:11 | 0:19:25 | 0:12:02 | 0:08:36 | 0:45:02 | 5:13:30 |
| 199 | 1219 | 5 | John | Condren | Senior | M | 1:09:31 | 0:03:15 | 0:09:37 | 0:19:34 | 1:41:15 | 0:24:00 | 0:23:21 | 0:15:25 | 0:10:50 | 0:40:11 | 5:13:44 |
| 200 | 172 | 1 | Emer | Mc Grath | Senior | F | 1:13:39 | 0:23:26 | 0:09:54 | 0:20:42 | 1:53:16 | 0:18:12 | 0:15:29 | 0:10:01 | 0:08:44 | 0:43:56 | 5:13:53 |
| 201 | 1128 | 4 | John | O' Donnell | Senior | M | 1:10:19 | 0:17:09 | 0:09:54 | 0:20:06 | 1:37:45 | 0:20:36 | 0:19:40 | 0:13:13 | 0:11:32 | 0:50:51 | 5:13:56 |
| 202 | 1163 | 4 | Robert | Ruttledge | Senior | M | 1:16:29 | 0:04:30 | 0:09:41 | 0:21:21 | 1:36:37 | 0:18:44 | 0:17:28 | 0:18:19 | 0:12:29 | 0:43:29 | 5:14:37 |
| 203 | 262 | 1 | Karl | Ryan | Senior | M | 1:04:38 | 0:00:09 | 0:09:35 | 0:17:30 | 1:45:56 | 0:25:23 | 0:22:10 | 0:16:44 | 0:09:39 | 0:43:09 | 5:14:44 |
| 204 | 412 | 2 | Martin | Geraghty | Senior | M | 1:14:19 | 0:08:33 | 0:08:58 | 0:20:46 | 1:38:14 | 0:22:41 | 0:18:58 | 0:14:02 | 0:12:39 | 0:44:15 | 5:14:52 |
| 205 | 240 | 1 | Cormac | O'Sullivan | Senior | M | 1:18:28 | 0:02:51 | 0:08:48 | 0:19:46 | 1:39:47 | 0:22:08 | 0:20:52 | 0:11:21 | 0:09:27 | 0:44:17 | 5:14:54 |
| 206 | 1218 | 5 | Barry | Collins | Vet | M | 1:15:39 | 0:00:49 | 0:08:36 | 0:21:13 | 1:37:17 | 0:23:49 | 0:22:53 | 0:10:58 | 0:10:46 | 0:43:48 | 5:14:59 |
| 207 | 544 | 2 | Michael | O'Donoghue | Senior | M | 1:09:56 | 0:01:09 | 0:10:19 | 0:17:52 | 1:48:54 | 0:20:23 | 0:17:40 | 0:11:03 | 0:12:36 | 0:46:47 | 5:15:30 |
| 208 | 1176 | 4 | Alex | Smith | Vet | M | 1:07:34 | 0:17:56 | 0:10:47 | 0:18:28 | 1:42:23 | 0:23:39 | 0:23:01 | 0:14:42 | 0:10:39 | 0:44:25 | 5:15:38 |
| 209 | 146 | 1 | Joe | Laffan | Senior | M | 1:07:58 | | 0:09:15 | 0:17:49 | 2:00:45 | 0:20:55 | 0:19:14 | 0:10:47 | 0:08:18 | 0:40:39 | 5:15:40 |
| 210 | 201 | 1 | Peter | Millen | SuperVet | M | 1:19:34 | 0:01:16 | 0:08:36 | 0:20:59 | 1:34:16 | 0:22:54 | 0:21:11 | 0:12:57 | 0:12:07 | 0:43:06 | 5:15:40 |
| 211 | 473 | 2 | Laurik | Mathieu | Senior | M | 1:15:33 | 0:01:16 | 0:09:31 | 0:19:56 | 1:40:16 | 0:23:58 | 0:19:42 | 0:12:31 | 0:12:50 | 0:41:27 | 5:15:44 |
| 212 | 746 | 3 | David | Hegarty | Senior | M | 1:06:34 | 0:01:46 | 0:11:47 | 0:16:58 | 1:45:30 | 0:23:37 | 0:21:41 | 0:13:50 | 0:13:59 | 0:42:06 | 5:16:02 |
| 213 | 319 | 2 | Craig | Bolton | Vet | M | 1:11:47 | 0:10:29 | 0:08:44 | 0:20:51 | 1:38:17 | 0:20:49 | 0:20:47 | 0:19:39 | 0:12:34 | 0:42:46 | 5:16:14 |
| 214 | 912 | 3 | John | Walsh | Vet | M | 1:11:56 | 0:06:29 | 0:10:04 | 0:18:46 | 1:41:58 | 0:22:02 | 0:20:51 | 0:15:03 | 0:11:38 | 0:44:07 | 5:16:25 |
| 215 | 956 | 4 | Paul | Clarke | Senior | M | 1:06:38 | 0:04:58 | 0:09:48 | 0:18:01 | 1:42:33 | 0:20:16 | 0:19:45 | 0:17:23 | 0:12:20 | 0:49:43 | 5:16:27 |
| 216 | 382 | 2 | Paul | Duffy | Senior | M | 1:13:08 | 0:02:33 | 0:08:45 | 0:21:15 | 1:39:54 | 0:26:55 | 0:21:51 | 0:11:07 | 0:10:47 | 0:42:51 | 5:16:33 |
| 217 | 311 | 2 | Robert | Barnes | Senior | M | 1:12:11 | 0:09:37 | 0:09:41 | 0:19:15 | 1:40:01 | 0:22:37 | 0:19:15 | 0:17:16 | 0:11:46 | 0:44:43 | 5:16:45 |
| 218 | 872 | 3 | Jamie | Roche | Senior | M | 1:17:48 | 0:03:52 | 0:09:21 | 0:21:06 | 1:39:31 | 0:20:11 | 0:19:02 | 0:18:28 | 0:10:54 | 0:40:27 | 5:16:48 |
| 219 | 1006 | 1 | Fergal | Fitzpatrick | Senior | M | 1:16:25 | 0:00:39 | 0:09:23 | 0:20:04 | 1:39:59 | 0:21:21 | 0:19:23 | 0:14:26 | 0:10:51 | 0:44:57 | 5:16:49 |
| 220 | 1125 | 4 | Stephen | Naughton | Senior | M | 1:04:40 | 0:07:53 | 0:10:35 | 0:17:27 | 1:44:22 | 0:26:24 | 0:24:00 | 0:14:54 | 0:10:10 | 0:44:48 | 5:17:20 |
| 221 | 415 | 2 | Dermot | Gill | Vet | M | 1:09:37 | 0:07:22 | 0:09:49 | 0:19:18 | 1:41:11 | 0:26:55 | 0:23:11 | 0:14:24 | 0:09:57 | 0:42:59 | 5:17:21 |
| 222 | 346 | 2 | Evan | Cleary | Senior | M | 1:14:22 | 0:08:11 | 0:09:20 | 0:20:16 | 1:36:07 | 0:24:17 | 0:24:56 | 0:16:10 | 0:10:51 | 0:41:07 | 5:17:26 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 223 | 378 | 2 | Mark | Downey | Senior | M | 1:13:44 | 0:03:06 | 0:09:50 | 0:19:37 | 1:41:28 | 0:21:40 | 0:20:07 | 0:15:05 | 0:12:45 | 0:43:36 | 5:17:52 |
| 224 | 1303 | 5 | Dwain | Moore | Vet | M | 1:09:34 | 0:03:13 | 0:09:39 | 0:20:38 | 1:38:38 | 0:22:53 | 0:19:51 | 0:18:02 | 0:14:24 | 0:44:13 | 5:17:52 |
| 225 | 791 | 3 | John | Lyons | Senior | M | 1:18:19 | 0:06:05 | 0:11:13 | 0:20:03 | 1:40:55 | 0:22:57 | 0:19:55 | 0:13:29 | 0:10:25 | 0:40:43 | 5:17:59 |
| 226 | 299 | 1 | Elizabeth | Wheeler | Senior | F | 1:08:18 | | 0:10:20 | 0:18:43 | 1:35:14 | 0:23:00 | 0:28:30 | 0:12:43 | 0:14:07 | 0:47:07 | 5:18:02 |
| 227 | 96 | 1 | Oliver | Flaherty | Senior | M | 1:18:36 | 0:01:08 | 0:08:30 | 0:20:41 | 1:39:10 | 0:22:57 | 0:21:52 | 0:13:41 | 0:09:45 | 0:42:52 | 5:18:04 |

Overall

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|------------|---------------|-------------|---------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|---------------|
| 228 | 86 | 1 | Padraig | Egan | Senior | M | 1:18:31 | 0:00:44 | 0:08:55 | 0:20:45 | 1:43:34 | 0:19:30 | 0:17:57 | 0:14:17 | 0:10:44 | 0:43:56 | 5:18:09 |
| 229 | 1043 | 4 | Jason | Hogan | Senior | M | | 1:36:24 | 0:11:01 | 0:23:33 | 2:25:22 | 0:24:39 | 0:11:28 | 0:38:52 | 0:09:44 | 0:53:43 | 5:18:22 |
| 230 | 1059 | 4 | Brian | Kelleher | Senior | M | 1:14:24 | 0:03:19 | 0:09:01 | 0:21:01 | 1:40:19 | 0:24:03 | 0:22:25 | 0:14:00 | 0:09:55 | 0:43:30 | 5:18:38 |
| 231 | 1090 | 4 | Charley | McDermott | Vet | M | 1:10:24 | 0:05:20 | 0:10:02 | 0:19:34 | 1:45:59 | 0:22:52 | 0:23:40 | 0:09:43 | 0:09:53 | 0:46:38 | 5:18:45 |
| 232 | 435 | 2 | John | Jennings | SuperVet | M | 1:19:09 | 0:04:15 | 0:09:07 | 0:21:14 | 1:36:34 | 0:22:30 | 0:19:53 | 0:10:39 | 0:10:08 | 0:49:48 | 5:19:02 |
| 233 | 289 | 1 | John | Vaughan | Vet | M | 1:15:19 | 0:01:10 | 0:10:33 | 0:20:04 | 1:44:04 | 0:22:47 | 0:21:16 | 0:13:08 | 0:10:06 | 0:41:52 | 5:19:09 |
| 234 | 232 | 1 | Joe | O'Malley | Vet | M | 1:17:10 | 0:05:52 | 0:09:45 | 0:21:18 | 1:46:16 | 0:21:34 | 0:18:48 | 0:12:31 | 0:10:10 | 0:41:50 | 5:19:22 |
| 235 | 475 | 2 | Paul | Mc Guinness | Senior | M | 1:06:14 | 0:09:25 | 0:08:50 | 0:19:06 | 1:39:16 | 0:23:16 | 0:23:41 | 0:21:05 | 0:13:34 | 0:44:24 | 5:19:26 |
| 236 | 932 | 4 | Neil | Brewster | Vet | M | 1:11:20 | 0:08:11 | 0:08:56 | 0:20:00 | 1:39:04 | 0:26:16 | 0:23:13 | 0:12:15 | 0:13:05 | 0:45:21 | 5:19:39 |
| 237 | 963 | 4 | John | Comey | Vet | M | 1:04:23 | 0:05:32 | 0:09:15 | 0:19:05 | 1:52:00 | 0:21:50 | 0:22:13 | 0:20:33 | 0:09:28 | 0:40:56 | 5:19:43 |
| 238 | 127 | 1 | Bryan | Hyland | Senior | M | 1:17:06 | | 0:10:25 | 0:19:43 | 1:37:57 | 0:26:45 | 0:23:58 | 0:11:13 | 0:11:49 | 0:41:02 | 5:19:58 |
| 239 | 568 | 2 | Tara | Reale | Senior | F | 1:13:24 | 0:06:49 | 0:09:22 | 0:19:01 | 1:49:06 | 0:23:22 | 0:18:22 | 0:12:04 | 0:09:18 | 0:46:02 | 5:20:01 |
| 240 | 830 | 3 | Alan | Newman | Vet | M | 1:20:19 | 0:10:52 | 0:12:46 | 0:21:31 | 1:37:55 | 0:23:16 | 0:19:47 | 0:13:02 | 0:10:34 | 0:40:55 | 5:20:05 |
| 241 | 35 | 1 | Sandra | Caulfield | Senior | F | 1:14:58 | 0:00:45 | 0:10:10 | 0:20:06 | 1:42:03 | 0:22:27 | 0:19:59 | 0:13:42 | 0:09:12 | 0:47:46 | 5:20:23 |
| 242 | 1004 | 4 | Stephen | Finn | Senior | M | 0:53:01 | 0:02:59 | 0:10:11 | 0:21:42 | 1:41:40 | 0:24:38 | 0:23:47 | 0:18:47 | 0:13:50 | 0:52:49 | 5:20:25 |
| 243 | 975 | 4 | Brendan | Daly | Vet | M | 1:14:37 | 0:07:46 | 0:09:18 | 0:23:31 | 1:36:40 | 0:24:18 | 0:26:01 | 0:11:34 | 0:11:40 | 0:42:46 | 5:20:25 |
| 244 | 983 | 4 | Seamus | Donohoe | Vet | M | 1:11:03 | 0:14:23 | 0:09:52 | 0:18:54 | 1:38:22 | 0:21:40 | 0:20:28 | 0:18:15 | 0:19:05 | 0:43:01 | 5:20:40 |
| 245 | 1177 | 4 | Ziemowit Jimn | Sobieraj | Senior | M | 1:17:18 | 0:01:45 | 0:10:15 | 0:23:46 | 1:34:20 | 0:20:20 | 0:17:09 | 0:15:56 | 0:11:59 | 0:48:43 | 5:20:46 |
| 246 | 12 | 1 | Tina | Brady | Vet | F | 1:18:56 | 0:00:58 | 0:09:39 | 0:20:36 | 1:41:38 | 0:22:07 | 0:21:23 | 0:13:22 | 0:09:51 | 0:43:32 | 5:21:04 |
| 247 | 373 | 2 | Enda | Dolan | Senior | M | 1:12:57 | 0:02:36 | 0:09:04 | 0:19:15 | 1:42:11 | 0:22:26 | 0:21:24 | 0:11:26 | 0:11:11 | 0:51:17 | 5:21:11 |
| 248 | 873 | 3 | Raymond | Rogers | Senior | M | 1:14:00 | 0:07:29 | 0:09:46 | 0:19:46 | 1:42:02 | 0:23:41 | 0:20:59 | 0:15:37 | 0:08:51 | 0:46:37 | 5:21:19 |
| 249 | 342 | 2 | Colin | Clancy | Senior | M | 1:10:15 | 0:07:02 | 0:10:07 | 0:19:58 | 1:43:58 | 0:25:41 | 0:22:12 | 0:15:06 | 0:09:48 | 0:44:24 | 5:21:29 |
| 250 | 770 | 3 | Trevor | Kelly | Senior | M | 1:13:58 | 0:10:28 | 0:11:16 | 0:19:45 | 1:34:26 | 0:22:31 | 0:20:48 | 0:18:43 | 0:12:21 | 0:47:59 | 5:21:47 |
| 251 | 322 | 3 | Gary | Brennan | Senior | M | 1:13:37 | 0:15:13 | 0:10:20 | 0:19:40 | 1:41:51 | 0:24:08 | 0:21:39 | 0:13:41 | 0:10:15 | 0:46:36 | 5:21:47 |
| 252 | 438 | 2 | Declan | Kearns | Senior | M | 1:13:02 | 0:02:33 | 0:08:56 | 0:19:21 | 1:51:26 | 0:20:43 | 0:18:31 | 0:17:03 | 0:10:37 | 0:42:10 | 5:21:49 |
| 253 | 1050 | 4 | David | Johnston | Vet | M | 1:20:09 | 0:02:52 | 0:09:39 | 0:19:20 | 1:39:25 | 0:24:28 | 0:22:15 | 0:14:54 | 0:09:32 | 0:42:27 | 5:22:09 |
| 254 | 679 | 3 | Jer | Delaney | SuperVet | M | 1:17:03 | 0:17:15 | 0:09:50 | 0:21:11 | 1:39:18 | 0:24:28 | 0:21:21 | 0:17:23 | 0:09:53 | 0:42:12 | 5:22:39 |
| 255 | 755 | 3 | Phil | Jefferies | Senior | M | 1:10:27 | 0:01:12 | 0:10:30 | 0:18:52 | 1:45:15 | 0:22:53 | 0:23:59 | 0:12:44 | 0:10:34 | 0:47:29 | 5:22:43 |
| 256 | 465 | 2 | Darragh | Madden | Senior | M | 1:17:13 | 0:16:14 | 0:10:01 | 0:23:26 | 1:43:30 | 0:24:04 | 0:20:24 | 0:13:11 | 0:10:50 | 0:40:14 | 5:22:53 |
| 257 | 634 | 3 | Conor | Buckley | Vet | M | 1:18:53 | 0:05:41 | 0:10:22 | 0:20:54 | 1:38:13 | 0:22:56 | 0:21:38 | 0:15:05 | 0:10:38 | 0:44:22 | 5:23:01 |
| 258 | 1244 | 5 | Dara | Geary | Senior | M | 1:20:42 | 0:01:18 | 0:09:16 | 0:22:32 | 1:33:48 | 0:24:34 | 0:23:28 | 0:15:26 | 0:11:44 | 0:41:39 | 5:23:09 |
| 259 | 411 | 2 | Brian | Gaynor | Vet | M | 1:18:39 | 0:08:19 | 0:09:28 | 0:19:50 | 1:44:17 | 0:19:32 | 0:17:59 | 0:16:24 | 0:10:08 | 0:47:01 | 5:23:18 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 260 | 728 | 3 | Kevin | Gillen | Senior | M | 1:14:33 | 0:18:07 | 0:10:02 | 0:21:48 | 1:43:22 | 0:23:38 | 0:20:19 | 0:12:38 | 0:12:18 | 0:44:43 | 5:23:21 |
| 261 | 482 | 2 | Robert | McCafferty | Vet | M | 1:14:42 | 0:06:34 | 0:09:54 | 0:19:02 | 1:43:55 | 0:25:03 | 0:22:58 | 0:12:47 | 0:09:08 | 0:46:24 | 5:23:53 |
| 262 | 285 | 1 | Finbar | Toomey | Vet | M | 1:13:02 | 0:00:18 | 0:09:50 | 0:18:15 | 1:42:00 | 0:20:25 | 0:20:44 | 0:16:29 | 0:11:18 | 0:51:56 | 5:23:59 |
| 263 | 338 | 2 | Avril | Challoner | Senior | F | 1:15:07 | 0:07:30 | 0:09:42 | 0:20:52 | 1:50:40 | 0:25:22 | 0:21:50 | 0:10:25 | 0:08:00 | 0:42:21 | 5:24:19 |
| 264 | 767 | 3 | Clara | Kelly | Senior | F | 1:28:50 | 0:01:30 | 0:10:19 | 0:21:48 | 1:42:12 | 0:21:29 | 0:19:52 | 0:10:05 | 0:09:34 | 0:40:10 | 5:24:19 |
| 265 | 137 | 1 | Maurice | Keller | Senior | M | 1:12:06 | | 0:10:36 | 0:18:06 | 1:41:47 | 0:20:57 | 0:18:55 | 0:16:26 | 0:11:45 | 0:53:42 | 5:24:20 |

Overall

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|------------|---------------|-------------|-------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|---------------|
| 266 | 75 | 1 | Fidelma | Donohoe | Vet | F | 1:20:54 | 0:08:48 | 0:10:26 | 0:20:41 | 1:47:32 | 0:22:12 | 0:17:44 | 0:12:29 | 0:10:01 | 0:42:22 | 5:24:21 |
| 267 | 91 | 1 | Michael | Farrell | Senior | M | 1:12:09 | | 0:10:41 | 0:17:57 | 1:43:37 | 0:19:04 | 0:19:01 | 0:16:25 | 0:11:51 | 0:53:38 | 5:24:23 |
| 268 | 202 | 1 | Enda | Molloy | Senior | M | 1:12:17 | 0:02:09 | 0:09:05 | 0:20:59 | 1:38:31 | 0:24:53 | 0:24:04 | 0:17:57 | 0:16:26 | 0:40:14 | 5:24:26 |
| 269 | 994 | 2 | Jay | Egan | Senior | M | 1:25:02 | 0:16:49 | 0:09:53 | 0:20:33 | 1:39:35 | 0:22:10 | 0:19:28 | | 0:27:32 | 0:40:15 | 5:24:28 |
| 270 | 1193 | 5 | Niall | Tuffy | Senior | M | 1:10:19 | 0:04:54 | 0:09:28 | 0:17:44 | 1:49:05 | 0:23:45 | 0:19:49 | 0:11:53 | 0:10:47 | 0:51:40 | 5:24:30 |
| 271 | 603 | 2 | Dan | Wallace | Senior | M | 1:21:17 | 0:07:24 | 0:09:47 | 0:22:41 | 1:37:35 | 0:23:52 | 0:20:39 | 0:14:15 | 0:11:34 | 0:43:00 | 5:24:40 |
| 272 | 287 | 1 | Luke | Treanor | Senior | M | 1:15:11 | 0:01:23 | 0:09:10 | 0:20:36 | 1:39:25 | 0:22:38 | 0:20:05 | 0:18:26 | 0:14:43 | 0:44:31 | 5:24:45 |
| 273 | 1267 | 5 | Tojo | Lazzari | Senior | M | 1:18:28 | 0:01:43 | 0:11:19 | 0:21:55 | 1:40:44 | 0:20:05 | 0:18:34 | 0:15:39 | 0:09:42 | 0:48:26 | 5:24:52 |
| 274 | 894 | 3 | Fintan | Stanley | Vet | M | 1:22:26 | 0:02:58 | 0:09:27 | 0:23:32 | 1:34:34 | | 0:48:50 | 0:14:57 | 0:10:33 | 0:40:59 | 5:25:18 |
| 275 | 34 | 1 | Karl | Casey | Senior | M | 1:16:00 | 0:00:37 | 0:10:02 | 0:19:37 | 1:38:58 | 0:22:26 | 0:27:24 | 0:19:58 | 0:10:20 | 0:40:46 | 5:25:31 |
| 276 | 1009 | 4 | Donal | Flood | Senior | M | 1:19:11 | 0:02:27 | 0:10:43 | 0:24:06 | 1:48:23 | 0:22:20 | 0:17:57 | 0:11:45 | 0:07:30 | 0:43:44 | 5:25:39 |
| 277 | 174 | 1 | Gary | Mc Hugh | Vet | M | 1:08:05 | | 0:07:50 | 0:18:43 | 1:38:31 | 0:23:50 | 0:25:16 | 0:13:49 | 0:22:11 | 0:47:33 | 5:25:48 |
| 278 | 517 | 2 | Barry | Morgan | Senior | M | 1:16:42 | 0:04:27 | 0:08:53 | 0:21:01 | 1:41:37 | 0:22:09 | 0:22:43 | 0:15:32 | 0:11:29 | 0:45:49 | 5:25:55 |
| 279 | 390 | 2 | Peter | Dunphy | Senior | M | 1:12:14 | 0:10:04 | 0:08:27 | 0:22:34 | 1:42:02 | 0:25:55 | 0:23:44 | 0:17:01 | 0:11:01 | 0:43:06 | 5:26:04 |
| 280 | 478 | 2 | Anthony | Mc Laughlin | Vet | M | 1:25:28 | 0:02:54 | 0:10:21 | 0:22:08 | 1:46:12 | 0:19:06 | 0:17:24 | 0:13:38 | 0:11:14 | 0:40:43 | 5:26:14 |
| 281 | 900 | 3 | Declan | Taaffe | Vet | M | 1:19:42 | 0:02:04 | 0:09:25 | 0:21:37 | 1:38:15 | 0:24:00 | 0:24:15 | 0:12:03 | 0:10:53 | 0:46:04 | 5:26:14 |
| 282 | 1099 | 3 | Gregory | McGovern | Senior | M | 1:11:56 | 0:02:18 | 0:10:38 | 0:19:53 | 1:47:22 | 0:20:35 | 0:17:17 | 0:14:20 | 0:13:23 | 0:51:13 | 5:26:37 |
| 283 | 778 | 3 | Joseph | Killeen | Senior | M | 1:13:57 | 0:18:43 | 0:09:57 | 0:21:56 | 1:45:43 | 0:21:40 | 0:21:46 | 0:14:11 | 0:12:05 | 0:45:22 | 5:26:37 |
| 284 | 418 | 2 | Philip | Gillivan | SuperVet | M | 1:14:56 | 0:01:16 | 0:08:49 | 0:20:30 | 1:53:03 | 0:21:26 | 0:19:56 | 0:11:24 | 0:09:43 | 0:47:28 | 5:27:15 |
| 285 | 270 | 1 | Chris | Smith | Senior | M | 1:20:47 | 0:05:51 | 0:10:41 | 0:21:16 | 1:46:23 | 0:21:10 | 0:18:35 | 0:13:45 | 0:12:22 | 0:42:20 | 5:27:19 |
| 286 | 1036 | 4 | Darren | Heneghan | Senior | M | 1:19:06 | 0:05:23 | 0:10:18 | 0:20:44 | 1:41:04 | 0:23:11 | 0:20:41 | 0:20:30 | 0:09:48 | 0:41:58 | 5:27:20 |
| 287 | 692 | 3 | John | Driver | Senior | M | 1:17:37 | 0:04:01 | 0:09:25 | 0:20:26 | 1:39:57 | 0:24:39 | 0:23:57 | 0:15:37 | 0:11:40 | 0:44:13 | 5:27:31 |
| 288 | 1048 | 4 | Malcolm | Jackson | Vet | M | 1:20:50 | 0:02:12 | 0:09:40 | 0:23:08 | 1:35:42 | 0:23:29 | 0:19:11 | 0:18:54 | 0:13:44 | 0:42:54 | 5:27:32 |
| 289 | 955 | 4 | Keith | Clancy | Senior | M | 1:11:08 | 0:07:03 | 0:11:16 | 0:22:03 | 1:50:10 | 0:23:33 | 0:22:58 | 0:15:38 | 0:10:11 | 0:40:53 | 5:27:50 |
| 290 | 525 | 2 | Chris | Murray | Vet | M | 1:16:47 | 0:00:37 | 0:09:42 | 0:20:38 | 1:45:50 | | 0:53:41 | | 0:20:32 | 0:40:53 | 5:28:03 |
| 291 | 312 | 2 | Garrett | Barry | Senior | M | 1:16:45 | 0:08:10 | 0:09:42 | 0:20:25 | 1:40:25 | 0:24:23 | 0:22:43 | 0:16:40 | 0:12:57 | 0:44:12 | 5:28:12 |
| 292 | 234 | 1 | Darran | O Neill | Senior | M | 1:16:12 | | 0:09:38 | 0:21:59 | 1:37:21 | 0:27:10 | 0:23:32 | 0:14:57 | 0:13:39 | 0:43:44 | 5:28:12 |
| 293 | 440 | 2 | Joe | Keena | Senior | F | 1:11:41 | 0:02:03 | 0:10:39 | 0:18:52 | 1:44:34 | 0:24:56 | 0:22:10 | 0:17:25 | 0:11:41 | 0:46:31 | 5:28:29 |
| 294 | 238 | 1 | Michael | O'Shea | Senior | M | 1:17:28 | 0:00:55 | 0:09:02 | 0:22:52 | 1:36:38 | 0:26:01 | 0:25:22 | 0:11:40 | 0:10:59 | 0:48:38 | 5:28:40 |
| 295 | 1206 | 4 | Mark | Armstrong | Vet | M | 1:18:50 | 0:14:38 | 0:11:03 | 0:21:12 | 1:39:25 | 0:24:39 | 0:21:32 | 0:16:13 | 0:13:24 | 0:42:15 | 5:28:41 |
| 296 | 1181 | 4 | Ger | Stephenson | Senior | M | 1:20:48 | 0:02:54 | 0:10:37 | 0:22:01 | 1:26:33 | 0:20:48 | 0:24:27 | 0:23:06 | 0:13:11 | 0:47:13 | 5:28:44 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 297 | 215 | 1 | Tracy | Noone | Senior | M | 1:19:09 | 0:17:31 | 0:10:26 | 0:20:35 | 1:51:51 | 0:21:47 | 0:18:13 | 0:14:10 | 0:11:28 | 0:41:13 | 5:28:52 |
| 298 | 691 | 3 | Niall | Doyle | Senior | M | 1:16:13 | 0:13:13 | 0:09:39 | 0:21:10 | 1:39:15 | 0:24:29 | 0:22:37 | 0:16:48 | 0:12:53 | 0:45:48 | 5:28:52 |
| 299 | 171 | 1 | Patrick | Mc Govern | Senior | M | 1:21:06 | 0:01:07 | 0:09:00 | 0:21:33 | 1:39:30 | 0:23:27 | 0:21:26 | 0:15:08 | 0:12:19 | 0:45:27 | 5:28:56 |
| 300 | 133 | 1 | Miko | Keane | SuperVet | M | 1:19:59 | 0:01:31 | 0:08:51 | 0:20:46 | 1:56:33 | 0:20:25 | 0:17:25 | 0:09:35 | 0:09:13 | 0:46:18 | 5:29:12 |
| 301 | 1299 | 3 | Bernard | McMahon | Senior | M | 1:13:23 | 0:20:50 | 0:09:19 | 0:20:13 | 1:48:07 | 0:24:02 | 0:21:30 | 0:20:39 | 0:12:33 | 0:39:54 | 5:29:40 |
| 302 | 946 | 4 | Paul | Canavan | Senior | M | 1:11:32 | 0:02:29 | 0:09:23 | 0:19:14 | 1:44:12 | 0:23:33 | 0:22:57 | 0:18:38 | 0:12:53 | 0:47:44 | 5:30:06 |
| 303 | 103 | 1 | Michael | Gibbons | Senior | M | 1:12:31 | | 0:09:37 | 0:18:42 | 1:46:12 | 0:23:17 | 0:20:45 | 0:18:29 | 0:16:24 | 0:44:17 | 5:30:14 |

Overall

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|------------|---------------|-------------|-------------|-----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|----------------|
| 304 | 336 | 2 | Robert | Caulfield | Senior | M | 1:22:02 | 0:02:15 | 0:10:08 | 0:22:36 | 1:46:02 | 0:22:40 | 0:20:13 | 0:13:19 | 0:08:04 | 0:45:11 | 5:30:15 |
| 305 | 1135 | 4 | Karl | ODonnell | Senior | M | 1:16:28 | 0:03:51 | 0:10:48 | 0:22:47 | 1:52:19 | 0:21:56 | 0:20:54 | 0:14:05 | 0:09:57 | 0:41:17 | 5:30:31 |
| 306 | 29 | 1 | Alan | Carney | Senior | M | 1:12:55 | 0:03:36 | 0:10:37 | 0:20:38 | 1:48:26 | 0:24:03 | 0:21:50 | 0:14:18 | 0:10:48 | 0:47:20 | 5:30:55 |
| 307 | 1113 | 4 | Cormac | Munnelly | Senior | M | 1:18:24 | 0:01:43 | 0:10:03 | 0:20:50 | 1:48:42 | 0:23:02 | 0:22:38 | 0:14:50 | 0:09:36 | 0:42:50 | 5:30:55 |
| 308 | 449 | 2 | Michael | Laffey | Vet | M | 1:20:23 | 0:10:38 | 0:09:31 | 0:21:32 | 1:46:16 | 0:21:34 | 0:20:05 | 0:15:10 | 0:10:44 | 0:45:55 | 5:31:10 |
| 309 | 1194 | 4 | Karin | Van Lokhorst | Senior | F | 1:29:38 | 0:10:54 | 0:10:14 | 0:21:47 | 1:40:40 | 0:22:35 | 0:20:48 | 0:12:33 | 0:09:56 | 0:43:02 | 5:31:13 |
| 310 | 713 | 3 | Adrian | Flaherty | Senior | M | 1:13:45 | 0:01:21 | 0:09:34 | 0:20:16 | 1:51:09 | 0:22:48 | 0:20:09 | 0:15:03 | 0:10:19 | 0:48:15 | 5:31:18 |
| 311 | 407 | 2 | Colin | Fulham | Vet | M | 1:14:17 | | 0:10:00 | 0:21:21 | 1:45:57 | 0:22:13 | 0:20:30 | 0:13:19 | | 1:04:02 | 5:31:39 |
| 312 | 320 | 2 | Keith | Bolton | Vet | M | 1:23:03 | 0:15:52 | 0:10:23 | 0:23:35 | 1:37:19 | 0:25:25 | 0:24:06 | 0:13:10 | 0:11:28 | 0:43:48 | 5:32:17 |
| 313 | 98 | 1 | Monica | Forde | Vet | F | 1:19:55 | 0:01:33 | 0:09:00 | 0:20:50 | 1:44:14 | 0:23:45 | 0:20:48 | 0:16:37 | 0:12:06 | 0:45:05 | 5:32:20 |
| 314 | 922 | 3 | Ciaran | Ahern | Senior | M | 1:11:51 | 0:03:43 | 0:10:14 | 0:19:24 | 1:45:48 | 0:21:17 | 0:21:52 | 0:24:15 | 0:11:27 | 0:46:33 | 5:32:41 |
| 315 | 941 | 3 | Paul | Butler | Senior | M | 1:11:58 | 0:03:34 | 0:10:22 | 0:19:18 | 1:45:45 | 0:21:16 | 0:22:27 | 0:23:40 | 0:11:36 | 0:46:29 | 5:32:51 |
| 316 | 184 | 1 | Kevin | McCabe | Senior | M | 1:16:06 | 0:01:20 | 0:09:46 | 0:19:25 | 1:46:11 | 0:24:47 | 0:24:14 | 0:14:35 | 0:10:46 | 0:47:17 | 5:33:07 |
| 317 | 964 | 4 | Patrick | Conlon | Senior | M | 1:09:31 | 0:02:05 | 0:09:14 | 0:19:19 | 1:47:30 | 0:24:46 | 0:26:30 | 0:19:31 | 0:10:18 | 0:46:32 | 5:33:11 |
| 318 | 521 | 2 | Aidan | Morrissey | Senior | M | 1:22:22 | 0:03:22 | 0:11:14 | 0:20:37 | 1:48:50 | 0:20:28 | 0:18:11 | 0:16:45 | 0:08:53 | 0:46:12 | 5:33:32 |
| 319 | 203 | 1 | Emer | Monaghan | Senior | F | 1:15:15 | 0:02:26 | 0:10:20 | 0:20:47 | 1:56:32 | 0:26:33 | 0:22:17 | 0:11:01 | 0:07:57 | 0:42:58 | 5:33:40 |
| 320 | 1216 | 5 | Martin | Christie | Senior | M | 1:20:46 | 0:06:57 | 0:10:14 | 0:23:29 | 1:42:17 | 0:25:09 | 0:22:13 | 0:13:16 | 0:11:33 | 0:44:49 | 5:33:46 |
| 321 | 542 | 2 | Alan | O'Connor | Vet | M | 1:14:13 | | 0:10:30 | 0:20:53 | 1:49:47 | 0:26:11 | 0:23:13 | 0:16:27 | 0:10:08 | 0:42:29 | 5:33:51 |
| 322 | 485 | 2 | Marc | McCormack | Senior | M | 1:25:38 | 0:09:16 | 0:09:31 | 0:23:09 | 1:42:52 | 0:24:06 | 0:20:17 | 0:15:16 | 0:11:18 | 0:41:44 | 5:33:51 |
| 323 | 1108 | 4 | Garrett | Moran | Senior | M | 1:13:50 | 0:07:30 | 0:08:48 | 0:22:25 | 1:47:28 | 0:24:14 | 0:20:44 | 0:17:36 | 0:13:39 | 0:45:10 | 5:33:54 |
| 324 | 337 | 2 | Niall | Caulfield | Senior | M | 1:13:06 | 0:04:11 | 0:09:28 | 0:20:04 | 1:48:41 | 0:25:38 | 0:24:13 | 0:14:16 | 0:11:39 | 0:47:12 | 5:34:17 |
| 325 | 129 | 1 | Stephen | Johnson | Senior | M | 1:26:46 | 0:00:49 | 0:09:37 | 0:22:07 | 1:38:33 | 0:22:29 | 0:21:35 | 0:16:16 | 0:10:48 | 0:46:28 | 5:34:39 |
| 326 | 422 | 2 | Daniel | Griffin | SuperVet | M | 1:14:19 | 0:09:40 | 0:10:10 | 0:20:54 | 1:40:34 | 0:27:09 | 0:27:19 | 0:14:47 | 0:12:36 | 0:47:19 | 5:35:07 |
| 327 | 803 | 3 | William | McCarthy | Vet | M | 1:22:40 | 0:04:03 | 0:11:37 | 0:21:42 | 1:45:05 | 0:20:10 | 0:18:28 | 0:15:00 | 0:11:03 | 0:49:40 | 5:35:25 |
| 328 | 695 | 3 | Nigel | Dunne | Senior | M | 1:10:43 | 0:09:59 | 0:10:00 | 0:19:14 | 1:53:03 | 0:23:45 | 0:26:21 | 0:16:15 | 0:11:26 | 0:44:57 | 5:35:44 |
| 329 | 77 | 1 | Gavin | Downes | Vet | M | 1:17:37 | 0:01:05 | 0:09:25 | 0:21:44 | 1:45:46 | 0:26:52 | 0:24:21 | 0:11:42 | 0:09:03 | 0:49:15 | 5:35:45 |
| 330 | 214 | 1 | Conor | Nolan | Senior | M | 1:13:58 | 0:00:41 | 0:09:22 | 0:21:00 | 1:43:10 | 0:24:16 | 0:23:19 | 0:17:26 | 0:14:47 | 0:48:29 | 5:35:47 |
| 331 | 1226 | 3 | Gerard | Cottrell | Senior | M | 1:13:50 | 0:12:24 | 0:10:02 | 0:22:26 | 1:54:57 | 0:24:26 | 0:22:41 | 0:10:17 | 0:09:27 | 0:47:54 | 5:36:00 |
| 332 | 11 | 1 | Ian | Bracken | Senior | M | 1:17:04 | 0:01:05 | 0:08:39 | 0:20:26 | 1:53:54 | 0:27:05 | 0:24:06 | 0:09:45 | 0:10:04 | 0:45:06 | 5:36:09 |
| 333 | 85 | 1 | Mark | Egan | Vet | M | 1:15:01 | 0:00:39 | 0:10:02 | 0:20:26 | 1:40:10 | 0:27:49 | 0:26:06 | 0:15:09 | 0:12:13 | 0:49:15 | 5:36:11 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 334 | 694 | 3 | Martin | Duignan | Senior | M | 1:23:35 | | 0:17:36 | 0:21:31 | 1:34:20 | 0:19:38 | 0:20:17 | 0:14:54 | 0:11:22 | 0:53:13 | 5:36:26 |
| 335 | 534 | 2 | Martin | O Connell | Senior | M | 1:24:46 | 0:07:48 | 0:09:29 | 0:20:56 | 1:45:44 | 0:21:33 | 0:19:17 | 0:21:27 | 0:09:51 | 0:43:30 | 5:36:33 |
| 336 | 1173 | 4 | Fearghal | Sheerin | Vet | M | 1:19:33 | 0:02:01 | 0:09:50 | 0:21:43 | 1:40:11 | 0:24:56 | 0:24:54 | 0:15:31 | 0:14:33 | 0:45:33 | 5:36:44 |
| 337 | 1122 | 4 | Martin | Murray | Vet | M | 1:16:21 | 0:00:48 | 0:09:23 | 0:20:01 | 1:40:05 | 0:23:35 | 0:24:24 | 0:22:00 | 0:12:55 | 0:48:05 | 5:36:49 |
| 338 | 250 | 1 | Colin | Rafferty | Senior | M | 1:12:45 | 0:00:12 | 0:10:39 | 0:21:00 | 1:47:11 | 0:27:26 | 0:25:43 | 0:14:28 | 0:09:32 | 0:48:07 | 5:36:51 |
| 339 | 805 | 3 | Aidan | McDonnell | Vet | M | 1:17:26 | 0:29:09 | 0:09:20 | 0:20:52 | 1:45:41 | 0:26:28 | 0:24:46 | 0:16:35 | 0:11:28 | 0:44:23 | 5:36:59 |
| 340 | 186 | 1 | Paul | McCarthy | Senior | M | 1:12:47 | | 0:10:53 | 0:20:58 | 1:47:17 | 0:27:12 | 0:25:45 | 0:14:38 | 0:09:23 | 0:48:11 | 5:37:04 |
| 341 | 524 | 2 | Luke | Murphy Gilligan | Senior | M | 1:18:03 | 0:04:09 | 0:08:51 | 0:21:10 | 1:55:46 | 0:23:56 | 0:20:34 | 0:12:12 | 0:10:11 | 0:46:35 | 5:37:18 |

Overall

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|------------|---------------|-------------|-------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|---------------|
| 342 | 502 | 2 | Niall | McMonagle | Senior | M | 1:28:59 | 0:22:15 | 0:10:18 | 0:23:09 | 1:40:16 | 0:25:44 | 0:20:49 | 0:12:29 | 0:10:43 | 0:45:16 | 5:37:43 |
| 343 | 859 | 3 | Donal | O'Sullivan | Senior | M | 1:17:56 | 0:03:33 | 0:09:37 | 0:21:02 | 1:41:59 | 0:26:55 | 0:23:21 | 0:19:26 | 0:13:38 | 0:43:59 | 5:37:53 |
| 344 | 1401 | 2 | Lucia | Minto | Senior | F | 1:21:29 | 0:10:20 | 0:09:31 | 0:22:28 | 1:55:16 | 0:21:33 | 0:20:06 | 0:13:26 | 0:09:53 | 0:44:25 | 5:38:07 |
| 345 | 734 | 3 | Dave | Gowan | Senior | M | 1:23:26 | 0:09:02 | 0:10:12 | 0:21:22 | 1:46:52 | 0:18:51 | 0:18:40 | 0:16:07 | 0:12:21 | 0:50:17 | 5:38:08 |
| 346 | 370 | 2 | Brian | Diggins | Senior | M | 1:12:48 | 0:08:52 | 0:09:11 | 0:20:16 | 1:49:16 | 0:24:14 | 0:23:20 | 0:16:05 | 0:12:49 | 0:50:11 | 5:38:10 |
| 347 | 1095 | 4 | Anne | McGarr | Senior | F | 1:16:34 | 0:01:19 | 0:10:51 | 0:20:42 | 1:43:00 | 0:21:20 | 0:19:19 | 0:21:42 | 0:17:38 | 0:47:17 | 5:38:23 |
| 348 | 643 | 3 | Paddy | Casey | SuperVet | M | 1:38:56 | 0:03:09 | 0:09:12 | 0:24:42 | 1:32:07 | 0:20:09 | 0:19:26 | 0:13:29 | 0:13:55 | 0:46:32 | 5:38:28 |
| 349 | 1201 | 2 | Ross | Whelan | Senior | M | 1:15:39 | 0:19:53 | 0:10:09 | 0:21:02 | 1:50:00 | 0:31:00 | 0:23:24 | 0:11:30 | 0:09:38 | 0:46:11 | 5:38:33 |
| 350 | 856 | 3 | John | O'Shea | Senior | M | 1:25:10 | 0:47:58 | 0:11:11 | 0:22:24 | 1:42:10 | | 0:48:23 | 0:14:58 | 0:12:00 | 0:42:27 | 5:38:43 |
| 351 | 1168 | 4 | Peter | Ryder | Senior | M | 1:12:36 | 0:04:05 | 0:08:49 | 0:20:02 | 1:45:39 | 0:25:37 | 0:24:19 | 0:16:23 | 0:17:35 | 0:48:11 | 5:39:11 |
| 352 | 332 | 2 | Michael | Carolan | Vet | M | 1:20:01 | 0:11:15 | 0:12:52 | 0:21:21 | 1:50:32 | 0:24:31 | 0:23:47 | 0:11:23 | 0:08:16 | 0:46:29 | 5:39:12 |
| 353 | 529 | 2 | Barry | Newman | Senior | M | 1:19:52 | 0:02:41 | 0:09:32 | 0:19:04 | 1:46:45 | 0:22:57 | 0:21:25 | 0:14:42 | 0:11:39 | 0:53:22 | 5:39:18 |
| 354 | 1146 | 1 | David | O'Leary | Senior | M | 1:26:04 | 0:02:42 | 0:10:00 | 0:22:15 | 1:35:14 | 0:24:02 | 0:22:51 | 0:12:08 | 0:10:14 | 0:56:32 | 5:39:20 |
| 355 | 149 | 1 | Mark | Lambe | Senior | M | | | | | | | | | | | 5:39:23 |
| 356 | 883 | 3 | Karl | Scanlan | Senior | M | 1:22:11 | 0:02:27 | 0:10:06 | 0:20:50 | 1:56:49 | 0:21:42 | 0:20:11 | 0:11:40 | 0:10:54 | 0:45:30 | 5:39:53 |
| 357 | 1023 | 4 | Andrew | Gibson | Senior | M | 1:14:30 | 0:05:57 | 0:08:20 | 0:21:11 | 1:42:57 | 0:24:45 | 0:26:08 | 0:16:21 | 0:16:10 | 0:50:09 | 5:40:31 |
| 358 | 547 | 2 | Mark | OKeeffe | Vet | M | 1:18:56 | 0:14:21 | 0:09:21 | 0:21:39 | 1:46:57 | 0:29:19 | 0:22:43 | 0:14:13 | 0:10:47 | 0:47:42 | 5:41:37 |
| 359 | 726 | 3 | Jarlath | Gibbons | Senior | M | 1:17:31 | 0:04:45 | 0:09:35 | 0:20:28 | 1:44:01 | 0:23:47 | 0:23:07 | 0:12:30 | 0:10:44 | 1:00:01 | 5:41:44 |
| 360 | 650 | 3 | Jason | Collier | Senior | M | 1:19:51 | 0:03:35 | 0:10:56 | 0:21:35 | 1:49:15 | 0:23:51 | 0:20:20 | 0:14:00 | 0:13:18 | 0:48:47 | 5:41:53 |
| 361 | 619 | 4 | John | Begley | SuperVet | M | 1:26:16 | 0:03:39 | 0:08:26 | 0:23:06 | 1:43:27 | 0:25:11 | 0:24:14 | 0:14:22 | 0:11:40 | 0:45:31 | 5:42:13 |
| 362 | 145 | 1 | Andrew | Kirwan | Vet | M | 1:21:01 | 0:05:39 | 0:11:13 | 0:20:44 | 1:43:27 | 0:24:39 | 0:22:00 | | 0:27:46 | 0:51:32 | 5:42:22 |
| 363 | 1268 | 5 | Neil | Ledwith | Senior | M | 1:19:02 | 0:03:43 | 0:09:55 | 0:21:33 | 1:47:42 | 0:25:18 | 0:22:43 | 0:13:49 | 0:12:52 | 0:49:55 | 5:42:49 |
| 364 | 498 | 2 | Daryl | McLoughlin | Senior | M | 1:23:12 | 0:10:23 | 0:11:07 | 0:22:01 | 1:43:26 | 0:22:31 | 0:21:51 | 0:21:05 | 0:10:50 | 0:46:56 | 5:42:59 |
| 365 | 78 | 4 | Ciara | Downes | Vet | F | 1:22:07 | 0:11:43 | 0:09:52 | 0:21:19 | 1:54:28 | 0:22:59 | 0:22:14 | 0:11:41 | 0:10:57 | 0:47:23 | 5:43:00 |
| 366 | 147 | 1 | Darragh | Laffan | Senior | M | 1:08:23 | | 0:08:52 | 0:20:20 | 2:03:41 | 0:21:00 | 0:20:26 | 0:16:40 | 0:11:04 | 0:52:53 | 5:43:19 |
| 367 | 165 | 1 | Thomas | Maree | Senior | M | 1:12:28 | 0:00:27 | 0:09:32 | 0:20:16 | 1:56:24 | 0:25:37 | 0:22:44 | 0:15:41 | 0:13:25 | 0:47:13 | 5:43:20 |
| 368 | 504 | 2 | Mark | McNamara | Senior | M | 1:18:56 | 0:05:52 | 0:10:42 | 0:22:07 | 1:43:53 | 0:21:10 | 0:20:27 | 0:21:24 | 0:18:01 | 0:47:02 | 5:43:42 |
| 369 | 553 | 2 | Brian | O'Neill | Senior | M | 1:14:32 | 0:02:41 | 0:09:00 | 0:19:42 | 2:02:20 | 0:22:37 | 0:21:41 | 0:13:55 | 0:11:14 | 0:48:49 | 5:43:50 |
| 370 | 374 | 2 | Simon | Dolphin | Senior | M | 1:18:47 | 0:10:29 | 0:11:13 | 0:21:46 | 1:53:54 | 0:24:57 | 0:22:07 | 0:13:03 | 0:12:24 | 0:46:09 | 5:44:20 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 371 | 862 | 3 | Paul | Pettigrew | Senior | M | 1:17:31 | 0:01:38 | 0:09:08 | 0:20:51 | 1:46:40 | 0:26:05 | 0:23:53 | 0:15:16 | 0:12:00 | 0:52:57 | 5:44:21 |
| 372 | 930 | 4 | Martin | Boylan | Vet | M | 1:20:13 | 0:16:18 | 0:11:50 | 0:19:41 | | 2:13:24 | 0:19:11 | 0:22:05 | 0:14:39 | 0:43:19 | 5:44:22 |
| 373 | 200 | 1 | Kevin | Meehan | Senior | M | 1:22:51 | 0:02:20 | 0:10:14 | 0:22:26 | 1:49:53 | 0:24:07 | 0:21:46 | 0:15:28 | 0:12:36 | 0:45:14 | 5:44:35 |
| 374 | 1360 | 5 | Kieran | Walsh | Senior | M | 1:09:34 | 0:03:31 | 0:10:06 | 0:18:35 | 1:55:55 | 0:20:02 | 0:20:16 | 0:13:43 | 0:10:48 | 1:05:39 | 5:44:38 |
| 375 | 1067 | 4 | Trevor | Lambe | Senior | M | 1:20:41 | 0:02:01 | 0:11:04 | 0:21:50 | 1:46:07 | 0:20:16 | | 0:41:23 | 0:12:54 | 0:50:32 | 5:44:47 |
| 376 | 768 | 3 | George | Kelly | Senior | M | 1:18:05 | 0:08:03 | 0:10:01 | 0:21:29 | 1:46:29 | 0:26:12 | 0:21:43 | 0:19:49 | 0:11:10 | 0:49:56 | 5:44:54 |
| 377 | 1179 | 4 | Derek | Stenson | Senior | M | 1:07:12 | 0:02:22 | 0:10:34 | 0:19:28 | 1:51:21 | 0:28:35 | 0:25:46 | 0:19:33 | 0:15:47 | 0:46:44 | 5:45:00 |
| 378 | 999 | 4 | Denis | Farrell | Senior | M | 1:17:22 | 0:04:52 | 0:10:43 | 0:22:56 | 1:48:11 | 0:23:50 | 0:22:19 | 0:18:19 | 0:15:05 | 0:46:17 | 5:45:02 |
| 379 | 242 | 1 | Jonathan | O'Toole | Senior | M | 1:19:21 | 0:01:41 | 0:08:56 | 0:25:14 | 1:42:13 | 0:27:14 | 0:25:52 | 0:15:05 | 0:13:44 | 0:47:32 | 5:45:11 |

Overall

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|------------|---------------|-------------|-------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|---------------|
| 380 | 468 | 3 | Mark | Marren | Vet | M | 1:15:57 | 0:01:19 | 0:09:57 | 0:21:54 | 1:44:13 | 0:24:15 | 0:21:36 | 0:25:24 | 0:17:29 | 0:44:27 | 5:45:12 |
| 381 | 1175 | 4 | Paul | Sheridan | Senior | M | 1:17:18 | 0:02:47 | 0:09:42 | 0:22:42 | 1:42:08 | 0:27:31 | 0:24:05 | 0:22:13 | 0:15:01 | 0:44:47 | 5:45:35 |
| 382 | 181 | 1 | Patricia | McAfee | Senior | F | 1:26:42 | 0:07:10 | 0:10:39 | 0:22:24 | 1:47:16 | 0:24:19 | 0:23:15 | 0:15:56 | 0:10:43 | 0:44:25 | 5:45:39 |
| 383 | 1343 | 5 | Padraig | Ryan | Vet | M | 1:16:49 | 0:02:11 | 0:11:23 | 0:22:28 | 1:46:44 | 0:24:12 | 0:22:10 | 0:19:05 | 0:13:42 | 0:49:16 | 5:45:49 |
| 384 | 241 | 1 | Claire | O'Sullivan | Senior | F | 1:26:45 | 0:07:40 | 0:09:50 | 0:22:39 | 1:48:00 | 0:27:21 | 0:23:54 | 0:12:47 | 0:09:22 | 0:45:19 | 5:45:57 |
| 385 | 111 | 1 | Grainne | Grennan | SuperVet | F | 1:24:17 | 0:06:19 | 0:11:12 | 0:22:27 | 1:48:40 | 0:21:59 | 0:19:31 | 0:17:43 | 0:14:22 | 0:45:46 | 5:45:57 |
| 386 | 907 | 3 | Johan | Van Der Does | Senior | M | 1:19:14 | 0:06:55 | 0:09:43 | 0:21:47 | 1:46:42 | 0:26:04 | 0:24:28 | 0:16:57 | 0:12:28 | 0:48:38 | 5:46:01 |
| 387 | 1057 | 4 | Conor | Keane | Senior | M | 1:23:05 | 0:01:59 | 0:10:39 | 0:23:21 | 1:53:48 | 0:21:56 | 0:22:37 | 0:14:37 | 0:10:45 | 0:45:29 | 5:46:17 |
| 388 | 1147 | 4 | Aidan | O'Loughlin | Senior | M | 1:23:07 | 0:01:58 | 0:10:35 | 0:23:24 | 1:53:50 | 0:22:09 | 0:22:29 | 0:14:34 | 0:10:46 | 0:45:27 | 5:46:21 |
| 389 | 972 | 4 | Paul | Curley | Senior | M | 1:12:29 | 0:05:31 | 0:10:13 | 0:19:21 | 2:01:51 | | 0:38:41 | 0:19:11 | 0:13:26 | 0:51:20 | 5:46:32 |
| 390 | 1003 | 4 | Kevin | Finn | Vet | M | 1:23:10 | 0:02:02 | 0:11:17 | 0:23:14 | 1:46:52 | 0:24:00 | 0:22:07 | 0:16:24 | 0:13:39 | 0:45:50 | 5:46:33 |
| 391 | 737 | 3 | Eamonn | Griffin | Senior | M | 1:21:33 | 0:02:03 | 0:11:01 | 0:24:04 | 1:42:04 | 0:26:20 | 0:22:06 | 0:20:48 | 0:13:21 | 0:45:30 | 5:46:47 |
| 392 | 1260 | 3 | James | Kelly | Senior | M | 1:15:03 | 0:06:43 | 0:09:22 | 0:21:15 | 1:50:33 | 0:26:26 | 0:26:51 | 0:18:32 | 0:11:36 | 0:47:12 | 5:46:50 |
| 393 | 1324 | 5 | Colm | Olwill | Vet | M | 1:19:23 | 0:01:06 | 0:10:43 | 0:24:55 | 1:49:57 | 0:22:02 | 0:20:24 | 0:20:59 | 0:14:13 | 0:44:20 | 5:46:56 |
| 394 | 560 | 2 | Karl | O'Sullivan | Senior | M | 1:15:15 | 0:05:54 | 0:08:50 | 0:21:03 | 1:52:53 | 0:24:53 | 0:23:07 | 0:17:26 | 0:18:28 | 0:45:08 | 5:47:03 |
| 395 | 1273 | 5 | Ruairi | Lynch | Senior | M | 1:14:26 | 0:01:20 | 0:10:42 | 0:19:43 | 1:42:05 | 0:21:13 | 0:19:30 | 0:22:07 | 0:16:37 | 1:00:44 | 5:47:07 |
| 396 | 1222 | 5 | Mark | Cooper | Vet | M | 1:25:57 | 0:01:29 | 0:10:00 | 0:23:27 | 1:51:50 | 0:24:01 | 0:22:19 | 0:14:26 | 0:11:32 | 0:43:36 | 5:47:08 |
| 397 | 291 | 1 | Michael | Wall | SuperVet | M | 1:20:45 | 0:08:17 | 0:09:50 | 0:22:20 | 1:57:51 | 0:24:19 | 0:22:13 | 0:16:51 | 0:13:25 | 0:39:38 | 5:47:12 |
| 398 | 561 | 2 | Wouter Marc | Pernet | Senior | M | 1:21:45 | 0:03:22 | 0:09:47 | 0:23:12 | 1:45:04 | 0:24:06 | 0:22:39 | 0:20:58 | 0:15:58 | 0:43:49 | 5:47:18 |
| 399 | 1100 | 4 | Derek | McGreal | Senior | M | 1:14:25 | 0:03:06 | 0:13:25 | 0:20:57 | 1:58:41 | 0:24:12 | 0:22:10 | 0:14:08 | 0:12:33 | 0:46:53 | 5:47:24 |
| 400 | 516 | 2 | Bernard | Moran | Vet | M | 1:20:14 | 0:03:47 | 0:10:12 | 0:21:49 | 1:44:16 | 0:26:30 | 0:25:53 | 0:16:03 | 0:15:23 | 0:47:04 | 5:47:24 |
| 401 | 231 | 1 | Crevan | O'Malley | Vet | M | 1:22:54 | 0:18:12 | 0:10:03 | 0:23:46 | 1:51:49 | 0:25:37 | 0:21:30 | 0:14:17 | 0:12:48 | 0:45:05 | 5:47:49 |
| 402 | 188 | 1 | Bernard | McDermott | Senior | M | 1:20:15 | 0:08:46 | 0:09:54 | 0:22:47 | 1:53:03 | 0:30:10 | 0:25:15 | 0:09:48 | 0:09:50 | 0:46:48 | 5:47:50 |
| 403 | 136 | 1 | Andrew | Keegan | Senior | M | 1:23:22 | 0:18:06 | 0:10:36 | 0:22:52 | 1:50:19 | 0:26:31 | 0:22:14 | 0:14:11 | 0:12:48 | 0:45:02 | 5:47:55 |
| 404 | 1197 | 4 | Vernon | Walsh | Senior | M | 1:21:00 | 0:09:36 | 0:12:35 | 0:21:39 | 1:51:41 | 0:19:33 | 0:20:21 | 0:20:47 | 0:17:11 | 0:43:08 | 5:47:55 |
| 405 | 934 | 4 | Gavin | Brophy | Senior | M | 1:21:02 | 0:09:39 | 0:12:36 | 0:21:31 | 1:51:49 | 0:19:30 | 0:20:28 | 0:21:15 | 0:16:40 | 0:43:04 | 5:47:55 |
| 406 | 1131 | 4 | Martin | O'Neill | Vet | M | 1:20:36 | 0:01:34 | 0:09:45 | 0:23:47 | 1:44:24 | 0:23:27 | 0:24:10 | 0:20:48 | 0:12:22 | 0:48:57 | 5:48:16 |
| 407 | 367 | 2 | Paul | De Loughry | Vet | M | 1:28:31 | 0:06:23 | 0:09:22 | 0:22:48 | 1:51:20 | 0:24:24 | 0:22:55 | 0:14:00 | 0:10:37 | 0:44:22 | 5:48:19 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 408 | 1306 | 5 | Joe | Moran | SuperVet | M | 1:27:33 | | 0:12:32 | 0:22:52 | 1:34:13 | 0:24:53 | 0:27:56 | 0:19:01 | 0:14:21 | 0:45:02 | 5:48:23 |
| 409 | 673 | 3 | David | Cunningham | Vet | M | 1:21:10 | 0:05:31 | 0:10:53 | 0:22:25 | 1:50:06 | 0:25:42 | 0:24:32 | | 0:26:44 | 0:46:55 | 5:48:27 |
| 410 | 1280 | 5 | John | Magee | Vet | M | 1:15:24 | 0:01:10 | 0:08:20 | 0:19:31 | 1:53:22 | 0:21:51 | 0:22:59 | 0:17:50 | 0:17:05 | 0:52:07 | 5:48:29 |
| 411 | 6 | 1 | Fiachra | Bolger | Senior | M | 1:19:28 | 0:01:16 | 0:09:20 | 0:21:49 | 1:40:29 | 0:28:04 | 0:25:48 | 0:16:28 | 0:13:49 | 0:53:32 | 5:48:47 |
| 412 | 490 | 2 | Kieran | McGee | Vet | M | 1:19:44 | 0:03:00 | 0:09:53 | 0:23:21 | 1:53:34 | 0:24:07 | 0:20:59 | 0:16:13 | 0:10:42 | 0:50:18 | 5:48:51 |
| 413 | 1319 | 4 | Liam | O'Reilly | Vet | M | 1:22:14 | 0:09:24 | 0:10:43 | 0:22:01 | 1:50:27 | 0:24:47 | 0:25:16 | 0:17:17 | 0:10:51 | 0:45:20 | 5:48:56 |
| 414 | 345 | 2 | Declan | Clarke | Senior | M | 1:21:02 | 0:01:34 | 0:09:40 | 0:23:33 | 1:52:06 | 0:26:23 | 0:23:00 | 0:12:11 | 0:11:42 | 0:49:37 | 5:49:14 |
| 415 | 535 | 2 | Rory | O'Connor | Senior | M | 1:18:37 | 0:05:28 | 0:10:53 | 0:22:18 | 1:52:22 | 0:31:44 | 0:25:36 | 0:11:54 | 0:09:17 | 0:46:51 | 5:49:32 |
| 416 | 776 | 3 | James | Kiely | Senior | M | 1:27:52 | 0:02:17 | 0:10:46 | 0:23:17 | 1:50:23 | 0:23:08 | 0:21:39 | 0:14:09 | 0:15:00 | 0:43:19 | 5:49:33 |
| 417 | 599 | 2 | Albert | Traynor | Senior | M | 1:14:22 | 0:06:21 | 0:10:14 | 0:20:03 | 1:56:11 | 0:26:16 | 0:24:28 | 0:17:08 | 0:12:41 | 0:48:27 | 5:49:50 |

Overall

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|------------|---------------|-------------|-------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|---------------|
| 418 | 645 | 3 | Gearoid | Cassidy | Senior | M | 1:24:41 | 0:02:15 | 0:16:51 | 0:21:38 | 1:45:32 | 0:22:27 | 0:20:49 | 0:21:43 | 0:12:26 | 0:43:57 | 5:50:04 |
| 419 | 432 | 2 | Joseph | Hynes | Senior | M | 1:28:35 | 0:11:59 | 0:10:10 | 0:24:53 | 1:41:57 | 0:24:56 | 0:26:40 | 0:15:26 | 0:10:39 | 0:46:57 | 5:50:13 |
| 420 | 324 | 3 | Kevin | Brennan | Vet | M | 1:18:34 | 0:10:19 | 0:10:14 | 0:21:15 | 1:50:32 | 0:28:31 | 0:28:04 | 0:15:10 | 0:10:56 | 0:47:10 | 5:50:26 |
| 421 | 14 | 1 | Ger | Brennan | SuperVet | M | 1:19:44 | 0:02:07 | 0:08:42 | 0:20:21 | 2:12:38 | 0:24:02 | 0:22:47 | 0:10:10 | 0:07:20 | 0:44:50 | 5:50:34 |
| 422 | 1375 | 4 | John | Naughton | Senior | M | 1:23:13 | 0:12:02 | 0:09:19 | 0:24:18 | 1:59:04 | 0:21:36 | 0:22:02 | 0:18:05 | 0:09:14 | 0:43:57 | 5:50:48 |
| 423 | 487 | 2 | Ian | McDonnell | Vet | M | 1:17:55 | 0:11:05 | 0:10:30 | 0:22:02 | 1:50:11 | | 0:47:58 | 0:19:41 | 0:13:38 | 0:48:53 | 5:50:48 |
| 424 | 484 | 2 | Bronagh | McConnell | Senior | F | 1:19:45 | 0:11:49 | 0:10:00 | 0:23:08 | 1:47:39 | 0:23:59 | 0:21:10 | 0:19:30 | 0:15:42 | 0:49:56 | 5:50:49 |
| 425 | 933 | 4 | Ben | Brooks | Senior | M | 1:10:38 | 0:08:22 | 0:09:22 | 0:25:05 | 1:56:13 | 0:22:52 | 0:22:55 | | 0:34:21 | 0:49:23 | 5:50:49 |
| 426 | 488 | 2 | Hugh | McFadden | Senior | M | 1:20:44 | 0:22:26 | 0:11:52 | | 2:11:39 | 0:23:23 | 0:22:00 | 0:17:35 | 0:13:59 | 0:49:40 | 5:50:52 |
| 427 | 404 | 2 | John | Fitzpatrick | Vet | M | 1:17:52 | 0:11:03 | 0:10:09 | 0:22:28 | 1:50:17 | 0:25:25 | 0:22:16 | 0:19:47 | 0:13:37 | 0:49:02 | 5:50:53 |
| 428 | 944 | 4 | John | Caden | Senior | M | 1:18:14 | 0:02:57 | 0:10:22 | 0:22:44 | 1:55:56 | 0:22:26 | 0:19:28 | 0:17:40 | 0:12:01 | 0:52:04 | 5:50:55 |
| 429 | 399 | 2 | Eamonn | Farrell | Vet | M | 1:17:58 | 0:10:56 | 0:10:18 | 0:22:23 | 1:50:11 | 0:25:36 | 0:22:16 | 0:19:41 | 0:13:38 | 0:48:56 | 5:50:57 |
| 430 | 450 | 2 | Kate | Lahart | Senior | F | 1:26:13 | 0:05:37 | 0:09:33 | 0:24:31 | 1:46:06 | 0:25:43 | 0:21:33 | 0:21:23 | 0:14:00 | 0:42:21 | 5:51:23 |
| 431 | 225 | 1 | Deirdre | O'Connor | Senior | F | 1:20:43 | 0:00:55 | 0:08:12 | 0:21:42 | 1:47:29 | 0:27:19 | 0:23:47 | 0:13:57 | 0:10:56 | 0:57:20 | 5:51:25 |
| 432 | 13 | 1 | Shay | Brady | Vet | M | 1:20:38 | 0:01:01 | 0:07:58 | 0:20:12 | 1:49:08 | 0:27:16 | 0:23:44 | 0:13:49 | 0:10:47 | 0:57:55 | 5:51:27 |
| 433 | 7 | 2 | Robbie | Bolger | Vet | M | 1:26:07 | 0:05:47 | 0:09:49 | 0:23:46 | 1:46:36 | 0:24:04 | 0:21:55 | 0:14:40 | 0:14:13 | 0:50:28 | 5:51:38 |
| 434 | 71 | 1 | Ollie | Doherty | Senior | M | 1:20:31 | 0:04:40 | 0:09:48 | 0:22:34 | 1:59:44 | 0:25:09 | 0:22:59 | 0:14:37 | 0:11:56 | 0:44:40 | 5:51:58 |
| 435 | 318 | 1 | Sarah | Boland | Vet | F | 1:22:21 | 0:03:00 | 0:10:52 | 0:22:36 | 1:44:44 | 0:25:04 | 0:21:44 | 0:24:27 | 0:14:18 | 0:45:52 | 5:51:58 |
| 436 | 128 | 1 | Patrick | Hyland | Senior | M | 1:24:13 | 0:05:23 | 0:11:58 | 0:22:38 | 1:46:06 | 0:27:06 | 0:25:30 | 0:16:25 | 0:12:57 | 0:45:06 | 5:51:59 |
| 437 | 1145 | 4 | Chris | OKane | Vet | M | 1:29:30 | 0:04:15 | 0:10:03 | 0:23:38 | 1:59:26 | 0:23:14 | 0:21:20 | 0:08:20 | 0:07:45 | 0:48:50 | 5:52:06 |
| 438 | 427 | 2 | Matthew | Henty | Senior | M | 1:27:07 | 0:01:06 | 0:10:21 | 0:26:46 | 1:46:35 | 0:25:53 | 0:22:55 | 0:14:13 | 0:11:47 | 0:46:35 | 5:52:12 |
| 439 | 344 | 2 | Rob | Clarke | Senior | M | 1:21:13 | 0:07:25 | 0:10:01 | 0:23:03 | 1:48:10 | 0:25:38 | 0:25:04 | 0:18:39 | 0:14:25 | 0:46:19 | 5:52:32 |
| 440 | 886 | 3 | Damien | Sheehan | Senior | M | 1:24:53 | 0:21:08 | 0:10:18 | 0:20:40 | 1:45:15 | 0:25:02 | 0:23:14 | | 0:32:19 | 0:50:53 | 5:52:34 |
| 441 | 943 | 3 | Gavin | Byrne | Senior | M | 1:12:24 | 0:02:02 | 0:10:31 | 0:17:52 | 2:21:18 | 0:22:48 | 0:18:55 | 0:16:18 | 0:08:57 | 0:43:36 | 5:52:39 |
| 442 | 602 | 2 | Brendan | Wall | Senior | M | 1:24:22 | 0:03:07 | 0:10:09 | 0:20:51 | 1:50:40 | 0:23:18 | 0:23:24 | 0:15:04 | 0:12:09 | 0:53:05 | 5:53:02 |
| 443 | 1092 | 4 | Mark | McDonnell | Senior | M | 1:22:55 | 0:12:25 | 0:10:49 | 0:21:57 | 1:57:16 | 0:23:58 | 0:23:32 | 0:16:52 | 0:10:34 | 0:45:13 | 5:53:06 |
| 444 | 913 | 3 | Jon | Waterman | Senior | M | 1:28:47 | 0:08:27 | 0:10:34 | 0:23:24 | 1:46:52 | 0:24:15 | 0:22:09 | 0:19:19 | 0:11:04 | 0:47:18 | 5:53:42 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 445 | 627 | 3 | David | Brady | Senior | M | 1:21:38 | 0:02:19 | 0:09:57 | 0:22:52 | 1:49:31 | 0:28:00 | 0:24:43 | 0:14:49 | 0:13:21 | 0:48:57 | 5:53:48 |
| 446 | 1063 | 4 | Stephen | Kennedy | Senior | M | 1:25:20 | 0:05:58 | 0:11:07 | 0:22:51 | 1:46:22 | 0:24:21 | 0:23:00 | 0:19:21 | 0:15:50 | 0:46:07 | 5:54:29 |
| 447 | 978 | 4 | Barry | Dempsey | Senior | M | 1:21:15 | 0:06:07 | 0:08:53 | 0:23:05 | 1:50:24 | 0:26:28 | 0:26:39 | 0:20:38 | 0:12:49 | 0:44:19 | 5:54:30 |
| 448 | 992 | 4 | Alexandra | Egan | Senior | F | 1:15:48 | 0:06:37 | 0:09:49 | 0:21:22 | 2:00:12 | 0:21:36 | 0:21:27 | 0:20:42 | 0:14:27 | 0:49:10 | 5:54:33 |
| 449 | 43 | 1 | Paul | Coady | Senior | M | 1:32:07 | 0:03:18 | 0:09:20 | 0:24:42 | 1:49:50 | 0:25:29 | 0:21:30 | 0:13:52 | 0:11:34 | 0:46:20 | 5:54:44 |
| 450 | 193 | 1 | David | McKeown | Senior | M | 1:17:23 | 0:01:52 | 0:08:49 | 0:20:34 | 2:07:06 | 0:22:42 | 0:20:02 | 0:18:48 | 0:14:30 | 0:44:53 | 5:54:47 |
| 451 | 88 | 1 | Fran | Fagan | Senior | M | 1:18:18 | 0:03:07 | 0:08:44 | | 2:05:05 | 0:26:08 | 0:27:15 | 0:20:04 | 0:15:00 | 0:54:17 | 5:54:51 |
| 452 | 976 | 4 | Gareth | Daly | Senior | M | 1:12:18 | 0:03:37 | 0:10:53 | 0:21:51 | 2:10:54 | 0:22:52 | 0:21:36 | 0:13:46 | 0:11:01 | 0:49:41 | 5:54:52 |
| 453 | 357 | 2 | David | Cronin | Senior | M | 1:28:13 | 0:09:18 | 0:09:57 | 0:25:20 | 1:50:09 | 0:28:12 | 0:25:03 | 0:12:05 | 0:11:34 | 0:44:23 | 5:54:56 |
| 454 | 392 | 2 | Jim | Durham | SuperVet | M | 1:20:31 | 0:02:14 | 0:09:56 | 0:20:32 | 1:55:04 | 0:23:57 | 0:23:35 | 0:22:07 | 0:13:48 | 0:45:36 | 5:55:06 |
| 455 | 704 | 3 | Gerard | Fagan | Senior | M | 1:30:27 | 0:11:27 | 0:10:28 | 0:24:08 | 1:48:15 | 0:27:19 | 0:24:39 | 0:14:14 | 0:10:45 | 0:45:18 | 5:55:33 |

Overall

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|------------|---------------|-------------|--------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|---------------|
| 456 | 1062 | 4 | Diarmuid | Kelly | Senior | M | 1:19:58 | 0:03:39 | 0:10:12 | 0:24:58 | 1:50:26 | 0:23:04 | 0:24:08 | 0:33:44 | 0:48:45 | 5:55:33 | |
| 457 | 592 | 2 | Damien | Stone | Senior | M | 1:23:46 | 0:05:26 | 0:10:07 | 0:23:18 | 1:48:05 | 0:26:52 | 0:24:18 | 0:19:15 | 0:11:55 | 0:48:17 | 5:55:53 |
| 458 | 477 | 2 | Darren | Mc Kenna | Senior | M | 1:23:44 | 0:05:27 | 0:10:05 | 0:23:22 | 1:48:01 | 0:27:45 | 0:25:59 | 0:16:47 | 0:11:55 | 0:48:16 | 5:55:54 |
| 459 | 769 | 4 | Stuart | Kelly | Vet | M | 1:28:51 | 0:04:26 | 0:10:40 | 0:23:15 | 1:49:32 | 0:24:54 | 0:22:55 | 0:14:55 | 0:14:47 | 0:46:20 | 5:56:09 |
| 460 | 65 | 1 | Paul | Daly | Senior | M | 1:24:36 | 0:04:55 | 0:11:58 | 0:22:48 | 1:50:34 | 0:31:23 | 0:25:30 | 0:12:35 | 0:12:13 | 0:45:00 | 5:56:37 |
| 461 | 1302 | 5 | Alan | Molloy | SuperVet | M | 1:20:10 | 0:02:36 | 0:09:57 | 0:23:10 | 1:57:34 | 0:23:39 | 0:22:01 | 0:17:52 | 0:11:37 | 0:50:46 | 5:56:46 |
| 462 | 919 | 3 | Adam | Wilson | Senior | M | 1:26:22 | 0:17:36 | 0:09:52 | 0:23:36 | 1:49:09 | 0:27:15 | 0:23:34 | 0:17:31 | 0:11:19 | 0:48:14 | 5:56:52 |
| 463 | 358 | 2 | Barry | Cronin | Senior | M | 1:14:09 | 0:13:23 | 0:09:58 | 0:19:52 | 1:54:10 | 0:29:10 | 0:26:24 | 0:25:22 | 0:10:22 | 0:47:44 | 5:57:11 |
| 464 | 1157 | 4 | Mark | Preston | Senior | M | 1:20:34 | 0:01:38 | 0:09:39 | 0:23:52 | 1:56:21 | 0:22:50 | 0:22:27 | 0:21:44 | 0:14:57 | 0:44:54 | 5:57:18 |
| 465 | 822 | 3 | Ryan | Moffitt | Senior | M | 1:12:10 | 0:02:11 | 0:09:50 | 0:19:33 | 1:59:56 | 0:29:35 | | 0:17:20 | 0:18:35 | 1:10:36 | 5:57:35 |
| 466 | 739 | 3 | Patrick | Guy | Senior | M | 1:12:13 | 0:02:10 | 0:09:40 | 0:19:39 | 1:59:57 | 0:29:41 | | 0:17:14 | 0:18:33 | 1:10:39 | 5:57:36 |
| 467 | 867 | 3 | Mark | Redmond | Senior | M | 1:12:07 | 0:08:39 | 0:10:06 | 0:19:04 | 2:00:00 | 0:24:29 | 0:25:06 | 0:20:01 | 0:12:06 | 0:54:40 | 5:57:39 |
| 468 | 1045 | 4 | Simon | House | Senior | M | 1:23:11 | 0:01:57 | 0:11:24 | 0:22:51 | 1:47:10 | 0:24:37 | 0:25:49 | 0:22:33 | 0:14:45 | 0:45:30 | 5:57:50 |
| 469 | 372 | 2 | Deirdre | Dillon | SuperVet | F | 1:23:38 | 0:02:17 | 0:10:22 | 0:22:12 | 1:53:43 | | 0:43:57 | 0:20:33 | 0:14:45 | 0:48:42 | 5:57:52 |
| 470 | 686 | 3 | Kilian | Dooley | Vet | M | 1:30:05 | 0:07:36 | 0:08:53 | 0:23:34 | 1:52:33 | 0:25:01 | 0:21:40 | 0:17:08 | 0:12:32 | 0:46:29 | 5:57:55 |
| 471 | 717 | 3 | Eimear | Foley | Vet | F | 1:15:14 | 0:12:49 | 0:10:50 | 0:20:28 | 1:56:21 | 0:28:18 | 0:22:31 | 0:16:03 | 0:12:50 | 0:56:15 | 5:58:50 |
| 472 | 794 | 3 | Sophie | Mallon | Vet | F | 1:15:17 | 0:12:46 | 0:10:57 | 0:20:20 | 1:56:25 | 0:27:43 | 0:20:58 | 0:18:18 | 0:12:36 | 0:56:22 | 5:58:56 |
| 473 | 1301 | 4 | Andrew | Milne | Senior | M | 1:21:03 | 0:12:24 | 0:11:15 | 0:22:27 | 1:51:03 | 0:23:35 | 0:23:10 | 0:20:51 | 0:13:48 | 0:51:45 | 5:58:57 |
| 474 | 95 | 1 | Jackie | Fitzsimons | Senior | F | 1:20:01 | 0:02:22 | 0:09:43 | 0:24:32 | 1:48:10 | 0:24:01 | 0:22:17 | 0:23:41 | 0:15:32 | 0:51:03 | 5:59:00 |
| 475 | 1133 | 4 | Diarmuid | O Riordan | Vet | M | 1:20:03 | 0:10:24 | 0:10:35 | 0:22:36 | 2:00:23 | 0:23:00 | 0:24:30 | 0:17:44 | 0:12:57 | 0:47:15 | 5:59:03 |
| 476 | 577 | 2 | Derek | Ryan | Senior | F | 1:28:40 | 0:03:53 | 0:09:53 | 0:23:12 | 1:53:46 | 0:25:21 | 0:22:45 | 0:17:15 | 0:11:07 | 0:48:02 | 6:00:01 |
| 477 | 865 | 3 | Malcolm | Plant | Senior | M | 1:20:39 | 0:01:58 | 0:09:53 | 0:22:49 | 1:51:09 | 0:27:15 | 0:27:42 | 0:17:20 | 0:16:25 | 0:46:55 | 6:00:07 |
| 478 | 696 | 3 | Jason | Dunne | Vet | M | 1:14:43 | 0:05:57 | 0:10:04 | 0:19:37 | 1:59:41 | 0:25:15 | 0:24:00 | 0:20:27 | 0:12:11 | 0:54:22 | 6:00:20 |
| 479 | 447 | 2 | Barry | Kirwan | Senior | M | 1:27:25 | 0:05:40 | 0:10:40 | 0:24:11 | 1:56:55 | 0:25:44 | 0:23:15 | 0:12:37 | 0:10:59 | 0:48:44 | 6:00:30 |
| 480 | 273 | 1 | Barbara | Stritch | Senior | F | 1:32:20 | 0:17:28 | 0:09:48 | 0:24:39 | 1:47:11 | 0:27:13 | 0:25:08 | 0:14:41 | 0:10:54 | 0:48:37 | 6:00:31 |
| 481 | 321 | 2 | Neil | Bradley | Senior | M | 1:09:04 | 0:07:24 | 0:09:39 | 0:18:37 | 2:14:05 | 0:22:25 | 0:21:17 | 0:21:35 | 0:10:08 | 0:53:43 | 6:00:33 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 482 | 325 | 2 | Neill | Briody | Senior | M | 1:27:19 | 0:03:27 | 0:10:25 | 0:26:33 | 1:48:04 | 0:24:32 | 0:24:25 | 0:18:04 | 0:13:12 | 0:48:06 | 6:00:40 |
| 483 | 213 | 1 | Patrick | Murray | Senior | M | 1:29:50 | 0:02:31 | 0:10:19 | 0:24:09 | 1:47:18 | 0:24:39 | 0:22:45 | 0:20:58 | 0:13:41 | 0:47:03 | 6:00:42 |
| 484 | 356 | 2 | Sara | Creighton | Senior | F | 1:31:32 | 0:12:07 | 0:10:01 | 0:24:46 | 1:50:12 | 0:24:52 | 0:22:46 | 0:16:17 | 0:11:52 | 0:48:26 | 6:00:44 |
| 485 | 915 | 3 | Paul | Whelan | SuperVet | M | 1:15:10 | 0:05:37 | 0:10:11 | 0:19:24 | 1:59:39 | 0:25:09 | 0:24:09 | 0:20:22 | 0:12:16 | 0:54:28 | 6:00:48 |
| 486 | 470 | 2 | Conor Martin | Martin | Senior | M | 1:25:34 | 0:02:49 | 0:10:23 | 0:22:07 | 1:59:03 | 0:25:50 | 0:22:49 | 0:16:07 | 0:10:36 | 0:48:31 | 6:01:00 |
| 487 | 1164 | 4 | Eoin | Ryan | Senior | M | 1:18:30 | 0:01:11 | 0:11:05 | 0:22:18 | 2:06:10 | 0:25:42 | 0:22:52 | 0:18:33 | 0:11:37 | 0:44:17 | 6:01:04 |
| 488 | 557 | 2 | Sean | Orchard | Vet | M | 1:26:35 | 0:05:41 | 0:09:39 | 0:23:08 | 1:53:56 | 0:25:31 | 0:24:54 | 0:14:59 | 0:11:09 | 0:51:19 | 6:01:10 |
| 489 | 699 | 3 | Steven | Dyra | Senior | M | 1:19:57 | 0:03:35 | 0:09:54 | 0:22:39 | 1:48:51 | 0:28:02 | 0:23:28 | 0:22:35 | 0:15:48 | 0:50:01 | 6:01:15 |
| 490 | 635 | 3 | Greg | Burns | Senior | M | 1:20:35 | 0:02:13 | 0:10:50 | 0:25:15 | 1:50:07 | 0:27:17 | 0:25:31 | 0:17:38 | 0:14:06 | 0:50:02 | 6:01:21 |
| 491 | 823 | 3 | Tadhg | Moriarty | Senior | M | 1:31:59 | 0:06:53 | 0:10:06 | 0:25:02 | 1:47:34 | 0:26:51 | 0:23:25 | 0:19:22 | 0:11:45 | 0:45:22 | 6:01:26 |
| 492 | 437 | 2 | Brian | Kearney | Senior | M | 1:21:22 | 0:12:11 | 0:11:14 | 0:21:47 | 1:39:14 | 0:26:47 | 0:23:55 | 0:19:03 | 0:11:21 | 1:06:45 | 6:01:28 |
| 493 | 685 | 3 | Andrew | Doodson | Senior | M | 1:28:09 | 0:02:33 | 0:08:58 | 0:24:50 | 1:42:04 | 0:26:32 | 0:23:41 | 0:16:30 | 0:14:46 | 0:52:54 | 6:01:40 |

Overall

| | | | | | | | | | | | | | | | | | |
|------------|---------------|-------------|-------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|---------------|
| 494 | 494 | 2 | Emer | McGowan | Senior | F | 1:22:35 | 0:04:50 | 0:11:11 | 0:23:22 | 1:57:32 | 0:23:57 | 0:14:10 | 0:24:55 | 0:13:43 | 0:50:19 | 6:01:44 |
| 495 | 1402 | 3 | Ruairi | Rynn | Senior | M | 1:32:21 | 0:06:33 | 0:09:51 | 0:25:15 | 1:47:37 | 0:26:45 | 0:24:05 | 0:18:28 | 0:13:10 | 0:44:13 | 6:01:45 |
| 496 | 948 | 5 | Martin | Canny | Senior | M | 1:18:23 | 0:02:55 | 0:10:26 | 0:20:47 | 1:48:21 | 0:21:00 | | 0:42:06 | 0:14:18 | 1:06:26 | 6:01:47 |
| 497 | 586 | 2 | Breege | Smith | Senior | F | 1:22:30 | 0:01:21 | 0:09:56 | 0:22:45 | 1:51:36 | 0:23:26 | 0:23:22 | 0:20:20 | 0:17:21 | 0:50:41 | 6:01:57 |
| 498 | 914 | 3 | Bryan | Weafer | Senior | M | 1:29:44 | 0:02:51 | 0:10:44 | 0:24:07 | 1:51:43 | 0:25:57 | 0:23:02 | 0:10:49 | 0:12:17 | 0:53:47 | 6:02:10 |
| 499 | 701 | 3 | Dara | Elliott | Senior | M | 1:16:35 | 0:01:13 | 0:10:24 | 0:21:23 | 2:01:21 | 0:24:05 | 0:24:58 | 0:17:58 | 0:13:20 | 0:52:15 | 6:02:19 |
| 500 | 1323 | 5 | Patrick | O'Gorman | Vet | M | 1:21:23 | 0:14:56 | 0:09:37 | 0:25:27 | 1:48:24 | 0:29:59 | 0:23:55 | 0:22:35 | 0:13:07 | 0:48:03 | 6:02:30 |
| 501 | 1091 | 4 | Jim | McDevitt | Senior | M | 1:18:19 | 0:04:38 | 0:11:25 | 0:22:14 | 1:49:38 | 0:26:11 | 0:24:50 | 0:19:31 | 0:15:39 | 0:54:53 | 6:02:40 |
| 502 | 732 | 3 | Mike | Gorman | Vet | M | 1:26:39 | 0:02:45 | 0:09:38 | 0:21:13 | 2:02:40 | 0:25:05 | 0:22:35 | 0:17:37 | 0:12:21 | 0:44:52 | 6:02:40 |
| 503 | 1103 | 4 | Joseph | McLaughlin | Senior | M | 1:18:22 | 0:04:37 | 0:11:18 | 0:22:22 | 1:50:10 | 0:25:18 | 0:25:49 | 0:20:44 | 0:17:34 | 0:51:04 | 6:02:41 |
| 504 | 881 | 3 | Donna | Sargent | Senior | F | 1:17:53 | 0:07:41 | 0:10:14 | 0:21:30 | 2:00:00 | 0:27:24 | 0:26:33 | 0:18:20 | 0:12:25 | 0:48:23 | 6:02:42 |
| 505 | 594 | 2 | Michael | Sweetman | Vet | M | 1:30:23 | 0:08:53 | 0:09:18 | 0:25:22 | 1:50:37 | 0:22:27 | 0:21:24 | 0:21:05 | 0:15:28 | 0:46:40 | 6:02:44 |
| 506 | 1264 | 5 | Jodie | Lane | Senior | M | 1:21:55 | 0:14:26 | 0:09:32 | 0:25:32 | 1:50:28 | 0:27:24 | 0:23:41 | 0:23:20 | 0:13:17 | 0:47:49 | 6:02:58 |
| 507 | 222 | 1 | Emma | O'Boyle | Senior | F | 1:33:46 | | 0:16:37 | 0:23:38 | 1:41:21 | 0:23:44 | 0:22:18 | 0:19:14 | 0:11:52 | 0:50:39 | 6:03:09 |
| 508 | 406 | 2 | James | Fox | Senior | M | 1:19:18 | 0:06:08 | 0:11:49 | 0:23:40 | 1:55:58 | 0:25:12 | 0:21:48 | 0:21:50 | 0:14:28 | 0:49:11 | 6:03:14 |
| 509 | 277 | 1 | Edward | Taggart | Senior | M | 1:23:55 | 0:16:20 | 0:11:17 | 0:21:56 | 2:13:35 | 0:21:50 | 0:20:14 | 0:11:07 | 0:09:39 | 0:50:10 | 6:03:43 |
| 510 | 818 | 3 | Paul | McWilliams | Senior | M | 1:19:59 | 0:06:03 | 0:11:48 | 0:22:12 | 1:52:02 | 0:24:58 | 0:23:25 | 0:22:48 | 0:17:34 | 0:48:58 | 6:03:44 |
| 511 | 1094 | 4 | Glenn | McGall | Vet | M | 1:23:54 | 0:03:30 | 0:09:10 | 0:23:12 | 1:54:36 | 0:26:19 | 0:26:58 | 0:18:22 | 0:11:24 | 0:50:03 | 6:03:58 |
| 512 | 335 | 2 | Eamonn | Carolan | Senior | M | 1:27:32 | 0:05:10 | 0:10:07 | 0:23:28 | 1:51:11 | 0:25:25 | 0:24:16 | 0:18:42 | 0:12:21 | 0:51:15 | 6:04:17 |
| 513 | 646 | 3 | Champayne | Chamberlayne | Vet | F | 1:21:17 | 0:06:38 | 0:09:36 | 0:21:06 | 2:02:33 | 0:24:37 | 0:22:25 | | 0:30:18 | 0:53:07 | 6:04:59 |
| 514 | 684 | 3 | Finbar | Dineen | Senior | M | 1:22:24 | 0:10:31 | 0:10:57 | 0:21:54 | 1:50:25 | 0:24:16 | 0:25:34 | 0:19:46 | 0:13:40 | 0:56:51 | 6:05:47 |
| 515 | 1254 | 5 | Eamon | Hoey | Senior | M | 1:23:10 | 0:05:48 | 0:11:10 | 0:22:49 | 1:48:09 | 0:29:59 | 0:15:46 | 0:29:16 | 0:14:52 | 0:50:36 | 6:05:47 |
| 516 | 674 | 3 | John | Cusack | SuperVet | M | 1:28:07 | 0:07:53 | 0:10:00 | 0:23:48 | 1:51:54 | 0:25:29 | 0:22:42 | 0:15:33 | 0:15:43 | 0:52:46 | 6:06:02 |
| 517 | 351 | 2 | Mary | Collins | SuperVet | F | 1:24:13 | 0:11:22 | 0:11:37 | 0:22:34 | 1:58:46 | 0:23:05 | 0:20:44 | 0:23:08 | 0:14:36 | 0:47:20 | 6:06:03 |
| 518 | 897 | 3 | Mark | Sweeney | Vet | M | 1:20:28 | 0:22:02 | 0:09:44 | 0:22:27 | 2:01:03 | 0:24:59 | 0:25:49 | 0:19:39 | 0:14:11 | 0:47:48 | 6:06:08 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 519 | 953 | 4 | Tommy | Carroll | Senior | M | 1:22:52 | 0:05:51 | 0:09:13 | 0:24:28 | 1:54:35 | 0:24:52 | 0:23:23 | 0:18:44 | 0:14:40 | 0:53:39 | 6:06:26 |
| 520 | 461 | 2 | Darragh | Lynch | Vet | M | 1:26:27 | 0:04:38 | 0:10:23 | 0:23:44 | 1:50:01 | 0:25:16 | 0:26:40 | 0:17:46 | 0:16:45 | 0:49:29 | 6:06:31 |
| 521 | 106 | 1 | Stephen | Gilroy | Senior | M | 1:23:06 | 0:04:29 | 0:09:29 | 0:21:55 | 1:52:37 | 0:29:20 | 0:28:25 | | 0:29:24 | 0:52:17 | 6:06:33 |
| 522 | 909 | 3 | Thomas | Walsh | Senior | M | 1:23:41 | 0:09:42 | 0:12:16 | 0:23:31 | | 2:18:04 | 0:28:09 | | 0:29:46 | 0:51:10 | 6:06:37 |
| 523 | 628 | 3 | Peter | Brennan | Senior | M | 1:20:45 | 0:01:43 | 0:09:55 | 0:23:14 | 2:02:54 | | 0:50:58 | 0:14:36 | 0:10:52 | 0:53:26 | 6:06:40 |
| 524 | 981 | 4 | Greg | Doherty | Vet | M | 1:22:01 | 0:03:22 | 0:10:14 | 0:22:27 | 1:51:29 | 0:26:06 | 0:24:34 | 0:23:32 | 0:15:31 | 0:51:03 | 6:06:57 |
| 525 | 366 | 2 | Allan | Dardis | Vet | M | 1:19:41 | 0:06:28 | 0:10:26 | 0:27:10 | 1:54:36 | 0:28:40 | 0:25:52 | 0:18:34 | 0:13:34 | 0:48:29 | 6:07:02 |
| 526 | 329 | 2 | Colin | Campbell | Vet | M | 1:27:13 | 0:05:54 | 0:10:50 | 0:24:00 | 1:55:08 | 0:27:08 | 0:24:45 | 0:16:04 | 0:14:15 | 0:47:48 | 6:07:11 |
| 527 | 630 | 3 | Micheal | Briody | Senior | M | 1:22:06 | 0:01:54 | 0:10:41 | 0:25:02 | 1:56:45 | 0:28:25 | 0:28:54 | 0:15:03 | 0:14:13 | 0:46:07 | 6:07:16 |
| 528 | 405 | 2 | Barry | Flynn | Vet | M | 1:18:52 | 0:20:04 | 0:10:28 | | 2:13:36 | | 0:48:42 | | 0:32:59 | 1:02:49 | 6:07:26 |
| 529 | 157 | 1 | Jennifer | Lyons | Senior | F | 1:29:56 | 0:11:07 | 0:10:11 | 0:26:01 | 1:49:32 | 0:25:38 | 0:22:17 | 0:18:59 | 0:15:55 | 0:49:03 | 6:07:32 |
| 530 | 1002 | 4 | Adrian | Farrely | Senior | M | 1:17:47 | 0:03:08 | 0:09:47 | 0:22:26 | 1:51:12 | 0:31:10 | 0:27:50 | 0:18:15 | 0:13:54 | 0:55:21 | 6:07:42 |
| 531 | 1152 | 4 | Michael | O'Regan | Vet | M | 1:23:13 | 0:01:38 | 0:10:20 | 0:21:00 | | 2:21:02 | 0:24:37 | 0:21:29 | 0:15:26 | 0:50:59 | 6:08:06 |

Overall

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|------------|---------------|-------------|-------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|---------------|
| 532 | 555 | 2 | Shane | O'Neill | Senior | M | 1:13:03 | 0:02:23 | 0:09:30 | 0:20:28 | 2:10:16 | 0:26:35 | 0:25:00 | 0:25:08 | 0:11:35 | 0:46:33 | 6:08:08 |
| 533 | 543 | 2 | Yvonne | O'Donnell | Vet | F | 1:30:46 | 0:19:47 | 0:09:56 | 0:23:25 | 1:54:42 | 0:23:39 | 0:20:20 | 0:22:11 | 0:13:46 | 0:49:27 | 6:08:12 |
| 534 | 710 | 3 | Dara | Fee | Senior | M | 1:25:03 | 0:01:29 | 0:11:41 | 0:22:58 | 1:52:37 | 0:26:30 | 0:24:45 | 0:22:44 | 0:14:50 | 0:47:05 | 6:08:13 |
| 535 | 833 | 3 | Andy | O'Brien | Senior | M | 1:24:01 | 0:10:03 | 0:11:08 | 0:22:54 | 1:53:58 | 0:25:51 | 0:28:10 | 0:21:59 | 0:15:06 | 0:45:18 | 6:08:25 |
| 536 | 578 | 2 | Luke | Ryder | Senior | M | 1:18:11 | 0:07:23 | 0:11:32 | 0:25:17 | 1:49:39 | 0:28:34 | 0:24:34 | 0:24:26 | | 1:06:20 | 6:08:33 |
| 537 | 682 | 3 | Joe | Devlin | Vet | M | 1:33:27 | 0:06:19 | 0:11:24 | 0:25:26 | 1:49:09 | 0:26:24 | 0:24:13 | 0:19:49 | 0:10:43 | 0:47:58 | 6:08:33 |
| 538 | 626 | 3 | Niall | Bradley | Vet | M | 1:14:38 | 0:11:46 | 0:10:38 | 0:21:11 | 1:51:24 | | 0:55:22 | 0:25:09 | 0:11:29 | 0:58:58 | 6:08:49 |
| 539 | 19 | 1 | Tony | Burke | SuperVet | M | 1:30:08 | 0:06:04 | 0:09:48 | 0:24:46 | 1:56:27 | 0:23:19 | 0:21:32 | 0:12:50 | 0:12:20 | 0:57:40 | 6:08:50 |
| 540 | 300 | 1 | Mark | Wilson | Senior | M | 1:28:09 | 0:01:44 | 0:09:37 | 0:23:23 | 1:53:38 | 0:26:19 | 0:23:20 | 0:23:16 | 0:13:55 | 0:47:17 | 6:08:54 |
| 541 | 45 | 1 | Vincent | Coller | Senior | M | 1:18:34 | 0:01:09 | 0:08:37 | 0:20:16 | 2:00:26 | 0:25:15 | 0:22:15 | 0:18:33 | 0:17:29 | 0:57:31 | 6:08:56 |
| 542 | 304 | 1 | Kevin | Zemrowsky | Senior | M | 1:30:13 | 0:30:03 | 0:11:30 | 0:20:08 | 2:00:13 | 0:23:01 | 0:22:24 | 0:20:12 | 0:12:40 | 0:48:39 | 6:09:00 |
| 543 | 199 | 1 | Steven | McShea | Senior | M | 1:20:06 | 0:03:58 | 0:09:32 | 0:23:29 | 2:02:18 | 0:32:12 | 0:24:54 | 0:16:11 | 0:13:16 | 0:47:05 | 6:09:03 |
| 544 | 1311 | 5 | Mairead | Murphy | Vet | F | 1:17:36 | 0:03:18 | 0:11:11 | 0:22:20 | 1:56:10 | | 0:50:59 | 0:22:33 | 0:16:54 | 0:51:55 | 6:09:38 |
| 545 | 1368 | 4 | Thomas | Ryan | Senior | M | 1:17:36 | 0:04:38 | 0:10:55 | 0:22:35 | 1:58:41 | | 0:49:52 | 0:25:50 | 0:14:52 | 0:49:30 | 6:09:51 |
| 546 | 764 | 3 | Ronan | Kelly | Senior | M | 1:19:54 | 0:03:32 | 0:10:53 | 0:21:42 | 1:56:55 | 0:28:28 | 0:24:12 | 0:16:43 | 0:14:51 | 0:56:29 | 6:10:07 |
| 547 | 1220 | 5 | Mark | Condren | Senior | M | 1:24:12 | 0:07:58 | 0:11:18 | 0:24:26 | 1:49:39 | | 0:54:27 | 0:21:46 | 0:15:10 | 0:49:13 | 6:10:11 |
| 548 | 637 | 3 | Patrick | Cagney | Senior | M | 1:27:49 | 0:02:21 | 0:10:58 | 0:24:03 | 1:52:20 | 0:26:14 | 0:25:15 | 0:20:47 | 0:12:31 | 0:50:21 | 6:10:18 |
| 549 | 675 | 3 | Chris | Dalton | SuperVet | M | 1:21:39 | 0:05:24 | 0:16:41 | 0:25:33 | 1:48:56 | 0:23:40 | 0:25:09 | 0:25:54 | 0:14:06 | 0:48:46 | 6:10:24 |
| 550 | 187 | 1 | Kevin | McCarthy | Senior | M | 1:27:59 | 0:08:05 | 0:09:36 | 0:22:59 | 1:58:27 | 0:23:30 | 0:22:47 | 0:17:47 | 0:14:54 | 0:52:40 | 6:10:39 |
| 551 | 5 | 1 | Mark | Bell | Senior | M | 1:32:59 | 0:08:29 | 0:10:33 | 0:26:08 | 1:59:41 | 0:25:49 | 0:23:11 | 0:13:31 | | 0:58:52 | 6:10:44 |
| 552 | 839 | 3 | Rory | O'Loughlin | Senior | M | | | | 2:50:08 | 1:57:20 | 0:29:36 | 0:26:35 | 0:14:34 | 0:17:50 | 0:56:44 | 6:10:51 |
| 553 | 855 | 3 | Martin | O'Rourke | Vet | M | 1:26:49 | 0:01:52 | 0:10:47 | 0:22:56 | 1:59:10 | 0:26:00 | 0:22:43 | 0:18:00 | 0:14:38 | 0:50:26 | 6:11:29 |
| 554 | 1114 | 3 | David | Murphy | Senior | M | 1:17:19 | 0:03:16 | 0:09:59 | 0:20:50 | 2:07:11 | 0:23:45 | 0:21:14 | 0:22:28 | 0:13:12 | 0:55:38 | 6:11:36 |
| 555 | 731 | 3 | David | Gillic | Senior | M | 1:21:51 | 0:12:52 | 0:10:20 | 0:21:41 | 2:07:30 | 0:23:24 | 0:23:22 | 0:17:11 | 0:14:01 | 0:52:16 | 6:11:36 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 556 | 330 | 2 | Raechel | Campbell | Senior | F | 1:24:20 | 0:02:26 | 0:10:50 | 0:22:44 | 1:56:09 | 0:25:58 | 0:24:36 | 0:23:08 | 0:15:33 | 0:48:21 | 6:11:39 |
| 557 | 510 | 2 | John | Meade | Senior | M | 1:31:44 | 0:04:35 | 0:12:00 | 0:24:29 | 1:46:55 | 0:25:14 | 0:25:45 | 0:26:50 | 0:11:40 | 0:47:04 | 6:11:41 |
| 558 | 1236 | 5 | Martin | Doyle | Vet | M | 1:23:58 | 0:03:29 | 0:10:13 | 0:23:46 | 1:54:04 | 0:27:12 | 0:25:12 | 0:19:32 | 0:14:57 | 0:52:56 | 6:11:50 |
| 559 | 537 | 2 | Kevin | O'Leary | Senior | M | 1:22:28 | 0:01:39 | 0:11:28 | 0:25:05 | 2:03:21 | 0:25:42 | 0:24:14 | 0:16:12 | 0:12:19 | 0:51:20 | 6:12:09 |
| 560 | 631 | 3 | Ciaran | Briscoe | Senior | M | 1:22:45 | 0:11:34 | 0:09:52 | 0:21:05 | 2:11:38 | 0:24:36 | 0:23:43 | 0:17:52 | 0:11:02 | 0:50:08 | 6:12:41 |
| 561 | 261 | 1 | Dean | Rudd | Vet | M | 1:23:16 | 0:02:04 | 0:10:13 | 0:24:07 | 2:03:24 | 0:34:02 | 0:28:17 | 0:12:09 | 0:11:18 | 0:46:16 | 6:13:02 |
| 562 | 499 | 2 | Ronan | McMahon | Senior | M | 1:32:19 | 0:02:40 | 0:10:45 | 0:28:46 | 1:45:53 | 0:31:35 | 0:27:01 | 0:18:31 | 0:11:32 | 0:46:41 | 6:13:03 |
| 563 | 759 | 3 | Ronan | Kavanagh | Senior | M | 1:21:47 | 0:11:16 | 0:11:55 | 0:21:43 | 2:07:28 | 0:23:24 | 0:23:25 | 0:17:09 | 0:12:16 | 0:54:03 | 6:13:10 |
| 564 | 700 | 3 | Gavin | Egerton | Senior | M | 1:21:50 | 0:11:15 | 0:11:56 | 0:21:46 | 2:07:24 | 0:23:31 | 0:23:32 | 0:17:06 | 0:14:33 | 0:51:35 | 6:13:13 |
| 565 | 954 | 4 | Jennie | Cassidy | Senior | F | 1:18:07 | 0:01:18 | 0:10:05 | 0:23:11 | 1:58:52 | 0:25:04 | 0:23:06 | 0:21:24 | 0:19:41 | 0:53:49 | 6:13:19 |
| 566 | 1154 | 4 | David | O'Sullivan | Senior | M | 1:20:03 | 0:04:58 | 0:11:03 | 0:25:10 | 1:56:10 | 0:26:05 | 0:27:17 | 0:20:38 | 0:16:10 | 0:50:43 | 6:13:19 |
| 567 | 1040 | 3 | Alan | Hill | Senior | M | 1:27:55 | 0:02:32 | 0:10:48 | 0:23:27 | 1:56:41 | 0:29:01 | 0:26:29 | 0:16:27 | 0:11:57 | 0:50:45 | 6:13:30 |
| 568 | 395 | 2 | Paul | Fagan | Senior | M | 1:22:07 | 0:02:09 | 0:10:13 | 0:24:12 | 1:57:05 | 0:36:42 | 0:26:31 | 0:18:25 | 0:11:07 | 0:47:09 | 6:13:31 |
| 569 | 1245 | 5 | Mark | Geraghty | Senior | M | 1:39:02 | 0:04:18 | 0:10:48 | 0:28:56 | 1:51:47 | 0:23:58 | 0:14:57 | 0:24:04 | 0:14:04 | 0:46:12 | 6:13:48 |

Overall

| | | | | | | | | | | | | | | | | | |
|------------|---------------|-------------|-------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|---------------|
| 570 | 870 | 3 | Andrew | Reynolds | SuperVet | M | 1:26:13 | 0:01:28 | 0:09:39 | 0:23:32 | 1:51:10 | 0:25:35 | 0:23:36 | 0:24:54 | 0:18:03 | 0:51:06 | 6:13:48 |
| 571 | 775 | 3 | Youssef | Khalifa | Senior | M | 1:31:30 | 0:20:53 | 0:10:15 | 0:24:22 | 1:48:58 | 0:27:39 | 0:25:56 | 0:24:15 | 0:14:40 | 0:46:15 | 6:13:50 |
| 572 | 371 | 2 | Claire | Dillon | SuperVet | F | 1:27:00 | 0:09:00 | 0:11:05 | 0:23:32 | 2:00:41 | 0:27:13 | 0:25:29 | 0:18:43 | 0:12:48 | 0:47:28 | 6:13:59 |
| 573 | 702 | 3 | Michael | Erraught | Senior | M | 1:20:04 | 0:05:59 | 0:11:39 | 0:23:26 | 1:59:01 | 0:26:27 | 0:22:22 | 0:22:56 | 0:15:00 | 0:53:05 | 6:14:00 |
| 574 | 812 | 3 | David | McGurk | Senior | M | 1:15:53 | 0:07:45 | 0:11:16 | 0:21:06 | 2:08:55 | 0:26:57 | 0:26:23 | 0:18:24 | 0:11:45 | 0:53:23 | 6:14:02 |
| 575 | 1231 | 5 | James | D'Arcy | Senior | M | 1:18:56 | 0:06:04 | 0:10:13 | 0:23:12 | 2:05:20 | 0:25:59 | 0:26:16 | 0:15:36 | 0:13:14 | 0:55:21 | 6:14:07 |
| 576 | 968 | 4 | Christopher | Costello | Senior | M | 1:21:11 | 0:03:27 | 0:12:22 | 0:23:50 | 1:59:02 | 0:22:57 | 0:24:09 | 0:23:43 | 0:16:00 | 0:51:00 | 6:14:14 |
| 577 | 1115 | 4 | Keith | Murphy | Senior | M | 1:21:14 | 0:03:22 | 0:12:28 | 0:23:49 | 1:59:02 | 0:23:00 | 0:24:06 | 0:23:45 | 0:16:10 | 0:50:45 | 6:14:19 |
| 578 | 1008 | 4 | Barry | Flood | Senior | M | 1:32:24 | 0:07:01 | 0:11:50 | 0:22:54 | 1:58:10 | 0:18:49 | 0:20:10 | 0:29:50 | 0:13:10 | 0:47:03 | 6:14:20 |
| 579 | 660 | 3 | John | Cormican | Senior | M | 1:34:39 | 0:05:26 | 0:11:08 | 0:25:20 | 2:01:45 | 0:24:47 | 0:19:36 | 0:18:25 | 0:14:35 | 0:44:10 | 6:14:25 |
| 580 | 1276 | 5 | Caolan | Mac Mahon | Senior | M | 1:19:49 | 0:01:12 | 0:10:05 | 0:26:08 | 1:47:55 | 0:25:21 | 0:27:22 | 0:18:35 | 0:12:32 | 1:06:49 | 6:14:36 |
| 581 | 845 | 3 | Katie | O'Connor | Senior | F | 1:28:01 | 0:22:02 | 0:10:12 | 0:23:35 | 1:52:41 | 0:24:24 | 0:25:24 | 0:22:22 | 0:16:43 | 0:51:16 | 6:14:38 |
| 582 | 1347 | 4 | Cathal | Small | Senior | M | 1:17:53 | 0:07:28 | 0:11:16 | 0:21:14 | 1:54:15 | 0:28:49 | 0:25:33 | 0:26:08 | 0:13:24 | 0:56:09 | 6:14:41 |
| 583 | 588 | 2 | Andrea | Splendori | Vet | M | 1:28:48 | 0:02:15 | 0:10:28 | 0:25:20 | 1:52:26 | 0:28:23 | 0:25:37 | 0:21:34 | 0:14:13 | 0:47:47 | 6:14:41 |
| 584 | 750 | 3 | Chris | Home | Senior | M | 1:31:48 | 0:02:02 | 0:10:38 | 0:24:42 | 1:49:37 | 0:27:38 | 0:27:07 | 0:16:33 | 0:15:45 | 0:50:53 | 6:14:41 |
| 585 | 323 | 3 | Padraig | Brennan | Senior | M | 1:19:09 | 0:10:11 | 0:10:54 | 0:22:23 | 2:01:45 | 0:25:02 | 0:25:23 | 0:23:48 | 0:14:39 | 0:51:47 | 6:14:50 |
| 586 | 762 | 3 | Richard | Kelleher | Senior | M | 1:21:01 | 0:05:32 | 0:11:30 | 0:24:02 | 2:00:15 | 0:30:39 | 0:31:24 | 0:19:29 | 0:11:12 | 0:45:31 | 6:15:03 |
| 587 | 608 | 2 | Mark | Waters | Vet | M | 1:25:16 | 0:06:42 | 0:10:36 | 0:24:06 | 2:01:08 | 0:26:56 | 0:23:54 | 0:19:30 | 0:14:37 | 0:49:22 | 6:15:25 |
| 588 | 1010 | 4 | Graeme | Flower | Senior | M | 1:17:31 | 0:02:37 | 0:09:57 | 0:21:36 | 1:49:20 | 0:29:43 | 0:35:53 | 0:23:19 | 0:17:49 | 0:50:18 | 6:15:26 |
| 589 | 1317 | 5 | Martin | Noone | SuperVet | M | 1:26:12 | 0:01:38 | 0:09:42 | 0:24:27 | 2:00:42 | 0:27:06 | 0:15:01 | 0:26:13 | 0:12:43 | 0:53:29 | 6:15:35 |
| 590 | 597 | 2 | Damien | Tolan | Vet | M | 1:16:37 | 0:05:11 | 0:09:52 | 0:20:13 | 2:17:47 | 0:25:25 | 0:24:16 | 0:18:16 | 0:13:23 | 0:49:49 | 6:15:38 |
| 591 | 1366 | 4 | Dave | O'Leary | Senior | M | 1:22:26 | 0:02:33 | 0:10:34 | 0:23:38 | 1:56:21 | 0:27:52 | 0:27:36 | 0:20:29 | 0:16:19 | 0:50:30 | 6:15:45 |
| 592 | 777 | 3 | Sheila | Kilduff | Vet | F | 1:33:30 | 0:02:56 | 0:11:14 | 0:25:39 | 1:57:25 | 0:24:33 | 0:22:30 | 0:19:03 | 0:13:38 | 0:48:31 | 6:16:03 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 593 | 698 | 3 | Peter | Durnan | Vet | M | 1:21:55 | 0:05:20 | 0:11:11 | 0:25:31 | 1:57:49 | 0:29:49 | 0:26:59 | 0:21:04 | 0:13:18 | 0:48:39 | 6:16:15 |
| 594 | 1286 | 5 | Adrian | Mc Greal | Senior | M | 1:27:36 | 0:02:00 | 0:10:26 | 0:23:39 | 1:51:10 | 0:29:18 | 0:20:52 | 0:26:23 | 0:14:03 | 0:53:07 | 6:16:34 |
| 595 | 1071 | 4 | Mark | Leonard | SuperVet | M | 1:12:21 | 0:03:35 | 0:11:13 | 0:21:30 | 2:11:04 | 0:25:40 | 0:26:34 | 0:23:12 | 0:15:56 | 0:49:05 | 6:16:35 |
| 596 | 752 | 3 | Mark | Hughes | Vet | M | 1:28:54 | 0:03:56 | 0:10:18 | 0:24:52 | 2:04:22 | 0:25:50 | 0:22:35 | 0:15:39 | 0:15:24 | 0:49:07 | 6:17:01 |
| 597 | 837 | 5 | Aisling | O'Donnell | Senior | F | 1:16:01 | 0:00:48 | 0:11:15 | 0:22:38 | 2:13:30 | 0:27:11 | 0:24:28 | 0:19:36 | 0:14:15 | 0:48:31 | 6:17:25 |
| 598 | 1034 | 4 | Frank | Heanue | Vet | M | 1:29:25 | 0:10:09 | 0:11:04 | 0:26:50 | 2:03:33 | | 0:50:05 | | 0:26:18 | 0:50:15 | 6:17:30 |
| 599 | 327 | 2 | Brian | Burke | Senior | M | 1:27:23 | 0:20:46 | 0:09:46 | 0:25:12 | 1:56:21 | 0:27:08 | 0:24:54 | 0:19:44 | 0:17:27 | 0:49:57 | 6:17:52 |
| 600 | 569 | 2 | Paudie | Reale | Senior | M | 1:16:39 | 0:08:18 | 0:09:44 | 0:20:49 | 2:05:09 | 0:27:47 | 0:25:59 | 0:20:45 | 0:15:41 | 0:55:27 | 6:18:00 |
| 601 | 680 | 3 | Enda | Dempsey | Senior | M | 1:16:01 | 0:04:21 | 0:10:25 | 0:22:28 | 2:19:33 | 0:24:41 | 0:29:13 | 0:14:34 | 0:11:47 | 0:49:21 | 6:18:03 |
| 602 | 263 | 3 | Gerard | Ryan | Vet | M | 1:28:26 | 0:02:44 | 0:13:04 | 0:32:36 | 1:53:07 | 0:24:02 | 0:22:42 | 0:21:46 | 0:10:57 | 0:51:47 | 6:18:27 |
| 603 | 190 | 1 | Patrick | McGowan | Senior | M | 1:31:34 | 0:01:53 | 0:10:50 | 0:23:11 | 1:56:40 | 0:29:47 | 0:25:04 | 0:16:53 | 0:16:15 | 0:48:32 | 6:18:46 |
| 604 | 1275 | 5 | Michael | Lynch | Senior | M | 1:28:47 | 0:00:53 | 0:09:50 | 0:21:30 | 1:51:40 | | 0:47:20 | | 0:48:27 | 0:51:13 | 6:18:47 |
| 605 | 430 | 2 | Paddy | Holland | Senior | M | 1:28:54 | 0:02:42 | 0:10:01 | 0:22:55 | 2:03:31 | 0:27:31 | 0:24:02 | 0:19:15 | 0:13:51 | 0:48:52 | 6:18:52 |
| 606 | 1295 | 4 | Patrick | McDermott | Vet | M | 1:21:39 | 0:09:04 | 0:11:45 | 0:24:04 | 1:53:39 | 0:27:07 | 0:31:22 | 0:24:36 | 0:13:07 | 0:51:40 | 6:18:59 |
| 607 | 605 | 2 | Gordon | Walsh | Senior | M | 1:20:56 | 0:02:19 | 0:10:40 | 0:22:09 | 2:09:09 | 0:27:52 | 0:23:57 | 0:18:43 | 0:13:39 | 0:52:05 | 6:19:10 |

Overall

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|------------|---------------|-------------|-------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|---------------|
| 608 | 1196 | 4 | Eamon | Walsh | Senior | M | 1:22:29 | 0:02:49 | 0:11:22 | 0:22:06 | 1:59:16 | 0:26:14 | 0:22:16 | 0:23:44 | 0:15:41 | 0:56:10 | 6:19:18 |
| 609 | 765 | 3 | Aaron | Kelly | Senior | M | 1:20:28 | 0:01:42 | 0:11:04 | 0:22:48 | 2:00:01 | 0:27:20 | 0:26:11 | 0:30:16 | 0:13:59 | 0:47:21 | 6:19:28 |
| 610 | 1070 | 4 | Conor | Leen | Senior | M | 1:28:35 | 0:02:45 | 0:11:16 | 0:24:03 | 1:57:48 | 0:26:32 | 0:28:48 | 0:17:58 | 0:13:57 | 0:50:35 | 6:19:32 |
| 611 | 548 | 2 | Finbar | O'Keeffe | Vet | M | 1:27:48 | 0:05:32 | 0:09:33 | 0:23:47 | 1:57:04 | 0:29:07 | 0:25:53 | 0:17:13 | 0:12:48 | 0:56:22 | 6:19:35 |
| 612 | 541 | 2 | Fintan | O'Connor | Senior | M | 1:22:59 | 0:12:54 | 0:10:15 | 0:23:46 | 2:10:58 | 0:26:21 | 0:23:24 | 0:18:40 | 0:13:27 | 0:50:13 | 6:20:03 |
| 613 | 154 | 1 | Jason | Long | Senior | M | 1:21:50 | 0:03:43 | 0:11:11 | | 2:29:57 | 0:24:52 | 0:24:25 | 0:28:32 | 0:19:07 | 0:40:23 | 6:20:17 |
| 614 | 887 | 3 | Brian | Sheridan | Senior | M | 1:19:54 | 0:03:38 | 0:09:47 | 0:22:51 | 2:15:59 | 0:23:50 | 0:23:32 | 0:18:45 | 0:13:37 | 0:52:02 | 6:20:17 |
| 615 | 606 | 2 | Paddy | Ward | Senior | M | 1:24:42 | 0:03:48 | 0:10:53 | 0:23:44 | 1:44:12 | 0:36:51 | 0:25:23 | 0:25:42 | 0:15:48 | 0:53:04 | 6:20:19 |
| 616 | 297 | 1 | Paddy | Waters | Senior | M | 1:21:16 | 0:13:06 | 0:09:47 | 0:22:34 | 2:06:49 | 0:26:40 | 0:25:50 | 0:18:43 | 0:13:31 | 0:55:20 | 6:20:30 |
| 617 | 333 | 2 | Joseph | Carolan | SuperVet | M | 1:24:26 | 0:06:53 | 0:13:09 | 0:23:35 | 1:52:31 | 0:28:45 | 0:23:28 | 0:16:27 | 0:11:54 | 1:06:07 | 6:20:32 |
| 618 | 824 | 3 | Brian | Morley | Vet | M | 1:33:17 | 0:16:05 | 0:11:34 | 0:25:54 | 1:49:35 | 0:27:16 | 0:27:48 | 0:20:14 | 0:13:49 | 0:51:20 | 6:20:47 |
| 619 | 456 | 2 | Carol | Leonard | Senior | F | 1:27:29 | 0:06:45 | 0:10:25 | 0:25:52 | 1:57:39 | 0:26:50 | 0:25:26 | 0:21:21 | 0:13:29 | 0:52:18 | 6:20:49 |
| 620 | 633 | 3 | Gary | Brophy | Senior | M | 1:29:26 | 0:12:24 | 0:10:50 | 0:24:26 | 1:55:39 | 0:27:52 | 0:27:46 | 0:19:47 | 0:16:35 | 0:48:34 | 6:20:55 |
| 621 | 1076 | 4 | James | Lucey | Senior | M | 1:27:41 | 0:08:18 | 0:10:28 | 0:22:19 | 1:55:41 | 0:22:38 | 0:25:07 | 0:24:30 | 0:14:33 | 0:58:03 | 6:21:00 |
| 622 | 1005 | 4 | Ciaran | Fitzgibbon | Senior | M | 1:27:45 | 0:08:16 | 0:10:29 | 0:22:17 | 1:55:37 | 0:22:47 | 0:25:04 | 0:24:30 | 0:14:37 | 0:57:56 | 6:21:02 |
| 623 | 1291 | 5 | Eamon | McCarney | Vet | M | 1:39:20 | 0:06:11 | 0:09:41 | 0:26:06 | 1:44:03 | 0:27:39 | 0:25:01 | | 0:39:39 | 0:49:42 | 6:21:11 |
| 624 | 284 | 1 | Patrick | Toland | SuperVet | M | 1:24:30 | 0:02:31 | 0:09:32 | 0:24:13 | 1:54:15 | 0:32:59 | | 0:47:14 | 0:13:56 | 0:54:45 | 6:21:24 |
| 625 | 156 | 2 | Gary | Lydon | Senior | M | 1:17:09 | 0:16:16 | 0:10:07 | 0:23:19 | 1:56:23 | 0:25:36 | 0:23:30 | 0:22:32 | 0:12:34 | 1:10:26 | 6:21:36 |
| 626 | 829 | 3 | Diarmuid | Naughton | Senior | M | 1:39:43 | 0:06:52 | 0:09:18 | 0:28:03 | 1:49:09 | 0:29:01 | 0:28:41 | 0:18:19 | 0:13:14 | 0:46:25 | 6:21:53 |
| 627 | 622 | 3 | Garrett | Blaney | SuperVet | M | 1:30:05 | 0:04:56 | 0:10:16 | 0:25:20 | 1:52:44 | 0:23:58 | 0:22:40 | 0:24:16 | 0:16:49 | 0:55:56 | 6:22:04 |
| 628 | 719 | 3 | Alice | Freeley | Vet | F | 1:25:08 | 0:19:47 | 0:11:53 | 0:22:44 | 2:05:38 | 0:25:02 | 0:23:04 | 0:24:02 | 0:13:16 | 0:51:26 | 6:22:13 |
| 629 | 558 | 2 | Neil | O'Scolai | Senior | M | 1:26:57 | 0:01:32 | 0:10:58 | 0:24:10 | 1:54:47 | 0:25:40 | 0:25:27 | 0:26:08 | 0:16:12 | 0:52:16 | 6:22:35 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 630 | 651 | 3 | Adrian | Collins | Senior | M | 1:20:41 | 0:02:13 | 0:11:22 | 0:25:34 | 2:19:34 | 0:23:41 | 0:26:22 | 0:18:49 | 0:10:39 | 0:46:08 | 6:22:50 |
| 631 | 772 | 3 | Brian | Kennedy | Vet | M | 1:26:27 | 0:16:36 | 0:10:06 | 0:26:33 | | 2:24:26 | 0:26:55 | 0:25:39 | 0:15:43 | 0:47:02 | 6:22:51 |
| 632 | 832 | 3 | Peter | O'Brien | Senior | M | 1:20:44 | 0:02:12 | 0:11:17 | 0:25:34 | 2:19:31 | 0:23:58 | 0:26:14 | 0:19:07 | 0:10:22 | 0:46:10 | 6:22:57 |
| 633 | 773 | 3 | Susan | Kennedy | Senior | F | 1:26:40 | 0:16:24 | 0:10:10 | 0:26:25 | 1:57:00 | 0:27:39 | 0:26:55 | 0:25:34 | 0:15:41 | 0:47:00 | 6:23:04 |
| 634 | 425 | 2 | Donal | Hardiman | Senior | M | 1:26:49 | 0:02:13 | 0:10:31 | 0:24:18 | 1:58:42 | 0:26:54 | 0:23:24 | 0:18:25 | 0:16:19 | 0:57:47 | 6:23:09 |
| 635 | 32 | 4 | Paul | Carroll | SuperVet | M | 1:26:04 | 0:02:38 | 0:09:11 | 0:24:30 | 1:58:48 | 0:25:54 | 0:24:10 | 0:20:06 | 0:18:48 | 0:55:59 | 6:23:30 |
| 636 | 237 | 1 | Ellen | Ormsby | Senior | F | 1:37:26 | 0:09:00 | 0:09:52 | 0:24:15 | 2:00:05 | 0:25:41 | 0:23:15 | 0:19:30 | 0:13:20 | 0:50:11 | 6:23:35 |
| 637 | 1029 | 4 | Gerard | Halligan | Senior | M | 1:28:45 | 0:04:18 | 0:10:28 | 0:23:01 | 1:57:35 | 0:23:53 | 0:23:22 | 0:22:31 | 0:14:02 | 1:00:04 | 6:23:41 |
| 638 | 164 | 1 | Cathal | Mangan | Vet | M | 1:29:08 | 0:01:28 | 0:11:16 | 0:24:45 | 1:53:08 | 0:30:20 | 0:26:05 | 0:18:42 | 0:17:19 | 0:53:04 | 6:23:47 |
| 639 | 1153 | 4 | Karl | O'Reilly | Senior | M | 1:21:17 | 0:03:15 | 0:10:18 | 0:23:33 | 2:01:42 | 0:26:00 | 0:25:13 | 0:23:23 | 0:16:28 | 0:56:15 | 6:24:09 |
| 640 | 937 | 4 | Eamonn | Burns | Senior | M | 1:12:41 | 0:03:21 | 0:11:55 | 0:22:55 | 2:14:42 | 0:26:33 | 0:22:28 | 0:25:24 | 0:15:43 | 0:52:00 | 6:24:21 |
| 641 | 607 | 2 | Shane | Warner | Senior | M | 1:36:15 | 0:06:47 | 0:11:05 | 0:25:12 | 1:53:56 | 0:26:29 | 0:25:56 | 0:18:43 | 0:15:31 | 0:51:26 | 6:24:33 |
| 642 | 1161 | 4 | Thomas | Rodwell | Senior | M | 1:21:48 | 0:04:45 | 0:10:21 | 0:24:48 | 1:57:45 | 0:29:11 | 0:29:59 | 0:23:17 | 0:14:15 | 0:53:11 | 6:24:35 |
| 643 | 838 | 3 | Brendan | O'Keeffe | Senior | M | 1:20:25 | 0:01:47 | 0:11:04 | 0:22:47 | 1:59:59 | 0:30:03 | 0:28:08 | 0:30:07 | 0:15:03 | 0:47:00 | 6:24:36 |
| 644 | 79 | 1 | Gillian | Doyle | SuperVet | F | 1:37:50 | 0:01:04 | 0:10:55 | 0:26:43 | 1:59:32 | 0:24:07 | 0:20:30 | 0:21:27 | 0:16:02 | 0:47:54 | 6:25:00 |
| 645 | 821 | 3 | Radu Eugen | Mitrache | Senior | M | 1:28:14 | 0:02:11 | 0:10:23 | 0:23:54 | 2:03:00 | 0:26:58 | 0:26:06 | 0:23:54 | 0:14:37 | 0:48:27 | 6:25:33 |

Overall

| | | | | | | | | | | | | | | | | | |
|------------|---------------|-------------|-------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|---------------|
| 646 | 144 | 1 | David | Kirkpatrick | Senior | M | 1:28:12 | 0:01:40 | 0:09:43 | 0:23:30 | 1:54:03 | 0:26:25 | 0:28:35 | 0:24:36 | 0:19:33 | 0:51:00 | 6:25:37 |
| 647 | 672 | 3 | Stephen | Cunningham | Senior | M | 1:35:23 | 0:22:25 | 0:10:31 | 0:24:57 | 1:50:39 | 0:28:02 | | 0:47:34 | 0:17:22 | 0:51:10 | 6:25:38 |
| 648 | 501 | 2 | John | McManus | Vet | M | 1:22:19 | 0:03:20 | 0:11:16 | 0:22:06 | 2:03:40 | 0:24:36 | 0:23:19 | 0:22:10 | 0:14:52 | 1:01:45 | 6:26:03 |
| 649 | 195 | 1 | Ray | McLaughlin | Vet | M | 1:23:26 | 0:08:44 | 0:10:53 | 0:22:07 | 1:56:22 | 0:34:41 | 0:28:36 | 0:27:37 | 0:13:11 | 0:49:58 | 6:26:51 |
| 650 | 1169 | 4 | Sasan | Salari | Vet | M | 1:32:42 | 0:03:42 | 0:10:43 | 0:25:17 | 1:47:57 | 0:28:28 | 0:26:37 | 0:24:26 | 0:19:28 | 0:51:18 | 6:26:56 |
| 651 | 92 | 1 | Linda | Finnegan | Senior | F | 1:24:05 | 0:12:37 | 0:10:27 | 0:21:24 | 2:08:19 | 0:25:15 | 0:24:00 | 0:23:57 | 0:13:45 | 0:55:49 | 6:27:01 |
| 652 | 142 | 1 | Brendan | Keogh | Senior | M | 1:26:07 | 0:03:09 | 0:10:55 | 0:22:03 | 2:13:57 | 0:25:49 | 0:22:25 | 0:19:11 | 0:18:36 | 0:48:04 | 6:27:07 |
| 653 | 554 | 2 | Aidan | O'Neill | Senior | M | 1:34:55 | 0:01:56 | 0:09:53 | 0:25:54 | 1:52:37 | 0:28:46 | 0:28:33 | 0:17:20 | 0:14:44 | 0:54:27 | 6:27:09 |
| 654 | 408 | 2 | Mark | Galvin | Senior | M | 1:26:20 | 0:01:04 | 0:10:37 | 0:23:38 | 1:47:37 | 0:31:08 | 0:26:41 | 0:19:32 | 0:17:09 | 1:04:28 | 6:27:10 |
| 655 | 462 | 2 | John | Lyons | SuperVet | M | 1:32:14 | 0:02:33 | 0:11:53 | 0:27:29 | 1:39:12 | 0:29:02 | 0:26:26 | 0:28:12 | 0:21:45 | 0:51:11 | 6:27:24 |
| 656 | 41 | 1 | Hillary | Cleary | Senior | F | 1:37:18 | 0:07:44 | 0:09:00 | 0:25:22 | 1:59:48 | 0:27:50 | 0:23:57 | 0:18:30 | 0:13:08 | 0:53:09 | 6:28:02 |
| 657 | 1217 | 5 | Ryan | Colhoun | Senior | M | 1:21:38 | 0:02:27 | 0:10:17 | 0:23:40 | 1:59:09 | 0:29:52 | 0:24:49 | 0:24:29 | 0:15:29 | 0:58:45 | 6:28:08 |
| 658 | 1230 | 3 | Marc | Daly | Vet | M | 1:22:33 | 0:03:42 | 0:10:24 | 0:22:10 | 2:01:06 | 0:26:21 | 0:27:05 | 0:20:46 | 0:17:01 | 1:00:53 | 6:28:19 |
| 659 | 705 | 4 | Keith | Fahy | Senior | M | 1:25:53 | 0:02:53 | 0:09:43 | 0:23:40 | 2:09:12 | 0:23:48 | 0:26:48 | 0:20:03 | 0:16:42 | 0:52:32 | 6:28:21 |
| 660 | 835 | 3 | Micheal | O Connor | Senior | M | 1:23:35 | 0:09:22 | 0:10:58 | 0:22:15 | 2:17:05 | 0:27:37 | 0:24:31 | 0:22:02 | 0:12:23 | 0:48:03 | 6:28:29 |
| 661 | 1111 | 4 | Alan | Mulligan | Senior | M | 1:23:57 | 0:02:57 | 0:11:45 | 0:25:09 | 1:56:29 | 0:28:54 | 0:23:16 | 0:19:07 | 0:16:17 | 1:03:35 | 6:28:29 |
| 662 | 296 | 1 | Niall | Walshe | Senior | M | 1:19:44 | 0:02:39 | 0:10:02 | 0:20:56 | 1:59:23 | 0:31:57 | 0:26:50 | 0:21:05 | 0:21:15 | 0:57:28 | 6:28:40 |
| 663 | 1085 | 4 | Ryan | McAuley | Senior | M | 1:20:05 | 0:03:41 | 0:10:17 | 0:21:23 | 1:59:13 | 0:25:55 | 0:30:16 | 0:24:49 | 0:21:44 | 0:54:58 | 6:28:40 |
| 664 | 1374 | 4 | Frank | Gough | Senior | M | 1:24:12 | 0:06:12 | 0:10:42 | 0:24:19 | 2:03:47 | 0:24:13 | 0:26:31 | 0:27:21 | 0:18:01 | 0:49:46 | 6:28:52 |
| 665 | 454 | 2 | Adrian | Lang | Senior | M | 1:22:56 | 0:05:16 | 0:10:36 | 0:23:14 | 2:03:31 | 0:27:09 | 0:26:29 | 0:19:37 | 0:13:36 | 1:01:52 | 6:29:00 |
| 666 | 840 | 3 | Carolyn | O' Malley | Senior | F | 1:29:11 | 0:14:47 | 0:09:42 | 0:23:28 | 2:04:54 | 0:27:04 | 0:29:03 | 0:19:02 | 0:12:12 | 0:54:27 | 6:29:03 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 667 | 281 | 2 | Keith | Tiernan | Vet | M | 1:37:24 | 0:12:35 | 0:09:05 | 0:26:56 | 1:50:30 | 0:31:39 | 0:25:21 | 0:14:52 | 0:21:49 | 0:51:27 | 6:29:03 |
| 668 | 1098 | 4 | Robert | McGovern | Vet | M | 1:29:34 | 0:04:24 | 0:11:36 | 0:23:16 | 1:50:21 | | 0:54:28 | 0:29:43 | 0:17:14 | 0:53:01 | 6:29:13 |
| 669 | 352 | 2 | Patrick | Corkery | Vet | M | 1:24:16 | 0:09:57 | 0:10:31 | 0:22:38 | 2:04:23 | 0:27:22 | 0:26:54 | 0:28:32 | 0:15:17 | 0:49:30 | 6:29:23 |
| 670 | 446 | 2 | Sharon | Kinsella | Senior | F | 1:22:50 | 0:03:48 | 0:11:47 | 0:23:30 | 2:03:38 | 0:27:22 | 0:26:21 | 0:25:27 | 0:15:30 | 0:53:00 | 6:29:25 |
| 671 | 64 | 1 | Deirdre | Daly | Senior | F | 1:29:26 | 0:02:17 | 0:11:13 | 0:23:14 | 2:04:49 | 0:26:53 | 0:23:53 | 0:21:35 | 0:12:54 | 0:55:42 | 6:29:39 |
| 672 | 249 | 1 | Anthony | Quinn | Senior | M | 1:27:26 | 0:04:19 | 0:11:15 | 0:25:36 | 1:59:25 | 0:32:20 | 0:28:09 | 0:20:55 | 0:13:52 | 0:51:03 | 6:30:01 |
| 673 | 166 | 1 | Amanda | Maree | Senior | F | 1:31:28 | 0:06:03 | 0:08:39 | 0:25:30 | 2:01:26 | 0:27:44 | 0:25:09 | 0:18:49 | 0:16:17 | 0:54:59 | 6:30:01 |
| 674 | 388 | 2 | Karen | Dunne | Senior | F | 1:34:40 | 0:14:11 | 0:10:45 | 0:28:11 | 2:00:02 | 0:25:45 | 0:24:01 | 0:20:38 | 0:16:03 | 0:50:06 | 6:30:11 |
| 675 | 132 | 1 | Maeve | Kealy | Senior | F | 1:23:33 | 0:02:55 | 0:10:00 | 0:23:08 | 2:06:53 | 0:25:53 | 0:22:56 | 0:24:38 | 0:20:21 | 0:52:54 | 6:30:16 |
| 676 | 590 | 2 | Barry | Stack | Senior | M | 1:24:32 | 0:01:24 | 0:10:25 | 0:22:44 | 1:53:45 | 0:32:49 | 0:26:15 | 0:18:25 | 0:16:07 | 1:05:19 | 6:30:21 |
| 677 | 786 | 3 | Darren | Lawlor | Senior | M | 1:25:06 | | 0:16:21 | 0:24:48 | 1:49:44 | 0:27:15 | 0:25:31 | 0:28:26 | 0:19:49 | 0:53:21 | 6:30:21 |
| 678 | 583 | 2 | Geraldine | Sherlock | Senior | F | 1:22:54 | 0:03:43 | 0:11:54 | 0:23:30 | 1:54:55 | 0:25:44 | 0:24:33 | 0:23:57 | 0:20:10 | 1:02:56 | 6:30:33 |
| 679 | 1117 | 4 | Alan | Murphy | SuperVet | M | 1:29:35 | 0:04:24 | 0:11:26 | 0:23:53 | 1:49:49 | 0:26:22 | 0:28:04 | 0:23:34 | 0:19:03 | 0:58:57 | 6:30:43 |
| 680 | 683 | 3 | Denis | Dineen | Vet | M | 1:27:55 | 0:18:04 | 0:10:17 | 0:24:36 | 2:07:22 | 0:27:58 | 0:25:38 | 0:18:49 | 0:18:21 | 0:50:11 | 6:31:07 |
| 681 | 815 | 3 | Barry | McMahon | Vet | M | 1:33:09 | 0:02:44 | 0:11:58 | 0:26:04 | 1:42:37 | 0:25:43 | 0:23:05 | 0:32:02 | 0:22:31 | 0:54:06 | 6:31:15 |
| 682 | 247 | 1 | James | Purcell | Senior | M | 1:36:17 | 0:01:12 | 0:08:45 | | 2:22:06 | 0:26:39 | 0:24:47 | 0:23:02 | 0:16:42 | 0:53:06 | 6:31:24 |
| 683 | 708 | 3 | Emma | Faulkner | Senior | F | 1:22:16 | 0:06:22 | 0:10:53 | 0:23:02 | 2:14:31 | 0:27:37 | 0:25:03 | 0:20:03 | 0:17:18 | 0:51:01 | 6:31:44 |

Overall

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|------------|---------------|-------------|---------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|---------------|
| 684 | 260 | 1 | David | Ross | Vet | M | 1:21:24 | 0:01:35 | 0:10:09 | 0:24:10 | 2:04:11 | 0:24:55 | 0:30:53 | 0:22:09 | 0:18:00 | 0:56:26 | 6:32:17 |
| 685 | 428 | 2 | Niall | Higgins | Vet | M | 1:29:36 | 0:14:07 | 0:09:54 | 0:23:36 | 2:02:45 | 0:27:09 | 0:22:33 | 0:21:23 | 0:17:43 | 0:58:04 | 6:32:43 |
| 686 | 527 | 2 | Tony | Nally | SuperVet | M | 1:26:42 | 0:04:16 | 0:09:26 | 0:22:47 | 1:54:09 | 0:29:51 | 0:26:30 | 0:19:20 | 0:13:49 | 1:10:12 | 6:32:46 |
| 687 | 926 | 4 | Faris | Aranki | Senior | M | 1:25:49 | 0:03:05 | 0:11:26 | 0:24:45 | 1:58:22 | | 0:51:03 | 0:32:42 | 0:18:40 | 0:50:04 | 6:32:51 |
| 688 | 409 | 2 | Michael | Gately | Vet | M | 1:33:17 | 0:05:56 | 0:09:24 | 0:25:19 | 2:04:12 | 0:29:58 | 0:27:19 | 0:17:09 | 0:13:30 | 0:52:44 | 6:32:52 |
| 689 | 749 | 3 | Patrick | Hogan | SuperVet | M | 1:38:44 | 0:06:22 | 0:10:35 | 0:23:56 | 2:07:14 | 0:25:55 | 0:23:21 | 0:21:23 | 0:14:44 | 0:47:00 | 6:32:52 |
| 690 | 639 | 3 | Peter | Carberry | Senior | M | | | | | | | | | | | 6:32:57 |
| 691 | 559 | 2 | David | OSullivan | SuperVet | M | 1:19:34 | 0:01:11 | 0:10:20 | 0:22:03 | 2:03:10 | 0:25:56 | 0:23:11 | 0:25:47 | 0:20:12 | 1:02:55 | 6:33:08 |
| 692 | 1019 | 4 | Brian | Geraghty | Senior | M | 1:28:48 | 0:04:17 | 0:10:40 | 0:22:52 | 2:04:58 | | 0:57:26 | 0:19:55 | 0:15:12 | 0:53:25 | 6:33:16 |
| 693 | 235 | 1 | Clodagh | O'Reilly | Vet | F | 1:23:30 | 0:02:56 | 0:09:50 | 0:23:21 | 2:06:47 | 0:25:41 | 0:22:53 | 0:25:01 | 0:20:26 | 0:55:55 | 6:33:24 |
| 694 | 649 | 3 | Austin | Coll | Senior | M | 1:33:48 | 0:02:14 | 0:10:30 | 0:26:33 | 2:07:08 | 0:25:42 | 0:24:24 | 0:19:17 | 0:17:58 | 0:48:05 | 6:33:25 |
| 695 | 1170 | 4 | Oisin | Scollard | Senior | M | 1:22:57 | 0:08:36 | 0:11:01 | 0:22:36 | 2:10:24 | 0:28:47 | 0:14:01 | 0:29:23 | 0:17:40 | 0:56:43 | 6:33:32 |
| 696 | 876 | 3 | Neil | Ryan | Senior | M | 1:34:31 | 0:08:41 | 0:12:17 | 0:25:43 | 1:55:35 | 0:25:57 | 0:28:58 | 0:21:26 | 0:13:11 | 0:56:00 | 6:33:38 |
| 697 | 563 | 2 | John | Quinn | Vet | M | 1:30:50 | 0:08:34 | 0:10:35 | 0:23:49 | 2:02:01 | 0:29:20 | 0:27:26 | 0:23:56 | 0:13:12 | 0:52:42 | 6:33:51 |
| 698 | 194 | 1 | Art | McKevitt | Senior | M | 1:23:28 | 0:02:00 | 0:11:47 | 0:22:27 | 2:08:16 | 0:27:25 | 0:28:01 | 0:19:18 | 0:15:37 | 0:57:44 | 6:34:03 |
| 699 | 480 | 2 | Declan | Mc Mahon | Vet | M | 1:32:19 | 0:11:12 | 0:10:46 | 0:24:41 | 2:11:43 | 0:26:03 | 0:23:10 | 0:18:11 | 0:13:23 | 0:53:54 | 6:34:10 |
| 700 | 479 | 2 | Sharon | Mc Mahon | Vet | F | 1:32:21 | 0:11:08 | 0:10:51 | 0:24:37 | 2:11:42 | 0:25:51 | 0:23:02 | 0:18:37 | 0:13:22 | 0:53:51 | 6:34:14 |
| 701 | 716 | 3 | Alan Jeremiah | Flynn | Vet | M | 1:27:59 | 0:07:34 | 0:10:56 | | 2:32:57 | 0:25:39 | 0:24:07 | 0:25:52 | 0:13:31 | 0:53:19 | 6:34:20 |
| 702 | 185 | 1 | Norman | McCann | Senior | M | 1:29:43 | 0:02:16 | 0:10:53 | 0:24:46 | 2:06:15 | 0:25:45 | 0:23:16 | 0:20:05 | 0:17:54 | 0:55:49 | 6:34:26 |
| 703 | 220 | 1 | Tom | O' Reilly | Senior | M | 1:29:45 | 0:02:11 | 0:10:52 | 0:22:24 | 1:51:23 | 0:22:59 | 0:20:09 | 0:22:25 | 0:15:08 | 1:19:25 | 6:34:30 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 704 | 1017 | 4 | Padraig | Garrihy | Vet | M | 1:22:04 | 0:04:27 | 0:10:41 | 0:24:31 | 2:06:22 | 0:25:35 | 0:25:13 | 0:31:13 | 0:19:57 | 0:48:55 | 6:34:31 |
| 705 | 816 | 3 | Ollie | McMahon | Vet | M | 1:29:15 | 0:04:58 | 0:09:37 | 0:27:04 | 2:10:42 | 0:28:14 | 0:26:28 | 0:20:45 | 0:12:22 | 0:50:23 | 6:34:50 |
| 706 | 853 | 3 | Barry | O'Mahony | Senior | M | 1:29:16 | 0:07:16 | 0:10:12 | 0:25:57 | 2:04:46 | 0:25:22 | 0:23:58 | 0:27:39 | 0:20:28 | 0:47:37 | 6:35:15 |
| 707 | 676 | 3 | Andrew | D'Arcy | Senior | M | 1:29:18 | 0:07:15 | 0:10:17 | 0:25:54 | 2:04:46 | 0:25:32 | 0:23:54 | 0:26:31 | 0:21:24 | 0:47:42 | 6:35:18 |
| 708 | 860 | 3 | Adam | Parker | Senior | M | 1:22:24 | 0:10:38 | 0:12:19 | 0:26:06 | 2:11:57 | 0:27:56 | 0:25:00 | 0:24:22 | 0:15:22 | 0:50:02 | 6:35:28 |
| 709 | 670 | 3 | Yvonne | Cummins | Senior | F | 1:29:09 | 0:11:00 | 0:10:16 | 0:24:23 | 2:04:02 | 0:27:50 | 0:26:45 | 0:23:41 | 0:14:51 | 0:54:46 | 6:35:43 |
| 710 | 396 | 2 | Neil | Fagan | Senior | M | 1:23:16 | 0:10:49 | 0:11:54 | 0:26:04 | 1:48:43 | 0:31:47 | 0:27:46 | 0:28:16 | 0:18:55 | 0:59:09 | 6:35:50 |
| 711 | 316 | 2 | Deirdre | Boland | Vet | F | 1:31:26 | 0:09:38 | 0:11:02 | 0:26:59 | 2:00:03 | 0:27:13 | 0:24:39 | 0:22:41 | 0:18:21 | 0:53:32 | 6:35:56 |
| 712 | 489 | 2 | Eamonn | McFadden | Senior | M | 1:32:10 | 0:04:40 | 0:09:42 | 0:26:23 | 1:58:15 | 0:28:50 | 0:25:44 | 0:26:19 | 0:17:28 | 0:51:05 | 6:35:56 |
| 713 | 952 | 4 | Ray | Carolan | Senior | M | 1:18:53 | 0:04:44 | 0:10:07 | 0:23:34 | 2:13:55 | | 1:00:48 | 0:19:24 | 0:13:30 | 0:55:45 | 6:36:03 |
| 714 | 980 | 4 | Keith | Devane | Senior | M | 1:23:06 | 0:03:08 | 0:11:05 | 0:24:05 | 2:11:04 | 0:32:34 | 0:17:21 | 0:29:03 | 0:18:08 | 0:49:52 | 6:36:18 |
| 715 | 8 | 1 | Charlotte | Bosanquet | Senior | F | 1:32:14 | | 0:18:06 | 0:23:27 | 2:00:26 | 0:29:17 | 0:26:24 | 0:22:29 | 0:14:02 | 0:49:58 | 6:36:23 |
| 716 | 951 | 4 | Eithne | Carolan | Senior | F | 1:28:32 | 0:09:34 | 0:10:13 | 0:23:13 | 2:01:38 | | 0:53:22 | 0:24:29 | 0:14:05 | 1:01:05 | 6:36:37 |
| 717 | 1199 | 4 | Abina | Whelan | Senior | F | 1:28:39 | 0:06:28 | 0:09:56 | 0:25:48 | 1:48:55 | 0:30:35 | 0:26:49 | 0:27:35 | 0:24:52 | 0:53:58 | 6:37:07 |
| 718 | 1200 | 4 | Koe | Whelan | SuperVet | M | 1:28:44 | 0:06:24 | 0:09:58 | 0:25:42 | 1:49:00 | 0:30:37 | 0:27:01 | 0:27:28 | 0:24:46 | 0:53:56 | 6:37:12 |
| 719 | 110 | 1 | Paul | Greeran | SuperVet | M | 1:27:05 | 0:02:42 | 0:10:42 | 0:23:12 | 2:04:52 | 0:26:58 | 0:22:47 | 0:27:17 | 0:21:26 | 0:53:17 | 6:37:36 |
| 720 | 1204 | 4 | Robert | Woulfe | Senior | M | 1:31:44 | 0:06:30 | 0:11:06 | 0:30:26 | 2:00:35 | 0:29:01 | 0:28:39 | 0:21:43 | 0:15:29 | 0:49:07 | 6:37:50 |
| 721 | 97 | 1 | Robert | Flynn | Senior | M | 1:24:33 | 0:04:06 | 0:11:24 | 0:21:02 | 2:07:17 | 0:28:50 | 0:26:02 | 0:25:25 | 0:22:03 | 0:51:22 | 6:37:58 |

Overall

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|------------|---------------|-------------|-------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|----------------|
| 722 | 177 | 1 | Brenda | Mc Mahon | Senior | F | 1:26:11 | 0:03:10 | 0:10:52 | 0:22:04 | 2:13:58 | 0:26:01 | 0:22:48 | 0:25:51 | 0:13:10 | 0:57:28 | 6:38:23 |
| 723 | 1235 | 5 | Brian | Doyle | Vet | M | 1:40:19 | 0:02:59 | 0:11:21 | 0:28:24 | 1:55:48 | 0:23:49 | 0:18:02 | 0:25:26 | 0:21:07 | 0:54:38 | 6:38:54 |
| 724 | 53 | 1 | Paraic | Conlon | Senior | M | 1:40:01 | 0:04:47 | 0:10:30 | 0:28:37 | 2:01:50 | 0:32:02 | 0:29:29 | 0:16:24 | 0:12:01 | 0:48:01 | 6:38:55 |
| 725 | 962 | 4 | Rachel | Coleman | Senior | F | 1:27:23 | 0:02:53 | 0:13:20 | 0:24:29 | 2:02:59 | 0:25:02 | 0:24:21 | 0:25:33 | 0:22:35 | 0:53:30 | 6:39:12 |
| 726 | 122 | 1 | David | Henry | Senior | M | 1:35:14 | 0:01:19 | 0:10:05 | 0:24:31 | 2:07:03 | 0:24:25 | 0:23:27 | 0:21:14 | 0:15:37 | 0:57:46 | 6:39:22 |
| 727 | 121 | 1 | Alan | Henry | Senior | M | 1:35:18 | 0:01:16 | 0:10:14 | 0:24:22 | 2:06:52 | 0:24:50 | 0:26:57 | 0:19:26 | 0:13:51 | 0:57:28 | 6:39:24 |
| 728 | 550 | 2 | Daragh | O'Loughlin | Senior | M | 1:22:56 | 0:12:58 | 0:10:21 | 0:23:59 | 2:12:29 | 0:26:04 | 0:25:49 | 0:24:29 | 0:16:49 | 0:56:38 | 6:39:34 |
| 729 | 1033 | 4 | Andrew | Haran | Vet | M | 1:32:37 | 0:03:31 | 0:10:10 | 0:24:18 | 2:11:46 | 0:23:51 | 0:25:04 | 0:25:30 | 0:17:36 | 0:48:43 | 6:39:35 |
| 730 | 974 | 4 | Gavin | Dallow | Senior | M | 1:29:14 | 0:04:22 | 0:10:18 | 0:27:06 | 1:58:26 | 0:24:12 | 0:25:14 | 0:31:19 | 0:20:59 | 0:53:18 | 6:40:06 |
| 731 | 1015 | 4 | Dominic | Galwey | Vet | M | 1:30:08 | 0:05:12 | 0:10:53 | 0:22:43 | 2:04:11 | 0:20:41 | 0:23:48 | 0:33:22 | 0:18:53 | 0:57:01 | 6:41:40 |
| 732 | 191 | 1 | Michael | McGowan | Senior | M | 1:31:31 | 0:01:59 | 0:10:50 | 0:25:32 | 2:09:00 | 0:29:54 | 0:26:08 | 0:18:26 | 0:16:07 | 0:54:32 | 6:42:00 |
| 733 | 531 | 2 | Des | Noone | Vet | M | 1:30:12 | 0:19:18 | 0:11:33 | 0:24:51 | 1:53:47 | 0:30:03 | 0:31:29 | 0:25:52 | 0:16:37 | 0:57:37 | 6:42:01 |
| 734 | 917 | 3 | Henry | Whitston | Vet | M | 1:25:15 | 0:09:20 | 0:11:21 | 0:25:20 | 2:04:38 | 0:30:13 | 0:30:50 | 0:22:44 | 0:17:49 | 0:53:54 | 6:42:04 |
| 735 | 189 | 1 | Ann | McDonnell | Senior | F | 1:22:34 | 0:09:40 | 0:13:09 | 0:23:19 | 2:21:45 | 0:23:51 | 0:21:11 | 0:23:21 | 0:18:44 | 0:54:12 | 6:42:06 |
| 736 | 949 | 1 | Ruth | Carney | Vet | F | 1:22:37 | 0:09:37 | 0:13:03 | 0:23:28 | 2:21:45 | 0:23:58 | 0:21:06 | 0:23:49 | 0:18:29 | 0:53:57 | 6:42:12 |
| 737 | 584 | 2 | Sinead | Shinkins | Senior | F | 1:39:30 | 0:11:36 | 0:11:21 | 0:26:07 | 2:05:09 | 0:26:07 | 0:22:52 | 0:19:02 | 0:18:48 | 0:53:20 | 6:42:16 |
| 738 | 551 | 2 | Lisa | O'Mahony | Senior | F | 1:28:58 | 0:03:01 | 0:10:45 | 0:24:31 | 2:12:35 | 0:26:57 | 0:26:10 | 0:19:58 | | 1:12:23 | 6:42:17 |
| 739 | 496 | 2 | Michael | McInerney | Vet | M | 1:38:02 | 0:03:00 | 0:11:08 | 0:27:02 | 2:03:28 | 0:30:26 | 0:27:25 | 0:17:46 | 0:13:59 | 0:53:20 | 6:42:36 |
| 740 | 896 | 3 | Ivan | Swarbrick | Vet | M | 1:26:44 | 0:01:16 | 0:12:01 | 0:24:05 | 2:24:11 | 0:27:26 | 0:25:28 | 0:15:58 | 0:11:23 | 0:55:29 | 6:42:45 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 741 | 1143 | 4 | Paul | O'Grady | Vet | M | 1:28:10 | 0:05:05 | 0:11:06 | 0:25:46 | 1:50:33 | 0:22:18 | 0:29:06 | 0:40:42 | 0:16:38 | 0:58:36 | 6:42:55 |
| 742 | 1097 | 5 | Shane | McGloin | Senior | M | 1:29:07 | 0:03:18 | 0:10:52 | 0:27:04 | 2:06:17 | 0:25:46 | 0:22:51 | 0:24:50 | 0:18:08 | 0:58:01 | 6:42:56 |
| 743 | 223 | 1 | Morgan | O'Connell | Vet | M | 1:25:54 | 0:08:41 | 0:10:17 | 0:29:09 | 2:27:59 | 0:27:12 | 0:25:00 | 0:14:28 | 0:12:59 | 0:50:14 | 6:43:12 |
| 744 | 1239 | 5 | Patrick | Feeney | Senior | M | 1:16:51 | 0:02:06 | 0:11:30 | 0:22:49 | 2:25:29 | 0:28:36 | 0:25:24 | 0:21:54 | 0:14:35 | 0:56:16 | 6:43:24 |
| 745 | 1047 | 4 | Alison | Hughes | Senior | F | 1:28:29 | 0:07:24 | 0:09:46 | 0:24:33 | 2:04:26 | 0:28:48 | 0:17:09 | 0:31:38 | 0:18:29 | 1:00:12 | 6:43:30 |
| 746 | 1155 | 4 | Ian | Pemberton | Senior | M | 1:28:07 | 0:04:22 | 0:11:46 | 0:25:49 | 1:56:39 | 0:25:14 | 0:33:05 | 0:26:27 | 0:17:50 | 0:58:42 | 6:43:39 |
| 747 | 1174 | 4 | Gary | Sheridan | Vet | M | 1:28:10 | 0:04:18 | 0:11:50 | 0:25:55 | 1:56:12 | 0:25:45 | 0:33:10 | 0:26:17 | 0:17:21 | 0:59:00 | 6:43:40 |
| 748 | 1158 | 4 | Sean | Quirke | Senior | M | 1:23:58 | 0:02:53 | 0:12:13 | 0:24:09 | 2:03:53 | 0:27:01 | 0:21:34 | 0:24:31 | 0:22:22 | 1:04:18 | 6:43:59 |
| 749 | 880 | 3 | Marco | Sabatini | Senior | M | 1:22:21 | 0:10:50 | 0:12:04 | 0:26:12 | 2:11:45 | 0:27:48 | 0:28:39 | 0:18:00 | 0:19:17 | 0:57:57 | 6:44:03 |
| 750 | 2 | 1 | Colin | Barber | Vet | M | 1:36:42 | 0:03:12 | 0:11:06 | 0:26:39 | 2:04:20 | 0:25:08 | 0:25:46 | 0:26:14 | 0:18:48 | 0:49:23 | 6:44:06 |
| 751 | 162 | 1 | Paul | Mallon | Vet | M | 1:36:45 | 0:03:10 | 0:11:11 | 0:26:32 | 2:04:26 | 0:26:31 | 0:24:22 | 0:26:15 | 0:19:46 | 0:48:21 | 6:44:09 |
| 752 | 613 | 2 | Andrew | Wilson | Senior | M | 1:28:24 | 0:02:25 | 0:10:27 | 0:25:30 | 2:08:40 | 0:27:21 | 0:27:15 | 0:28:57 | 0:14:24 | 0:53:20 | 6:44:18 |
| 753 | 761 | 3 | Derek | Keeley | Vet | M | 1:29:09 | 0:06:17 | 0:13:55 | 0:25:10 | 1:59:59 | 0:26:51 | 0:27:14 | 0:26:26 | 0:22:11 | 0:53:43 | 6:44:38 |
| 754 | 1180 | 4 | Daire | Stephens | Vet | M | 1:27:13 | 0:03:06 | 0:13:20 | 0:22:42 | 1:59:22 | 0:28:28 | 0:26:40 | 0:30:31 | 0:18:05 | 0:58:18 | 6:44:39 |
| 755 | 1371 | 3 | Paul | Phillips | Senior | M | 1:30:57 | 0:13:59 | 0:11:41 | 0:25:15 | 2:01:29 | 0:29:45 | 0:28:04 | 0:20:30 | 0:15:29 | 1:01:54 | 6:45:04 |
| 756 | 659 | 3 | Brian | Cormican | Vet | M | 1:40:05 | | 0:11:23 | 0:26:38 | 2:00:12 | 0:27:29 | 0:27:13 | 0:27:47 | 0:18:07 | 0:46:16 | 6:45:10 |
| 757 | 984 | 4 | Iain | Doogan | Senior | M | 1:14:27 | 0:02:28 | 0:10:28 | 0:23:07 | 1:53:15 | 0:25:09 | 0:23:17 | 0:59:23 | 0:16:39 | 0:59:45 | 6:45:30 |
| 758 | 1215 | 5 | Rossa | Canavan | Senior | M | 1:32:15 | 0:00:44 | 0:12:33 | 0:23:42 | 1:58:21 | 0:34:53 | 0:17:24 | 0:34:26 | 0:15:36 | 0:56:27 | 6:45:37 |
| 759 | 1214 | 5 | Paul | Canavan | Senior | M | 1:32:11 | 0:00:43 | 0:11:53 | 0:25:11 | 2:01:26 | 0:30:46 | 0:20:06 | 0:31:58 | 0:16:14 | 0:55:53 | 6:45:38 |

Overall

| | | | | | | | | | | | | | | | | | |
|------------|---------------|-------------|-------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|---------------|
| 760 | 315 | 2 | Shane | Black | Senior | M | 1:37:49 | 0:04:01 | 0:09:45 | 0:28:24 | 2:03:49 | 0:29:52 | 0:28:52 | 0:19:25 | 0:15:08 | 0:53:28 | 6:46:32 |
| 761 | 1072 | 4 | Pete | Lord | Senior | M | 1:26:10 | 0:02:55 | 0:10:18 | 0:24:03 | 2:12:23 | 0:24:17 | 0:24:41 | 0:30:50 | 0:18:30 | 0:55:24 | 6:46:36 |
| 762 | 1073 | 4 | Alan | Lord | Vet | M | 1:26:13 | 0:02:53 | 0:10:15 | 0:24:08 | 2:12:23 | 0:28:14 | 0:20:49 | 0:30:38 | 0:18:37 | 0:55:21 | 6:46:38 |
| 763 | 1255 | 5 | Lisa | Hurley | Vet | F | 1:34:24 | 0:07:35 | 0:13:21 | 0:26:22 | 2:04:39 | | 0:56:15 | | 0:39:46 | 0:52:01 | 6:46:48 |
| 764 | 624 | 3 | Shaun | Bonner | Senior | M | 1:34:27 | 0:15:39 | 0:10:17 | 0:27:05 | 1:51:17 | 0:29:36 | 0:27:29 | 0:26:11 | 0:26:04 | 0:54:37 | 6:47:03 |
| 765 | 579 | 2 | Rachael | Sands | Senior | F | 1:33:28 | 0:06:27 | 0:13:17 | 0:25:56 | 2:09:53 | 0:29:03 | 0:25:28 | 0:21:18 | 0:15:03 | 0:53:39 | 6:47:05 |
| 766 | 471 | 2 | Darragh | Masterson | Senior | M | 1:32:48 | 0:03:00 | 0:09:37 | 0:27:07 | 2:03:04 | 0:30:04 | 0:28:09 | 0:24:13 | 0:21:58 | 0:50:30 | 6:47:30 |
| 767 | 472 | 2 | Cian | Masterson | Senior | M | 1:32:52 | 0:02:58 | 0:09:47 | 0:26:55 | 2:03:04 | 0:30:07 | 0:27:47 | 0:25:17 | 0:22:05 | 0:49:40 | 6:47:34 |
| 768 | 126 | 1 | Carmel | Hughes | Vet | F | 1:14:57 | 0:00:39 | 0:10:02 | 0:21:59 | 2:26:34 | 0:31:55 | 0:26:44 | 0:27:39 | 0:17:19 | 0:50:42 | 6:47:51 |
| 769 | 431 | 2 | Declan | Hughes | Vet | M | 1:26:25 | 0:08:21 | 0:11:41 | 0:25:22 | 2:06:13 | 0:28:08 | 0:30:30 | 0:26:20 | 0:18:03 | 0:55:46 | 6:48:28 |
| 770 | 722 | 3 | Aileen | Gallagher | Senior | F | 1:29:41 | 0:05:04 | 0:10:10 | 0:24:12 | 2:08:26 | 0:27:55 | 0:25:35 | 0:26:26 | 0:14:23 | 1:01:41 | 6:48:29 |
| 771 | 1022 | 4 | Dermot | Gibbons | Senior | M | 1:35:19 | 0:06:46 | 0:10:34 | 0:23:20 | 1:56:24 | 0:25:32 | 0:24:09 | 0:37:09 | 0:24:34 | 0:51:33 | 6:48:34 |
| 772 | 389 | 2 | Emma | Dunne | Senior | F | 1:34:06 | 0:14:35 | 0:10:42 | 0:27:23 | 2:07:00 | 0:28:30 | 0:26:31 | 0:26:30 | 0:16:45 | 0:51:30 | 6:48:57 |
| 773 | 506 | 2 | Eva | McNicholas | Senior | F | 1:34:43 | 0:14:01 | 0:10:46 | 0:26:12 | 2:09:00 | 0:28:59 | 0:26:01 | 0:22:07 | 0:14:27 | 0:57:16 | 6:49:31 |
| 774 | 334 | 2 | Gary | Carolan | Senior | M | 1:22:25 | 0:03:47 | 0:10:29 | 0:25:18 | 2:16:06 | 0:29:13 | 0:27:12 | 0:25:47 | 0:22:27 | 0:50:52 | 6:49:49 |
| 775 | 552 | 2 | Michelle | O'Neill | Senior | F | 1:30:50 | 0:08:55 | 0:10:53 | 0:25:49 | 2:14:49 | 0:28:44 | 0:24:23 | 0:19:16 | 0:16:18 | 0:59:04 | 6:50:06 |
| 776 | 363 | 2 | Ann | Dalton | Vet | F | 1:32:16 | 0:15:47 | 0:10:01 | 0:25:16 | 2:06:36 | 0:30:26 | 0:27:40 | 0:22:26 | 0:17:41 | 0:58:08 | 6:50:30 |
| 777 | 570 | 2 | Thomas | Reddington | Senior | M | 1:44:44 | 0:04:11 | 0:10:15 | 0:26:41 | 1:56:21 | 0:31:14 | 0:28:34 | 0:21:04 | 0:16:02 | 0:55:58 | 6:50:53 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 778 | 593 | 2 | Roisin | Sweeney | Senior | F | 1:41:12 | 0:03:06 | 0:17:46 | 0:26:10 | 1:58:22 | 0:27:23 | 0:24:26 | 0:26:47 | 0:12:53 | 0:56:28 | 6:51:27 |
| 779 | 882 | 3 | Tj | Scally | Vet | M | 1:27:40 | 0:07:55 | 0:10:42 | 0:23:37 | 2:09:18 | 0:26:04 | 0:22:27 | 0:27:37 | 0:13:01 | 1:11:18 | 6:51:44 |
| 780 | 929 | 4 | Mark | Bosley | Senior | M | 1:25:53 | 0:03:00 | 0:11:30 | 0:25:45 | 1:57:22 | 0:22:38 | 0:32:36 | 0:33:52 | 0:20:55 | 1:01:14 | 6:51:45 |
| 781 | 809 | 3 | Eoghan | McEvoy | Senior | M | 1:31:25 | 0:13:19 | 0:09:44 | 0:23:53 | 2:02:12 | 0:28:50 | 0:32:57 | 0:28:47 | 0:17:15 | 0:57:02 | 6:52:05 |
| 782 | 160 | 1 | Aoife | MacNamee | Senior | F | 1:32:09 | 0:05:45 | 0:12:06 | 0:24:12 | 2:00:49 | 0:28:06 | 0:27:12 | 0:30:40 | 0:15:52 | 1:01:01 | 6:52:07 |
| 783 | 455 | 2 | Gordon | Lenihan | Vet | M | 1:38:49 | 0:11:55 | 0:10:59 | 0:28:07 | 1:51:21 | 0:33:08 | 0:33:34 | 0:24:49 | 0:19:22 | 0:51:59 | 6:52:08 |
| 784 | 28 | 1 | Ciaran | Carney | Senior | M | 1:32:12 | 0:05:42 | 0:12:02 | 0:24:18 | 2:00:44 | 0:28:17 | 0:28:08 | 0:29:43 | 0:15:42 | 1:01:06 | 6:52:12 |
| 785 | 740 | 3 | Eoin | Hallinan | Senior | M | 1:31:34 | 0:13:12 | 0:09:48 | 0:23:48 | 2:02:13 | 0:29:08 | 0:32:42 | 0:28:51 | 0:17:12 | 0:56:56 | 6:52:12 |
| 786 | 515 | 2 | Adrienne | Mooney | Senior | F | 1:33:48 | 0:02:21 | 0:12:14 | 0:25:02 | 1:51:23 | 0:25:49 | 0:24:58 | 0:25:10 | 0:19:31 | 1:14:19 | 6:52:14 |
| 787 | 1104 | 4 | Ruth | McManus | Senior | F | 1:29:50 | 0:04:29 | 0:11:08 | 0:25:18 | 2:15:22 | 0:29:30 | 0:26:31 | 0:25:06 | 0:15:28 | 0:54:14 | 6:52:27 |
| 788 | 979 | 4 | Shelley | Denham | Senior | F | 1:30:08 | 0:04:13 | 0:11:09 | 0:25:19 | 2:14:51 | 0:30:48 | 0:28:17 | 0:22:21 | 0:15:34 | 0:54:12 | 6:52:39 |
| 789 | 875 | 3 | Danielle | Rosenberg Polk | Senior | F | 1:38:43 | 0:01:57 | 0:08:58 | 0:27:21 | 2:13:54 | 0:25:01 | 0:26:55 | 0:21:49 | 0:15:30 | 0:54:45 | 6:52:56 |
| 790 | 1186 | 4 | Philippa | Symington | Senior | F | 1:38:18 | 0:04:58 | 0:09:20 | 0:27:21 | 2:12:17 | 0:27:25 | 0:17:14 | 0:28:23 | 0:18:08 | 0:54:31 | 6:52:57 |
| 791 | 1171 | 4 | Ian | Scouler | SuperVet | M | 1:32:40 | 0:03:29 | 0:10:12 | 0:24:16 | 2:12:17 | 0:30:13 | 0:29:42 | 0:26:52 | 0:14:38 | 0:52:13 | 6:53:03 |
| 792 | 656 | 3 | Maurice | Conway | Senior | M | 1:32:47 | 0:01:51 | 0:11:48 | 0:26:58 | 1:58:55 | 0:30:54 | | 0:57:41 | 0:19:07 | 0:55:22 | 6:53:32 |
| 793 | 460 | 2 | Rob | Lynch | Senior | M | 1:31:38 | 0:05:56 | 0:11:29 | 0:28:15 | 2:04:33 | 0:30:23 | 0:27:23 | 0:29:10 | 0:17:59 | 0:52:47 | 6:53:37 |
| 794 | 874 | 3 | Niall | Rooney | Vet | M | 1:28:55 | 0:01:44 | 0:08:57 | 0:24:58 | 2:12:35 | 0:30:19 | 0:33:51 | 0:23:11 | 0:18:31 | 0:53:23 | 6:54:40 |
| 795 | 387 | 2 | Carol | Dunican | Senior | F | 1:38:57 | 0:03:28 | 0:13:19 | 0:26:20 | 1:57:00 | 0:25:57 | 0:23:55 | 0:27:22 | 0:16:48 | 1:04:59 | 6:54:45 |
| 796 | 725 | 3 | Una | Gethins | Senior | F | 1:34:01 | 0:05:52 | 0:11:45 | | 2:41:33 | 0:28:29 | 0:27:27 | 0:19:40 | 0:14:19 | 0:57:36 | 6:54:50 |
| 797 | 797 | 3 | Lee-Anne | Maye | Senior | F | 1:31:52 | 0:01:55 | 0:10:38 | 0:24:42 | 2:08:15 | 0:28:12 | 0:28:38 | 0:24:35 | 0:17:20 | 1:00:44 | 6:54:56 |

Overall

| | | | | | | | | | | | | | | | | | |
|------------|---------------|-------------|-------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|----------------|
| 798 | 564 | 2 | Brendan | Rafferty | Senior | M | 1:16:34 | 0:11:11 | 0:10:00 | 0:22:13 | 2:27:21 | 0:26:39 | 0:24:56 | 0:23:44 | 0:13:00 | 1:10:56 | 6:55:23 |
| 799 | 1060 | 2 | Alan | Kellett | Vet | M | 1:16:32 | 0:11:08 | 0:10:08 | 0:22:09 | 2:27:29 | 0:26:30 | 0:24:59 | 0:23:48 | 0:14:00 | 1:09:50 | 6:55:25 |
| 800 | 256 | 1 | Gerard | Reilly | Senior | M | 1:39:43 | 0:04:06 | 0:09:52 | 0:25:58 | 1:51:41 | | 0:55:44 | 0:30:06 | 0:22:27 | 0:59:58 | 6:55:29 |
| 801 | 545 | 2 | Patrick | O'Dwyer | Senior | M | 1:31:37 | 0:06:42 | 0:09:46 | 0:25:30 | 2:20:27 | 0:28:17 | 0:25:20 | 0:20:10 | 0:17:04 | 0:58:14 | 6:56:25 |
| 802 | 1339 | 3 | Darragh | Reynolds | Senior | M | 1:49:50 | 0:08:04 | 0:16:17 | 0:26:22 | 1:48:38 | 0:26:51 | 0:23:51 | 0:28:09 | 0:22:10 | 0:54:50 | 6:56:58 |
| 803 | 419 | 2 | Alan | Gorman | Senior | M | 1:22:18 | 0:02:30 | 0:10:29 | 0:22:26 | 2:24:14 | 0:30:23 | 0:27:21 | 0:28:59 | 0:18:10 | 0:52:42 | 6:57:02 |
| 804 | 457 | 2 | Karl | Llewellyn | Vet | M | 1:30:55 | 0:18:21 | 0:09:22 | 0:25:51 | 2:18:25 | 0:25:28 | 0:26:17 | 0:19:37 | 0:21:51 | 0:59:21 | 6:57:07 |
| 805 | 895 | 3 | Kieran | Staunton | Vet | M | 1:33:46 | 0:04:42 | 0:11:00 | 0:30:17 | 2:02:29 | 0:26:18 | 0:27:08 | 0:24:23 | 0:20:26 | 1:01:53 | 6:57:40 |
| 806 | 757 | 3 | Trish | Kane | Vet | F | 1:36:59 | 0:02:53 | 0:11:44 | 0:26:27 | 2:14:58 | 0:28:42 | 0:27:24 | 0:19:33 | 0:14:31 | 0:57:33 | 6:57:51 |
| 807 | 609 | 2 | Barry | Waters | Senior | M | 1:25:22 | 0:17:45 | 0:12:04 | 0:24:15 | 2:13:32 | 0:29:12 | 0:26:08 | 0:27:05 | 0:20:41 | 0:59:51 | 6:58:10 |
| 808 | 536 | 2 | Elaine | O Keeffe | Senior | F | 1:31:58 | 0:07:28 | 0:11:07 | 0:25:23 | 2:14:05 | 0:27:54 | 0:24:51 | 0:24:09 | 0:18:50 | 1:00:37 | 6:58:54 |
| 809 | 497 | 2 | Declan | McKeown | Vet | M | 1:38:38 | 0:01:57 | 0:10:13 | 0:27:49 | 2:10:41 | 0:29:32 | 0:28:19 | 0:22:38 | 0:18:11 | 0:53:48 | 6:59:49 |
| 810 | 444 | 2 | Paul | Kerr | SuperVet | M | 1:31:21 | 0:06:08 | 0:10:05 | 0:30:22 | 2:05:49 | 0:33:23 | 0:30:37 | 0:22:41 | 0:12:59 | 1:02:37 | 6:59:54 |
| 811 | 990 | 3 | Michael | Duffy | Vet | M | 1:29:35 | 0:02:02 | 0:11:49 | 0:24:20 | 2:06:17 | 0:26:13 | 0:27:50 | 0:32:03 | 0:20:23 | 1:01:50 | 7:00:20 |
| 812 | 1246 | 5 | Helena | Gibbons | Senior | F | 1:37:41 | 0:02:38 | 0:14:11 | 0:27:49 | 2:13:18 | 0:28:39 | 0:20:52 | 0:26:04 | 0:17:44 | 0:54:08 | 7:00:31 |
| 813 | 138 | 1 | Niall | Kelly | Senior | M | 1:12:33 | 0:00:08 | 0:10:15 | 0:19:24 | 2:26:43 | 0:23:53 | 0:22:25 | 0:20:45 | 0:14:39 | 1:30:21 | 7:00:58 |
| 814 | 799 | 3 | Francis | Mc Carron | Senior | M | 1:45:30 | 0:04:50 | 0:11:11 | 0:28:54 | 2:02:52 | 0:25:16 | 0:27:15 | 0:22:44 | 0:18:57 | 0:58:55 | 7:01:34 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 815 | 538 | 2 | Michael | O Rourke | SuperVet | M | 1:39:54 | 0:10:39 | 0:10:23 | 0:28:24 | 1:57:59 | 0:31:21 | 0:29:30 | 0:25:34 | 0:22:53 | 0:56:18 | 7:02:16 |
| 816 | 420 | 2 | Eoin | Gorman | Senior | M | 1:23:42 | 0:04:05 | 0:10:12 | 0:24:05 | 2:24:45 | 0:27:13 | 0:26:48 | 0:21:45 | 0:13:08 | 1:10:52 | 7:02:30 |
| 817 | 858 | 3 | Leonard | O'Sullivan | Vet | M | 1:32:53 | 0:03:03 | 0:11:59 | 0:26:00 | 2:04:33 | 0:32:28 | 0:29:18 | 0:29:06 | 0:22:45 | 0:54:56 | 7:03:58 |
| 818 | 712 | 3 | Nelius | Fitzpatrick | Vet | M | 1:33:23 | 0:06:23 | 0:11:22 | 0:25:22 | 2:02:59 | 0:28:46 | 0:35:27 | 0:25:45 | 0:21:37 | 0:59:31 | 7:04:12 |
| 819 | 942 | 4 | Martin | Byrne | Senior | M | 1:24:00 | 0:04:08 | 0:12:07 | 0:25:41 | 2:19:54 | | 0:54:36 | 0:29:36 | 0:19:29 | 0:58:58 | 7:04:21 |
| 820 | 1150 | 4 | Owen | O Neill | Senior | M | 1:24:04 | 0:04:05 | 0:12:09 | 0:25:39 | 2:20:01 | 0:29:46 | 0:27:17 | 0:28:26 | 0:18:10 | 0:58:51 | 7:04:23 |
| 821 | 940 | 2 | Grattan | Butler | Senior | M | 1:25:41 | 0:01:56 | 0:10:15 | 0:23:09 | 2:26:14 | 0:31:43 | 0:28:30 | 0:30:10 | 0:15:51 | 0:53:03 | 7:04:36 |
| 822 | 854 | 3 | Martin | O'Neill | Vet | M | 1:28:04 | 0:08:43 | 0:14:44 | 0:22:52 | 2:14:45 | 0:30:05 | 0:30:32 | 0:28:58 | 0:20:26 | 0:54:59 | 7:05:25 |
| 823 | 788 | 3 | Eoin | Lennon | Senior | M | 1:29:34 | 0:03:00 | 0:10:49 | 0:25:49 | 2:26:56 | 0:28:39 | 0:22:44 | 0:25:32 | 0:18:24 | 0:57:00 | 7:05:27 |
| 824 | 648 | 3 | Neil | Clerkin | Senior | M | 1:29:19 | 0:03:12 | 0:11:04 | 0:27:36 | 2:24:49 | 0:27:17 | 0:26:23 | 0:24:07 | 0:17:19 | 0:58:07 | 7:06:01 |
| 825 | 747 | 3 | Liam | Hickey | SuperVet | M | 1:42:03 | 0:03:01 | 0:10:43 | 0:23:47 | 2:12:33 | 0:26:20 | 0:22:56 | 0:27:29 | 0:18:58 | 1:01:19 | 7:06:08 |
| 826 | 1287 | 5 | Brian | Mc Intyre | Senior | M | 1:25:20 | 0:24:03 | 0:13:43 | 0:26:36 | 2:22:59 | 0:27:07 | 0:15:32 | 0:24:02 | 0:23:28 | 1:07:45 | 7:06:44 |
| 827 | 866 | 3 | Brian | Quigley | Senior | M | 1:32:08 | 0:08:22 | 0:12:14 | 0:25:27 | 2:01:31 | 0:25:19 | 0:36:34 | 0:29:45 | 0:19:42 | 1:04:05 | 7:06:45 |
| 828 | 402 | 2 | Katie | Finn | Senior | F | 1:30:52 | 0:14:50 | 0:10:34 | 0:25:43 | 2:20:27 | 0:28:58 | 0:34:01 | | 0:43:11 | 0:53:31 | 7:07:17 |
| 829 | 847 | 3 | John | O'Dwyer | Vet | M | 1:31:22 | 0:15:39 | 0:11:42 | 0:25:51 | 2:11:57 | 0:29:05 | 0:25:27 | 0:28:17 | 0:19:18 | 1:04:32 | 7:07:31 |
| 830 | 760 | 3 | Mark | Kavanagh | Senior | M | 1:33:05 | 0:07:30 | 0:12:14 | 0:25:23 | 2:01:23 | 0:28:33 | 0:33:17 | 0:26:40 | 0:19:26 | 1:07:38 | 7:07:39 |
| 831 | 827 | 3 | Sinead | Murphy | Vet | F | 1:31:27 | 0:15:34 | 0:11:38 | 0:25:54 | 2:11:55 | 0:29:10 | 0:25:28 | 0:28:17 | 0:19:18 | 1:04:32 | 7:07:39 |
| 832 | 163 | 1 | Aisling | Maloney | Senior | F | 1:37:13 | 0:01:06 | 0:10:46 | 0:26:58 | 2:07:47 | 0:32:39 | 0:30:00 | 0:21:31 | 0:15:52 | 1:05:05 | 7:07:51 |
| 833 | 621 | 3 | Austin | Behan | Senior | M | 1:33:26 | 0:02:01 | 0:13:00 | 0:25:38 | 2:16:38 | 0:27:12 | 0:25:38 | 0:24:42 | 0:22:00 | 1:00:41 | 7:08:55 |
| 834 | 905 | 3 | Dee | Tully | Senior | F | 1:51:31 | 0:09:24 | 0:13:31 | 0:34:43 | 1:53:18 | 0:20:45 | 0:22:39 | 0:36:10 | 0:20:43 | 0:55:49 | 7:09:09 |
| 835 | 20 | 1 | David | Butler | Vet | M | 1:35:23 | 0:15:56 | 0:10:07 | 0:26:20 | 2:03:16 | 0:30:04 | 0:26:03 | 0:34:54 | 0:31:12 | 0:52:22 | 7:09:41 |

Overall

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|------------|---------------|-------------|--------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|---------------|
| 836 | 349 | 2 | Dean | Collier | Vet | M | 1:25:20 | 0:10:42 | 0:11:17 | 0:24:49 | 2:07:46 | 0:27:30 | 0:25:38 | | 1:10:42 | 0:56:48 | 7:09:50 |
| 837 | 290 | 1 | Stephen | Wade | Senior | M | 1:30:13 | 0:01:58 | 0:10:02 | 0:24:34 | 2:12:42 | 0:31:29 | 0:35:50 | 0:29:20 | 0:18:48 | 0:57:16 | 7:10:14 |
| 838 | 1077 | 4 | Marguerite | Lynch | Vet | F | 1:42:19 | 0:08:11 | 0:10:28 | 0:26:14 | 2:09:44 | 0:31:20 | 0:20:21 | 0:31:27 | 0:16:48 | 1:01:59 | 7:10:40 |
| 839 | 211 | 1 | Denise | Murphy | Senior | F | 1:37:21 | 0:01:20 | 0:11:32 | 0:25:33 | 2:07:38 | 0:27:30 | 0:25:02 | 0:32:54 | 0:21:43 | 1:01:39 | 7:10:52 |
| 840 | 47 | 1 | Dinny | Collins | Senior | M | 1:37:24 | 0:01:17 | 0:11:22 | 0:25:40 | 2:07:38 | 0:27:19 | 0:22:18 | 0:35:48 | 0:20:31 | 1:02:58 | 7:10:58 |
| 841 | 677 | 3 | Davidtfallon | David Fallon | Vet | M | 1:29:05 | 0:07:48 | 0:14:40 | 0:23:29 | 2:14:03 | 0:30:17 | 0:30:04 | 0:29:12 | 0:21:01 | 0:59:17 | 7:11:08 |
| 842 | 1265 | 5 | Martin | Langedijk | Vet | M | 1:29:19 | 0:19:31 | 0:12:04 | 0:28:57 | 1:47:27 | 1:02:23 | 0:15:42 | 0:24:04 | 0:23:35 | 1:07:44 | 7:11:20 |
| 843 | 376 | 2 | Linda | Douglas | Senior | F | 1:39:34 | 0:12:20 | 0:10:42 | 0:26:34 | 2:13:25 | | 1:02:50 | | 0:43:09 | 0:55:23 | 7:11:37 |
| 844 | 233 | 1 | Rory | O'Malley | Senior | M | 1:25:50 | 0:14:24 | 0:11:22 | 0:21:32 | 2:48:53 | | 0:47:11 | 0:16:08 | | 1:20:49 | 7:11:45 |
| 845 | 252 | 1 | Barry | Ralph | Senior | F | 1:33:55 | 0:01:22 | 0:10:10 | 0:26:59 | 2:21:03 | 0:28:59 | 0:26:09 | 0:26:12 | 0:21:27 | 0:57:27 | 7:12:21 |
| 846 | 898 | 3 | Sharon | Sweeney | Vet | F | 1:34:57 | 0:07:34 | 0:10:16 | 0:26:55 | 2:12:21 | 0:28:14 | 0:26:31 | 0:33:05 | 0:20:13 | 1:00:20 | 7:12:52 |
| 847 | 878 | 3 | Morgan | Ryan | Senior | M | 1:34:43 | 0:01:46 | 0:11:37 | 0:25:29 | 2:14:11 | 0:24:42 | 0:28:25 | 0:26:57 | 0:19:35 | 1:07:31 | 7:13:10 |
| 848 | 503 | 2 | Fiadhna | McMonagle | Senior | F | 1:41:06 | 0:10:10 | 0:10:52 | 0:26:05 | 2:13:07 | 0:31:00 | 0:31:26 | 0:27:14 | 0:19:16 | 0:53:53 | 7:13:59 |
| 849 | 892 | 3 | John | Slater | Senior | M | 1:31:10 | | 0:21:47 | 0:25:12 | 2:01:24 | 0:20:54 | 0:41:14 | 0:24:33 | 0:24:42 | 1:04:14 | 7:15:10 |
| 850 | 348 | 2 | Shane | Colgan | Vet | M | 1:34:05 | 0:02:43 | 0:11:24 | 0:25:03 | 2:11:35 | 0:27:01 | 0:32:19 | 0:31:51 | 0:21:04 | 1:01:01 | 7:15:23 |
| 851 | 353 | 2 | Eimear | Cotter | Vet | F | 1:34:03 | 0:02:43 | 0:11:30 | 0:25:02 | 2:11:27 | 0:27:16 | 0:32:11 | 0:31:48 | 0:21:08 | 1:00:59 | 7:15:24 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 852 | 970 | 4 | Kevin | Culligan | Vet | M | 2:12:44 | 0:10:01 | 0:13:12 | 0:33:03 | | | | | | 4:16:27 | 7:15:26 |
| 853 | 458 | 2 | Jenny | Llewellyn | Senior | F | 1:58:53 | | 0:09:32 | 0:25:42 | 2:18:20 | 0:25:20 | 0:26:46 | 0:22:51 | 0:18:30 | 0:59:09 | 7:15:29 |
| 854 | 417 | 2 | Mark | Gilleran | Senior | M | 1:31:30 | 0:03:28 | 0:10:57 | 0:27:07 | 2:10:49 | 0:33:23 | 0:31:08 | 0:30:42 | 0:20:49 | 1:00:07 | 7:16:32 |
| 855 | 1007 | 4 | Ruairi | Flood | Senior | M | 1:29:45 | 0:09:44 | 0:12:41 | 0:23:18 | 2:14:57 | 0:32:29 | 0:23:31 | 0:38:12 | 0:18:07 | 0:59:55 | 7:17:22 |
| 856 | 744 | 3 | Ciaran | Hayes | Vet | M | 1:40:52 | 0:03:48 | 0:11:25 | 0:33:41 | 1:55:20 | 0:29:53 | 0:26:17 | 0:35:50 | 0:29:00 | 0:55:15 | 7:17:33 |
| 857 | 819 | 3 | Michael | Mitchell | Senior | M | 1:34:57 | 0:08:16 | 0:12:26 | 0:24:49 | 2:23:47 | | 1:00:27 | 0:26:27 | 0:17:29 | 0:59:08 | 7:19:30 |
| 858 | 414 | 2 | John | Geraghty | Vet | M | 1:33:43 | 0:02:54 | 0:11:48 | 0:25:44 | 2:11:14 | 0:30:12 | 0:28:41 | 0:31:31 | 0:23:55 | 1:03:12 | 7:20:00 |
| 859 | 598 | 2 | Lorraine | Toner | Senior | F | 1:33:47 | 0:02:45 | 0:11:59 | 0:25:41 | 2:11:14 | 0:30:43 | 0:28:28 | 0:31:14 | 0:24:00 | 1:03:02 | 7:20:08 |
| 860 | 1251 | 5 | Raymond | Havil | Vet | M | 1:37:17 | 0:05:47 | 0:14:42 | 0:29:42 | 2:09:32 | 0:36:38 | 0:19:14 | 0:30:46 | 0:21:46 | 1:02:22 | 7:21:59 |
| 861 | 899 | 3 | Shane | Swords | Senior | M | 1:38:34 | 0:20:07 | 0:10:14 | 0:25:43 | 2:10:24 | 0:32:33 | 0:30:35 | 0:31:04 | 0:24:27 | 0:58:42 | 7:22:16 |
| 862 | 178 | 1 | Bernard | Mc Namee | SuperVet | M | 1:40:09 | 0:07:30 | 0:10:43 | 0:23:09 | 2:19:33 | 0:25:09 | 0:23:15 | 0:35:20 | 0:22:17 | 1:02:51 | 7:22:26 |
| 863 | 893 | 3 | Jim | Smiley | Vet | M | 1:35:28 | 0:04:45 | 0:10:34 | 0:24:23 | 2:22:30 | 0:29:52 | 0:35:04 | 0:26:21 | 0:21:27 | 0:56:54 | 7:22:33 |
| 864 | 1182 | 4 | Sinead | Sterry | Senior | F | 1:36:03 | 0:04:15 | 0:11:40 | 0:27:08 | | 2:39:42 | 0:21:33 | 0:37:07 | 0:27:59 | 1:03:02 | 7:24:14 |
| 865 | 108 | 1 | Clare | Godzicz | Senior | F | 1:40:36 | 0:05:48 | 0:10:49 | 0:27:36 | 2:08:46 | 0:30:08 | 0:33:23 | 0:31:50 | 0:22:05 | 0:59:21 | 7:24:34 |
| 866 | 476 | 2 | Pamela | Mc Guinness | Senior | F | 1:39:10 | 0:04:12 | 0:12:20 | 0:28:35 | 2:16:32 | 0:34:01 | 0:28:53 | 0:31:20 | 0:19:36 | 0:54:15 | 7:24:42 |
| 867 | 183 | 1 | Paul | McCabe | Vet | M | 1:22:28 | 0:03:06 | 0:10:20 | 0:23:40 | 2:10:58 | 0:33:44 | 0:40:44 | 0:35:52 | 0:29:49 | 0:57:19 | 7:24:54 |
| 868 | 522 | 2 | Brian | Mullen | Vet | M | 1:24:04 | 0:09:59 | 0:12:00 | 0:26:02 | 2:01:50 | 0:30:39 | 0:32:09 | 0:43:38 | 0:25:39 | 1:09:14 | 7:25:15 |
| 869 | 253 | 1 | Bertie | Reaney | Senior | M | 1:23:13 | 0:02:12 | 0:12:10 | 0:23:19 | 2:50:09 | 0:23:28 | 0:23:07 | 0:27:20 | 0:18:19 | 1:04:16 | 7:25:21 |
| 870 | 175 | 1 | Conor | Mc Kerr | Senior | M | 1:41:53 | 0:05:43 | 0:11:09 | 0:25:01 | 2:13:21 | 0:33:25 | 0:31:06 | 0:27:23 | 0:24:57 | 0:57:31 | 7:25:46 |
| 871 | 303 | 1 | Jonathan | Wylie | Senior | M | 1:43:56 | 0:01:20 | 0:11:35 | 0:28:00 | 2:10:40 | 0:35:21 | 0:35:20 | 0:19:36 | 0:18:53 | 1:03:31 | 7:26:52 |
| 872 | 259 | 1 | Stephen | Roe | Vet | M | 1:31:55 | 0:06:22 | 0:11:59 | 0:28:35 | 2:33:55 | 0:34:13 | 0:31:21 | 0:20:52 | 0:18:20 | 0:56:19 | 7:27:29 |
| 873 | 1354 | 4 | Aaron | Tonry | Senior | M | 1:39:07 | 0:05:29 | 0:11:13 | 0:27:45 | 2:22:17 | 0:32:47 | 0:16:20 | 0:34:48 | 0:17:37 | 1:05:40 | 7:27:34 |

Overall

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|------------|---------------|-------------|-------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|----------------|
| 874 | 709 | 3 | Hubert | Favia | Vet | M | 1:28:44 | 0:01:39 | 0:10:08 | 0:25:47 | 2:37:46 | | 1:04:43 | 0:26:17 | 0:20:33 | 0:53:45 | 7:27:43 |
| 875 | 236 | 1 | Lex | Ormsby | Vet | F | 1:45:37 | 0:11:34 | 0:09:36 | 0:28:04 | 2:21:49 | 0:32:08 | 0:29:36 | 0:19:23 | 0:17:26 | 1:04:24 | 7:28:03 |
| 876 | 493 | 2 | Neil | McGovern | Senior | M | 2:05:20 | 0:09:07 | 0:14:19 | 0:25:05 | 2:04:31 | | 0:54:57 | 0:22:18 | 0:16:41 | 1:04:57 | 7:28:08 |
| 877 | 906 | 3 | Liz | Tunney | Senior | F | 1:37:35 | 0:06:09 | 0:11:00 | 0:25:51 | 2:23:51 | 0:31:32 | 0:22:06 | 0:32:34 | 0:22:02 | 1:01:44 | 7:28:15 |
| 878 | 528 | 2 | Johnathan | Nea | Senior | M | 2:05:26 | 0:09:01 | 0:14:24 | 0:25:01 | 2:04:34 | 0:26:31 | 0:28:26 | 0:22:18 | 0:16:38 | 1:04:59 | 7:28:17 |
| 879 | 40 | 1 | John | Clarke | Vet | M | 1:33:02 | 0:14:07 | 0:10:38 | 0:25:48 | 2:29:23 | 0:31:34 | 0:32:38 | 0:28:26 | 0:15:54 | 1:01:31 | 7:28:54 |
| 880 | 16 | 1 | Sarah | Brew | Senior | F | 1:38:36 | 0:05:16 | 0:10:36 | 0:30:24 | 2:17:20 | 0:34:47 | 0:30:30 | 0:20:31 | 0:14:27 | 1:11:51 | 7:29:02 |
| 881 | 1086 | 4 | John | McCarthy | Vet | M | 1:35:00 | 0:04:07 | 0:11:33 | 0:29:25 | 2:23:14 | 0:32:03 | 0:29:17 | 0:18:39 | 0:21:31 | 1:04:31 | 7:29:08 |
| 882 | 758 | 3 | John | Kane | Senior | M | 1:26:25 | 0:11:25 | 0:12:09 | 0:24:27 | 2:10:17 | 0:30:10 | 0:26:59 | 0:37:24 | 0:30:45 | 1:11:09 | 7:29:45 |
| 883 | 1084 | 4 | Colin | Mc Gillick | Senior | M | 1:36:06 | 0:03:42 | 0:11:04 | 0:31:21 | 2:14:08 | 0:38:14 | 0:20:05 | 0:34:19 | 0:22:30 | 1:02:54 | 7:30:41 |
| 884 | 927 | 4 | Joseph | Arkley | Senior | M | 1:41:07 | 0:06:21 | 0:09:47 | 0:28:00 | 2:01:18 | 0:41:49 | 0:23:46 | 0:43:34 | 0:27:49 | 0:53:52 | 7:31:02 |
| 885 | 612 | 2 | Paul | White | Senior | M | 1:41:54 | 0:02:53 | 0:09:52 | 0:29:14 | 2:17:35 | 0:31:15 | 0:31:30 | 0:26:51 | 0:19:45 | 1:03:14 | 7:31:10 |
| 886 | 843 | 3 | Oisin | O'Callaghan | Senior | M | 1:28:41 | 0:09:34 | 0:11:48 | 0:26:03 | 2:08:40 | 0:31:02 | 0:25:59 | 0:41:06 | 0:27:28 | 1:10:50 | 7:31:37 |
| 887 | 636 | 3 | David | Byrne | Senior | M | 1:28:38 | 0:09:40 | 0:11:38 | 0:29:28 | 2:05:31 | 0:31:25 | 0:31:19 | 0:50:53 | 0:24:20 | 0:58:27 | 7:31:39 |
| 888 | 918 | 3 | Wilby | Williamson | Senior | M | 1:37:07 | 0:03:49 | 0:10:54 | 0:19:19 | 2:29:26 | 0:16:20 | 0:16:26 | 1:00:18 | 0:12:30 | 1:09:39 | 7:31:59 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 889 | 967 | 4 | Hugo | Costa | Senior | M | 1:23:02 | 0:03:09 | 0:11:05 | 0:24:07 | 2:29:17 | 0:37:26 | 0:23:56 | 0:43:44 | 0:27:49 | 0:51:34 | 7:32:00 |
| 890 | 549 | 2 | Paul | O'Loughlin | Vet | M | 1:37:55 | 0:05:19 | 0:12:51 | 0:35:54 | 2:11:18 | 0:28:56 | 0:34:57 | 0:26:40 | 0:22:19 | 1:01:16 | 7:32:06 |
| 891 | 653 | 3 | Aoife | Connaughton | Senior | F | 1:37:11 | 0:03:42 | 0:10:54 | 0:27:20 | 2:22:27 | | 1:03:06 | 0:29:10 | 0:18:11 | 1:03:47 | 7:32:06 |
| 892 | 589 | 2 | Shane | Stack | Vet | M | 1:37:59 | 0:05:15 | 0:12:54 | 0:35:55 | 2:11:10 | 0:28:44 | 0:33:33 | 0:28:18 | 0:22:18 | 1:01:25 | 7:32:16 |
| 893 | 463 | 2 | Francis | Mac Namara | Vet | M | 1:38:08 | 0:04:54 | 0:13:08 | 0:35:50 | 2:11:11 | 0:28:57 | 0:33:31 | 0:26:59 | 0:23:48 | 1:00:53 | 7:32:25 |
| 894 | 15 | 1 | Campbell | Brennan | Senior | M | 1:35:35 | 0:04:04 | 0:09:49 | 0:29:06 | 2:09:20 | 0:33:54 | 0:31:51 | 0:36:38 | 0:21:53 | 1:04:45 | 7:32:51 |
| 895 | 295 | 1 | Rebecca | Walsh | Senior | F | 1:36:00 | 0:05:36 | 0:11:04 | 0:25:25 | 2:32:00 | 0:30:13 | 0:28:05 | 0:28:55 | 0:20:26 | 1:01:05 | 7:33:13 |
| 896 | 661 | 3 | Antonia | Cosgrove | Senior | F | 1:38:39 | 0:02:00 | 0:09:41 | 0:29:45 | 2:21:27 | | 1:05:03 | 0:27:01 | 0:18:27 | 1:03:53 | 7:33:56 |
| 897 | 143 | 1 | Theresa | Kilgannon | Senior | F | 1:50:04 | 0:10:28 | 0:10:46 | 0:29:55 | 1:54:41 | 0:33:03 | 0:27:54 | 0:39:03 | 0:29:02 | 0:59:59 | 7:34:27 |
| 898 | 99 | 1 | Alacoque | Freaney | Senior | F | 1:39:41 | 0:02:47 | 0:13:41 | 0:25:44 | 2:28:36 | 0:29:08 | 0:28:23 | 0:28:46 | 0:22:29 | 1:00:12 | 7:36:40 |
| 899 | 158 | 1 | Dylan | MacDonald | Senior | M | 1:35:53 | 0:04:32 | 0:12:18 | 0:25:49 | 2:20:42 | 0:31:30 | 0:27:54 | 0:31:18 | 0:25:42 | 1:05:44 | 7:36:50 |
| 900 | 508 | 2 | Carla | Meade | Senior | F | 1:38:32 | 0:05:47 | 0:13:08 | 0:28:34 | 2:13:17 | 0:32:53 | 0:30:45 | 0:27:00 | 0:22:59 | 1:04:47 | 7:37:07 |
| 901 | 665 | 3 | Joanne | Cregg | Senior | F | 1:46:47 | 0:02:03 | 0:12:04 | 0:31:03 | 2:01:35 | 0:35:32 | | 1:11:59 | 0:20:18 | 0:58:54 | 7:38:12 |
| 902 | 38 | 1 | Sarah | Chaumard | Senior | F | 1:42:21 | 0:10:37 | 0:10:05 | | 2:56:53 | | 1:05:45 | 0:21:55 | 0:21:05 | 1:01:01 | 7:39:05 |
| 903 | 433 | 2 | Kevin | Hynes | Senior | M | 1:34:36 | 0:02:59 | 0:11:40 | 0:29:56 | 2:21:00 | 0:34:14 | 0:36:45 | 0:25:46 | 0:16:26 | 0:54:53 | 7:40:28 |
| 904 | 798 | 3 | Colin | Mc Allister | Vet | M | 1:36:35 | 0:02:41 | 0:11:43 | 0:28:17 | 2:25:26 | 0:29:14 | 0:28:44 | 0:38:11 | 0:23:26 | 0:59:47 | 7:41:23 |
| 905 | 849 | 3 | Dominic | O'Hare | Vet | M | 1:36:40 | 0:02:33 | 0:11:49 | 0:28:17 | 2:25:17 | 0:29:28 | 0:30:28 | 0:36:15 | 0:23:33 | 0:59:43 | 7:41:30 |
| 906 | 1082 | 4 | Conor | Mallen | Senior | M | 1:40:01 | 0:04:20 | 0:11:55 | 0:28:24 | 2:30:25 | 0:37:26 | 0:17:49 | 0:33:55 | 0:20:49 | 0:59:53 | 7:41:54 |
| 907 | 591 | 2 | Rory | Stapleton | Vet | M | 1:44:02 | 0:02:47 | 0:11:45 | 0:30:41 | 2:30:32 | 0:29:51 | 0:30:51 | 0:23:56 | 0:18:25 | 1:01:57 | 7:42:09 |
| 908 | 825 | 3 | Michael | Mulcahy | Senior | M | 1:41:01 | 0:08:09 | 0:10:12 | 0:24:39 | 2:18:26 | 0:29:15 | 0:26:45 | 0:54:02 | 0:19:02 | 0:59:13 | 7:42:35 |
| 909 | 804 | 3 | Michael | McCrary | SuperVet | M | 1:25:55 | 0:02:02 | 0:13:35 | 0:25:45 | 2:46:13 | 0:30:47 | 0:29:21 | 0:27:33 | 0:18:46 | 1:05:16 | 7:43:11 |
| 910 | 600 | 2 | John | Treacy | Senior | M | 1:27:55 | 0:15:54 | 0:11:47 | 0:24:36 | 2:28:09 | 0:29:43 | 0:36:54 | 0:30:57 | 0:24:20 | 1:08:58 | 7:43:19 |
| 911 | 76 | 1 | Jennifer | Doran | Senior | F | 1:36:40 | 0:03:47 | 0:12:47 | 0:29:53 | 2:15:05 | 0:34:44 | 0:21:30 | 0:34:24 | 0:27:07 | 1:11:52 | 7:44:02 |

Overall

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|------------|---------------|-------------|-------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|---------------|
| 912 | 424 | 2 | Tim | Harcourt | Senior | M | 1:41:46 | 0:14:47 | 0:10:07 | 0:31:27 | 2:29:53 | 0:30:32 | 0:28:00 | 0:24:56 | 0:20:52 | 1:06:48 | 7:44:21 |
| 913 | 800 | 3 | Aron | Mc Daniel | Senior | M | 1:37:31 | 0:08:44 | 0:09:58 | 0:35:06 | 2:09:11 | | 1:15:07 | 0:34:41 | 0:21:17 | 1:02:03 | 7:44:54 |
| 914 | 204 | 1 | Lorraine | Monaghan | Senior | F | 1:36:59 | 0:06:55 | 0:10:23 | 0:25:20 | 2:38:15 | 0:31:30 | 0:29:37 | 0:24:07 | 0:22:36 | 1:07:07 | 7:45:54 |
| 915 | 743 | 3 | Sinead | Hayes | Senior | F | 1:39:10 | 0:05:29 | 0:11:30 | 0:31:15 | 2:17:55 | 0:29:55 | 0:28:03 | 0:29:21 | 0:22:18 | 0:59:35 | 7:47:24 |
| 916 | 1207 | 5 | Amy | Ball | Vet | F | 1:42:27 | 0:04:17 | 0:10:38 | 0:31:51 | 2:03:37 | 0:31:22 | 0:30:56 | 0:36:09 | 0:30:53 | 1:08:59 | 7:47:53 |
| 917 | 56 | 1 | Tony | Corcoran | SuperVet | M | 1:31:09 | 0:02:32 | 0:11:24 | 0:28:07 | 2:34:42 | 0:30:07 | 0:32:17 | 0:33:04 | 0:20:23 | 1:08:59 | 7:50:12 |
| 918 | 1054 | 4 | Robert | Keane | Vet | M | 1:32:12 | 0:05:27 | 0:11:17 | 0:26:42 | 2:25:33 | | 1:12:06 | | 1:00:26 | 1:02:31 | 7:50:47 |
| 919 | 1053 | 4 | Sean | Keane | Senior | M | 1:33:04 | 0:04:40 | 0:10:51 | 0:27:03 | 2:20:07 | | 1:17:22 | | 1:01:18 | 1:01:48 | 7:51:33 |
| 920 | 355 | 2 | Joseph | Crampton | Senior | M | 1:36:15 | 0:07:36 | 0:11:59 | 0:24:24 | 2:27:56 | 0:29:40 | 0:28:14 | 0:26:10 | 0:20:02 | 1:26:56 | 7:51:36 |
| 921 | 1055 | 4 | Brid | Keane | Senior | F | 1:32:59 | 0:04:40 | 0:11:10 | 0:26:59 | 2:24:57 | | 1:12:24 | | 1:01:14 | 1:01:54 | 7:51:37 |
| 922 | 1056 | 4 | Padraig | Keane | Senior | M | 1:33:06 | 0:04:39 | 0:11:07 | | 2:52:21 | | 1:11:59 | | 1:01:35 | 1:01:31 | 7:51:39 |
| 923 | 301 | 1 | Rajmund | Witt | Senior | M | 1:33:14 | 0:01:19 | 0:11:02 | 0:26:26 | 2:25:54 | 0:30:37 | 0:39:34 | 0:39:25 | 0:29:10 | 0:57:40 | 7:53:02 |
| 924 | 443 | 2 | Aidan | Keogh | Senior | M | 1:46:22 | 0:06:10 | 0:10:55 | 0:30:56 | | 3:14:48 | 0:22:50 | 0:34:05 | 0:19:55 | 0:53:21 | 7:53:12 |
| 925 | 581 | 2 | Stephanie | Scully | Senior | F | 1:39:13 | 0:06:15 | 0:11:22 | 0:27:30 | 2:23:45 | 0:31:50 | 0:26:33 | 0:40:02 | 0:25:45 | 1:07:12 | 7:53:12 |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| 926 | 354 | 2 | Andrew | Crampton | Senior | M | 1:39:24 | 0:06:03 | 0:11:30 | 0:28:29 | 2:22:44 | 0:31:55 | 0:35:34 | 0:30:04 | 0:26:21 | 1:07:17 | 7:53:18 |
| 927 | 961 | 4 | Heidi | Cleaver | Senior | F | 1:43:31 | 0:01:07 | 0:13:00 | 0:30:40 | 2:34:00 | 0:33:09 | 0:24:03 | 0:30:43 | 0:23:40 | 1:02:28 | 7:55:14 |
| 928 | 611 | 2 | Aine | Waters | Senior | F | 1:34:34 | 0:05:23 | 0:13:06 | 0:25:44 | 2:23:17 | 0:29:36 | 0:32:50 | 0:49:04 | 0:18:51 | 1:11:00 | 7:58:02 |
| 929 | 466 | 2 | Catherine | Magee | Vet | F | 1:34:28 | 0:02:51 | 0:11:10 | 0:28:24 | 2:57:09 | 0:29:13 | 0:24:27 | 0:26:20 | 0:21:53 | 1:05:33 | 7:58:37 |
| 930 | 24 | 1 | Ken | Callanan | Senior | M | 1:38:32 | 0:04:05 | 0:13:10 | 0:29:43 | 2:27:01 | 0:31:04 | 0:35:20 | 0:34:29 | 0:25:24 | 1:05:44 | 8:00:36 |
| 931 | 228 | 1 | Chri | ODowd | SuperVet | M | 1:47:39 | 0:11:25 | 0:11:48 | 0:32:15 | 2:20:08 | 0:33:02 | | 1:00:30 | 0:20:34 | 1:15:06 | 8:01:02 |
| 932 | 580 | 2 | Orla | Sawey | Senior | F | 1:41:33 | 0:07:58 | 0:11:51 | 0:36:49 | 2:05:30 | 0:35:46 | 0:31:08 | 0:47:06 | 0:28:35 | 1:04:14 | 8:02:32 |
| 933 | 100 | 1 | Edel | Gallagher | Vet | F | 1:49:27 | 0:09:34 | 0:11:48 | 0:32:18 | 2:20:06 | 0:32:54 | 0:28:59 | 0:31:27 | 0:20:26 | 1:15:26 | 8:02:51 |
| 934 | 58 | 1 | Ciaran | Costelloe | Senior | M | 1:47:41 | 0:19:01 | 0:16:37 | 0:30:30 | 2:30:25 | 0:28:06 | 0:28:21 | 0:34:36 | 0:18:46 | 1:08:05 | 8:03:07 |
| 935 | 130 | 1 | Richard | Jones | SuperVet | M | 1:49:51 | 0:01:33 | 0:11:37 | 0:30:33 | 2:23:45 | 0:29:47 | 0:35:40 | 0:31:12 | 0:24:34 | 1:06:14 | 8:03:18 |
| 936 | 131 | 1 | Claire | Jones | SuperVet | F | 1:49:55 | 0:01:30 | 0:11:33 | 0:30:36 | 2:23:43 | 0:29:46 | 0:35:51 | 0:31:05 | 0:24:38 | 1:06:11 | 8:03:18 |
| 937 | 567 | 2 | Mark | Randall | SuperVet | M | 1:40:02 | 0:06:52 | 0:13:30 | 0:35:23 | 2:17:12 | 0:30:31 | 0:43:56 | 0:35:01 | 0:24:52 | 1:02:54 | 8:03:21 |
| 938 | 566 | 2 | Justine | Randall | Senior | F | 1:40:01 | 0:06:52 | 0:13:20 | 0:35:32 | 2:17:12 | 0:30:37 | 0:43:50 | 0:34:51 | 0:25:09 | 1:02:51 | 8:03:23 |
| 939 | 410 | 2 | George | Gaye | SuperVet | M | 1:34:31 | 0:07:49 | 0:13:28 | 0:27:53 | 2:25:17 | 0:30:02 | 0:29:57 | 0:31:46 | 0:30:33 | 1:05:10 | 8:04:04 |
| 940 | 671 | 3 | Patrick | Cunningham | Senior | M | 1:45:33 | 0:04:46 | 0:11:18 | 0:32:06 | 2:32:42 | 0:38:18 | 0:22:36 | 0:38:59 | 0:25:07 | 1:00:37 | 8:07:16 |
| 941 | 429 | 2 | Kevin | Hill | SuperVet | M | 1:39:53 | 0:02:24 | 0:13:37 | 0:32:32 | 2:20:41 | 0:30:08 | 0:36:44 | 0:31:28 | 0:32:24 | 1:03:31 | 8:09:31 |
| 942 | 30 | 1 | Caroline | Carolan | Senior | F | 1:46:15 | 0:05:30 | 0:10:40 | 0:30:28 | 2:25:11 | 0:30:24 | 0:28:32 | 0:45:19 | 0:26:46 | 1:06:56 | 8:10:31 |
| 943 | 452 | 2 | Fergal | Landy | Senior | M | 1:40:47 | 0:15:35 | 0:10:39 | 0:31:18 | 2:37:48 | | 1:07:05 | 0:37:41 | 0:25:54 | 1:02:18 | 8:13:30 |
| 944 | 509 | 2 | Pat | Meade | SuperVet | M | 2:01:00 | 0:04:44 | 0:12:22 | 0:36:01 | 2:04:25 | 0:30:52 | 0:32:47 | 0:34:45 | 0:32:21 | 1:09:16 | 8:13:56 |
| 945 | 587 | 3 | Nigel | Smith | Vet | M | 1:43:33 | 0:02:37 | 0:10:19 | 0:29:56 | 2:19:36 | 0:39:20 | 0:39:44 | 0:34:21 | 0:26:38 | 1:02:52 | 8:14:06 |
| 946 | 339 | 3 | Darren John | Chant | Vet | M | 1:43:36 | 0:02:33 | 0:10:16 | 0:29:57 | 2:19:37 | 0:39:11 | 0:39:43 | 0:34:28 | 0:26:25 | 1:03:01 | 8:14:10 |
| 947 | 105 | 1 | Noelle | Gill | Senior | F | 1:44:18 | 0:08:15 | 0:12:07 | 0:27:29 | 2:49:08 | 0:31:24 | 0:32:35 | 0:33:55 | 0:20:28 | 1:04:20 | 8:15:44 |
| 948 | 269 | 1 | Philip | Sleightholme | Vet | M | 1:51:09 | 0:02:46 | 0:11:24 | 0:30:21 | 2:24:12 | 0:36:38 | 0:31:14 | 0:42:36 | 0:28:59 | 1:03:45 | 8:20:18 |
| 949 | 379 | 2 | Dermot | Doyle | Senior | M | 1:49:27 | 0:05:39 | 0:13:32 | 0:31:40 | 2:29:20 | 0:35:31 | 0:35:39 | 0:28:03 | 0:22:08 | 1:15:01 | 8:20:21 |

Overall

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|------------|---------------|-------------|--------------|----------------|------------|------------|-------------|----------------|--------------|-------------|---------------|-----------------|---------------|-----------------|-------------|--------------|----------------|
| 950 | 104 | 1 | Edel | Gill | Senior | F | 1:44:41 | 0:07:54 | 0:12:09 | 0:27:29 | 2:48:48 | 0:31:53 | 0:32:18 | 0:34:03 | 0:20:54 | 1:09:56 | 8:22:11 |
| 951 | 148 | 1 | Gordon | Lalor | Vet | M | 1:45:21 | 0:15:20 | 0:11:33 | 0:34:48 | 2:53:06 | | 1:00:53 | 0:33:43 | 0:22:07 | 1:06:09 | 8:27:40 |
| 952 | 733 | 3 | Corinna | Gorman | Vet | F | 1:42:09 | 0:16:00 | 0:12:34 | 0:29:13 | 2:36:07 | 0:39:42 | 0:36:42 | 0:36:15 | 0:30:43 | 1:06:07 | 8:30:38 |
| 953 | 448 | 2 | Danka | Kozareva | Senior | F | 1:50:50 | 0:02:13 | 0:11:29 | 0:34:19 | 2:20:51 | 0:26:22 | | 1:07:40 | 0:30:25 | 1:30:46 | 8:32:42 |
| 954 | 340 | 2 | Paul | Clabby | Vet | M | 1:59:15 | 0:09:40 | 0:13:42 | 0:29:11 | 2:44:58 | 0:25:04 | 0:34:42 | 0:47:06 | 0:30:46 | 0:56:44 | 8:41:28 |
| 955 | 341 | 2 | Danny | Clabby | Vet | M | 1:59:42 | 0:09:18 | 0:16:09 | 0:43:42 | 2:27:53 | 0:25:24 | 0:34:35 | 0:46:52 | 0:30:54 | 0:56:42 | 8:41:53 |
| 956 | 811 | 3 | Fiona | McGinley | Vet | F | 1:54:15 | 0:03:54 | 0:12:37 | 0:31:41 | 2:33:47 | 0:40:06 | 0:36:11 | 0:36:01 | 0:30:38 | 1:06:08 | 8:42:42 |
| 957 | 113 | 1 | Helen | Gribbon | Vet | F | 1:51:25 | 0:09:38 | 0:11:39 | 0:31:58 | 2:51:22 | 0:37:06 | 0:24:28 | 0:36:00 | 0:28:14 | 1:05:08 | 8:47:20 |
| 958 | 59 | 1 | Sean | Costelloe | Senior | M | 1:53:21 | 0:13:22 | 0:16:41 | 0:30:23 | 2:43:14 | 0:34:39 | | 1:12:16 | 0:24:50 | 1:14:17 | 8:49:41 |
| 959 | 112 | 1 | Enda | Gribbon | Vet | M | 1:58:11 | 0:02:53 | 0:11:42 | 0:31:56 | 2:51:23 | 0:36:41 | 0:24:09 | 0:35:41 | 0:29:16 | 1:04:25 | 8:54:09 |
| | 1362 | 5 | Paul | Warren | Senior | M | 1:30:39 | 0:03:11 | 0:08:57 | 0:27:20 | | | | | | | DNF |
| | 540 | 2 | Maurice | O'Connell | SuperVet | M | | | | | | | | | | | DNF |
| | 936 | 4 | Matt | Burder | Senior | M | | | | | | | | | | | DNF |
| Pos | Race # | Wave | Name | Surname | Cat | Sex | Run1 | Timeout | Kayak | Run2 | Cycle1 | Shoulder | Summit | Shoulder | Base | Cycle | Finish |
| | 1040 | 3 | Alan | Hill | Senior | M | | | | | | | | | | | DNF |
| | 1355 | 5 | Vincent | Toomey | Senior | M | 1:18:18 | 0:02:29 | 0:09:21 | 0:20:27 | 1:44:29 | 0:22:53 | 0:20:59 | 0:21:11 | 0:23:10 | | No Time |
| | 1000 | 4 | Aaron | Farrell | Senior | M | 1:09:53 | 0:09:30 | 0:09:12 | 0:20:24 | 1:36:21 | 0:19:32 | 0:19:06 | 0:11:09 | 0:12:08 | | No Time |
| | 871 | 4 | Brian | Rickard | Senior | M | 1:32:26 | 0:06:02 | 0:10:40 | 0:26:14 | | | | | | | No Time |
| | 792 | 3 | Ciaran | Mac Faul | Senior | M | 1:19:30 | 0:06:57 | 0:10:43 | 0:23:09 | 2:40:38 | | | | | | No Time |
| | 771 | 3 | William | Kelly | Senior | M | 1:35:09 | 0:05:00 | 0:10:27 | 0:26:27 | | | | | | | No Time |
| | 724 | 3 | Richard | Geraghty | Senior | M | 1:28:57 | 0:03:52 | 0:10:21 | 0:24:51 | 2:04:24 | 0:25:45 | 0:22:41 | 0:15:38 | 0:15:16 | | No Time |
| | 436 | 2 | Michael | Kavanagh | Senior | M | 1:17:35 | 0:05:39 | 0:10:24 | 0:23:12 | 1:36:01 | | | | | | No Time |
| | 22 | 1 | Paula | Cahill | Senior | F | 1:35:30 | 0:14:17 | 0:09:43 | 0:24:45 | 2:00:43 | 0:33:55 | 0:28:10 | 0:17:12 | 0:13:15 | | No Time |
| | 286 | 1 | Padraig | Traynor | Vet | M | 1:25:59 | 0:09:20 | 0:09:36 | 0:21:24 | | | | | | | No Time |
| | 173 | 1 | John | Mc Hugh | Senior | M | 1:06:48 | | 0:07:48 | 0:17:12 | | | | | | | No Time |
| | 68 | 1 | Diarmuid | Delahunty | Senior | M | 1:11:25 | | 0:09:04 | 0:20:08 | | | | | | | No Time |
| | 1042 | 4 | David Gerard | Hogan | SuperVet | M | | | | | | | | | | | No Time |

Overall

Overall

Overall

Overall

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Overall

Overall

Overall

Overall

Lost Chip

Overall

Overall

Overall

Overall

Overall

Delphi Start

Overall

Overall

Overall

Overall

Damaged Chip